

Leicestershire Orienteering Club

Sunday 16th February 2025



**EAST MIDLANDS CHAMPIONSHIPS
MARTINSHAW AND RATBY WOODLANDS**

National Event

DRAFT FINAL DETAILS (3 Feb 2025)

Location and Car Parking.

Car parking will be at Brookvale Groby Learning Campus, Ratby Road, Groby, Leicestershire, LE6 0FP.
What 3 words: filled. emerge. mats. The car park will be marshalled, please follow the marshal's instructions.
There are 166 spaces, please car share as much as possible.

Enquiries, Toilets and Download.

Enquiries, toilets and Download will be in the Groby School Dining Hall. Open from 10.00 till 14.30

Times.

Start times 10:30 – 12:30

Courses close at 14:00

Competitors should be at the Finish by the course Closing Time.

Start times will be pre-allocated but it will be a punching Start. There will be no seeding.
If possible, please start within your allocated 30 minutes.

Entries and fees.

Pre entry only via the StartKite: Senior £12 (non-British Orienteering members £14), Juniors, full time students and unwaged £5. Enter before 10th February to guarantee a map. Late entries will be accepted until 15.00 on Saturday 15th February via **The StartKite** only and subject to map availability. **There is no entry on the day.**

This is a championship event with entry by age class. You may compete against younger orienteers on a longer course by selecting the corresponding age class. The age class you select will be the only age class you qualify for in the results. Only competitors that are members of East Midlands Clubs will be eligible for East Midlands trophies. Please let it be known to the Organiser, by email, if you are a member of a Forces Club and eligible by current residency.

If you wish to run a course that is shorter than recommended for your Age Class, or a course with lower technical difficulty, please select a colour-coded option at the bottom of the course list on the Start Kite entry system.

Electronic Punching.

All courses will use Sportident. Both SI contactless and contact punching is possible. Hire charge for SI cards £1 per person, £2 for a SIAC card, with limited availability. Hire dibbers will be available at the Start.

Please ensure that you Download after your run.

Map.

1:10,000 with 5m contours. All maps will be printed on waterproof paper with course details and control description on the front of the map.

This section of the Final Details will be updated near the event date.

Courses*

Course	Length**	Climb	Controls	Age Class
Brown	9.4km	30m	27	M20, M21, M35, M40
Short Brown	8.1km	30m	23	M18, M45, M50, W21
Blue	6.5km	25m	18	M16, M55, M60, W20, W35, W40
Short Blue	5.7km	25m	16	M65, W18, W45, W50
Green	4.0km	25m	16	M70, W16, W55, W60
Short Green	3.4km	20m	14	M75, M80, W65, W70
Very Short Green	2.8km	15m	12	M85, M90, W75, W80, W85, W90
Light Green	3.2km	15m	11	M14, W14
Orange	2.9km	10m	11	M12, W12
Yellow	2.4km	5m	9	M10, W10
White	1.7km	5m	11	

*Courses subject to final controlling

All Blue and Brown courses have double sided maps.

Terrain.

The Martinshaw and Ratby Woodland complex comprises four separate woodlands totalling 309 hectares. A vast and picturesque woodland steeped in history. This ancient woodland was cut in two when the M1 was built in 1969 with the two parts now connected by a bridge across the motorway. There is an extensive path network, runnability is variable, there may be brambles and there are many features such as pits and depressions. Since the establishment of the National Forest in the late 20th Century there has been extensive additional planting.

Start and Finish.

There will be one Start, 500m from the car park, and one Finish, 150m from the car park.

Please follow the taped route to the Start. You may warm up just off the taped route. Please go no further than 10m off the route as you will be in the competition area.

Clothing Dump. Near the Finish and on the route to the Start.

Control descriptions and Controls.

Loose control descriptions will be available in the Start lanes. This is an SI and SIAC electronic punching event. If using SIAC, the Start and Finish controls **must** be dibbed.

Shadowing of junior competitors.

Anyone wishing to remain competitive must have completed their own course before shadowing a junior competitor. Competitors on the White Course may study the map before they begin their run. Maps must not be shown to any competitor still to run their course.

Download.

Download will be situated in The Groby School Dining Hall.

ALL competitors must download after their run even if they do not complete the course.

Safety.

This area is mainly woodland which is open to the public. There may be a number of small seasonal paths / tracks that are not mapped. If there are high winds, please be aware of the possibility of falling branches.

Ponds and streams – there are several ponds and streams in the area. All competitors should take great care when near any water feature and at no point attempt to enter or cross any of the ponds.

Given the recent weather conditions, it is likely that there may be standing water in the area and ground conditions will be very wet.

Road Crossings – there will be 2 road crossings, both one-way. Whilst these are protected by highway signs and additional event signage, sight lines for motorists are restricted. There will be a 90 second time out on each crossing. A Marshal will be on duty.

Whistles – it is advised that all competitors carry a whistle.

Clothing and footwear – full leg cover is required and competitors should wear clothing appropriate to the weather conditions on the day. Suitable footwear should be worn.

Bad weather – in the event of bad weather the organiser may require that waterproof hooded jackets are worn. Please bring one to the event with you.

Cyclists, walkers, horses – please give them due consideration, especially at crossing points and on narrow paths.

Dogs, must be on a lead whilst in the car park. Please clean up after them. They are not allowed in any building.

Hospital and First Aid.

The nearest Accident and Emergency Unit is at the Leicester Royal Infirmary, Infirmary Square, Leicester LE1 5WW.

A First Aider will be on duty at Enquires in The Groby School Dining Hall

Personal Data.

The personal data you give will be used by the event organiser for the purposes of processing and publishing the event results, for conducting safety checks and to validate BOF insurance cover.

Photography.

Photography is permitted, however please be reminded that participants must:

- be respectful of others' privacy when taking photographs,
- not take inappropriate or intrusive photographs,
- bear in mind British Orienteering's guidelines on photography,
- contact the organiser if they have concerns regarding inappropriate or intrusive photography (in terms of the way, by whom, or where photography is being undertaken) and
- be aware that photographs may be taken at the event, and some may be posted onto public websites. Parents, guardians or carers who have a reason to be sensitive about the children they are responsible for should bear this in mind in their decision to attend the event.

We will be taking some photos of the event for promotional purposes. If you do not wish your photo to be published on the LEI website, please let the organiser know as soon as possible.

East Midlands Junior Orienteering Squad.

EMJOS will be selling cakes and hot drinks to raise money for their activities – please support them.

Prizegiving.

Prizegiving for the Championships will take place at 13.30 outside the Groby School Dining Hall (or inside if the weather is bad).

Officials.

Organiser: Chris Phillips LEI. onecp47@gmail.com

Planners: Steve Chafer & Iain Phillips LEI.

Controller: John Kewley MDOC.