

Leicestershire Orienteering Club



Saturday 6th September 2025

EAST MIDLANDS URBAN LEAGUE

**Hamilton, City of Leicester
REGIONAL EVENT**

EVENT DETAILS

Location and Car Parking

Car parking will be at Orchard Mead Academy, Keyham Lane West, Leicester. LE5 1RT. What 3 words: inspector.signal.nasal. The car park will be marshalled, please follow the marshals' instructions.

Public Transport

Bus Service 58 stops outside the Academy.

Enquiries, Toilets and Download

Enquiries, Key Drop, toilets and download will be in the Academy.
Open from 11:00 till 16:00

Times.

Start times 12:00 – 13:15
Courses close at 15:00

Competitors should be at the Finish by the course Closing Time.

Start times will be pre-allocated but it will be a punching Start.
If possible, please start within your allocated 30 minutes.

Entries and Fees

Pre entry only via The Start Kite: Senior £8 (non-British Orienteering members £10), Juniors, full time students and unwaged £5. Enter before 25th August to guarantee a map. Late entries will be accepted until 10:00 Saturday 6th September via **The Start Kite** only and subject to map availability.

M/W16 who have not reached their 16th Birthday by the day of the event will only be permitted to run courses 6 or 7. M/W12- will only be permitted to run course 7.

Electronic Punching

All courses will use Sportident Punching. Both SI contactless and contact punching is possible. SIAC users must contact punch the start and finish. Hire charge for SI cards £1 per person, £2 for a SIAC card, with limited availability. Hire dibbers will be available at the Start.

Please ensure that you Download after your run.

Map

Survey (2025) and Cartography is by Mike Hampton and this is the first event to be held on this map.

The Map is A3. Courses 1 to 4 will have a double-sided map. Courses 5 to 7 will have a single-sided map.

Courses*

Course lengths are shown as the optimum length

Course	Length	Climb	Controls
1 M Open	10.3km	100m	26
2 MV40+ W Open	9.1km	100m	24
3 MSV55 WV40+	7.3km	70m	16
4 MUV65+ WSV55+	6.1km	50m	18
5 MHV75+ WUV65+ WHV75+	5.0km	55m	15
6 MW16- Adult Newcomer	4.4km	40m	20
7 M/W12- Family Explorer	1.8km	25m	15

*Courses subject to final controlling

Terrain

A mixture of housing estates and parkland. The parkland contains watercourses with some crossing points. There is also some rough open.

Start and Finish

There will be one Start, 400m from the car park, and one Finish, 600m from the car park. There will be a taped route to the Start and from the Finish to the Academy grounds.

Control descriptions and Controls

Loose control descriptions will be available in the Start lanes. This is an SI and SIAC electronic punching event. SIAC users **must** remember to punch the Start and Finish controls.

A SIAC **test box** will be available at the start.

A SIAC **battery test** will be available at enquiries.

Shadowing of junior competitors

Anyone wishing to remain competitive must have completed their own course before shadowing a junior competitor. Competitors on Course 7 may study the map before they begin their run.

Download

Download will be situated in the Academy building.

ALL competitors must download as soon as possible after their run even if they do not complete the course

Safety

Road Crossings – Competitors should take care at all Road Crossings. Courses 6 and 7 have timed out road crossings (one minute)

Hamilton has extensive traffic calming measures and most of the area has a 20mph speed limit as traffic speeds on roads in the competition area are generally low. Competitors should still take care when crossing roads as not all drivers observe speed limits.

Runners are advised to carry a whistle in case of an emergency.

Watercourses – There are streams/ ditches on optimum routes mainly flowing north into ponds, some of these have rock bridges on the stream bed. The same symbol is also used for a narrow wood dam. In dry weather water courses are dry. The wooden dams and rock bridges are passable with care. However, in wet weather they will be slippery.

Clothing and footwear – Shorts may be worn. Competitors should wear clothing appropriate to the weather conditions on the day. Suitable footwear should be worn.

Cyclists, walkers, horses – Please give them due consideration, especially at crossing points and on narrow paths.

Dogs are not permitted in the Academy grounds.

If you have any medical condition that you wish the organiser to be aware of, please leave details in a sealed envelope with your name on at download.

Hospital and First Aid

The nearest Accident and Emergency Unit is at the Leicester Royal Infirmary, Infirmary Square, Leicester LE1 5WW. A map will be available at download.

A First Aider will be on duty at Enquiries in the Event Centre. A Defibrillator will be available.

Personal Data

The personal data you give will be used by the event organiser for the purposes of processing and publishing the event results, for conducting safety checks and to validate BOF insurance cover.

Photography

Photography is permitted, however please be reminded that participants must:

- be respectful of others' privacy when taking photographs,
- not take inappropriate or intrusive photographs,
- bear in mind British Orienteering's guidelines on photography,
- contact the organiser if they have concerns regarding inappropriate or intrusive photography (in terms of the way, by whom, or where photography is being undertaken) and
- Be aware that photographs may be taken at the event, and some may be posted onto public websites. Parents, guardians or carers who have a reason to be sensitive about the children they are responsible for should bear this in mind in their decision to attend the event.

We will be taking some photos of the event for promotional purposes. If you do not wish your photo to be published on the LEI website, please let the organiser know as soon as possible

Officials

Organiser: Chris Phillips LEI. onecp47@gmail.com

Planners: Roger Edwards & Chris Bosley LEI.

Controller: Dai Bedwell DVO