Orienteering Club of the Year 2011



The Newsletter of the Leicestershire Orienteering Club



Scottish 6 Days, Oban Letter from America Norway Training Club Championships 2011 Training for Event Officials Retired Man - The Czech TV Star

Autumn 2011

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Points from the Editors



Welcome to what is a bumper issue of the newsletter. You can read about the opportunities for attending club nights in different locations

of the county. On page 5, Roger Edwards is inviting experienced orienteers to undergo coaching gualifications. Please note that all coaches need to have an enhanced CRB check. These forms are available from Wendy West, although completed forms and documentation need to be verified by a document checker, our nearest checkers being Hilary Palmer and Pauline Olivant from NOC. In order to make it easier for CRBs to be processed. I have put my name forward to BOF (twice) as an official document checker, but nothing has yet come of it. I will keep on trying, however.

Alison has written a very interesting article on the Scottish 6 Days competition which can be found on page 8. Congratulations to those LEI members who achieved high rankings. I (Wendy) spent most of my time like a rabbit in headlights! Highly technical terrain!

The article on page 18 gives a different flavour of orienteering abroad, as does the article on page 34. Happy reading!

Please send any articles for publication to wenandal@talktalk.net

Alan & Wendy West

Photograph front cover: Alison Hardy Scottish 6 Days competition - Day 3



Ramblings from the Chair

Firstly, congratulations to the Summer League Winner, lain Tebbutt. As ever, the Summer League was keenly fought with the final placings in doubt until the last event. The Summer League has always been regarded as one of the success stories of the club; a success that has been growing over the years. This year, over 24 events, the "starts" climbed to a new record of 1,234, an average attendance of 51.

The second set of congratulations goes to Angus Shedden and Alison Hardy, our 2011 Club Champions. Many congratulations also to Finn Lydon, the winner of the Rising Star Trophy. We have a number of promising juniors coming through and the jury took a long time pondering over this award.

This, the second year of our new style Club Championships. proved as successful as last year's. It is likely that we will continue this format next year, although it might be difficult to find a brand new area for the third successive year! Post event catering does present some problems in finding a venue that is not only available on Saturday but of sufficient size to take 40 hunary orienteers. Thanks to Wendy for the baby sitting service! Is this about to become a regular feature of LEI events?

The autumn and winter look set to be very busy. We have extended the number of events in the winter league and there are a number of other "interesting" events coming up over the next few months. Details can be found elsewhere in the newsletter.

Mark Foxwell has handed over the role of Minor Events Co-ordinator to Steve Edgar. A career move takes Mark to the south this autumn. Many thanks to Mark for 6 hard years running our Summer and Winter Leagues and ensuring so much good orienteering over the last few years.

Alison Hardy will be retiring as Club Captain at the AGM (31st October at Glenfield, in case you had forgotten) and will be a hard act to follow. Many thanks, Alison.

As some of you will be aware, I am intending to stand down, as Chairman, at the AGM. After 5 years as Chairman and 3 years as Vice-Chairman, I feel that it is time the club had a new person at the helm with some fresh ideas. My thanks to everybody in the Club for all your support and help over the last 8 years. Whilst I will be taking a back seat, I will be continuing to look after fixtures, so the arm twisting of event officials will continue!!!

Chrís Phíllíps





Monday Club Night

The family orienteering sessions at Groby College for beginners and more advanced orienteers (up to light green) will run from 5th September to 28th November (with the exception of 17th and 31st October - half term and AGM). These sessions are from 6.30 - 8.00pm.

Normally, the sessions are held at Groby College, room 46. However, some of the sessions will be held at John's Lee Wood Markfield/Newtown l inford (near border) and other local areas to experience a wider variety of terrain and technicality. At least one of the sessions will be held at Brookvale Gvm next to the College.

Hopefully we'll see many of you over the next few weeks. Don't forget to dress weather appropriately (any comfortable shoes and clothes to run in are fine), bring a drink and compass - a whistle is optional. Torches won't be necessary probably until late October.

Before the summer break, the following awards were given out at the Monday Club night:

100% Attendance Ethan Tebbutt

Most Improved Orienteer Fynn Lydon

Most Consistent Competitor Ethan Tebbutt

Best Newcomer Anna Barber

Promising Young Orienteers Ben Hardv Ngaia Herd

Libby Barber

For further details, contact Birthe Richter-Wilson. Telephone (0116) 232 2718.

E-mail: B.Richter-Wilson@lboro.ac.uk.

Thursday Club Night

Following the successful introduction of Club Night last winter, the sessions are again running on Thursday evenings from 6:30 - 8.00pm. The majority of the sessions will be at Groby Community College, but some will be held at other locations for a wider variety of terrain and technicality. These evenings are aimed at those with more orienteering experience. No special equipment is necessary - just bring your running kit and a clean pair of trainers for indoor use

if the weather is wet.

For further details contact Steve Edgar, telephone 07854 788438. E-mail: steve@steve.edgar.name





Loughborough Club Night New for 2012

We are working with Charnwood Borough Council, Burleigh Community College and the British Orienteering's Community Development Officer to start a further club night in Loughborough from the February half term. Discussions are at an early stage. You will see from the winter programme that we hope to launch this new venture with our mid week event during the half term at The Outwoods, followed by a couple of Saturday morning sessions. The club night will actively seek beginners, but will need to cater for the more experienced, too. Several of the club's coaches have volunteered to support this project, but we are also seeking additional newly qualified coaches.

We will need support in order to run some of the try orienteering events and, of course, will welcome your attendance at the club night.

Roger Edwards

Don't forget to visit the LEIOC website at

http://www.leioc.org.uk

for up-to-the-minute information on what is happening in your club.

Club Coaches

will The club support those with appropriate experience to become club coaches. We also wish to assist those who are already UKCC level 1 coaches to move onto level 2, as this enables them to join the regional coaching team and also be qualified to coach in the more technical areas. If you wish to have more information on what coaching involves, talk to Mark Hardy, the Coaching Coordinator. Half of the county districts give bursaries to those wishing to train as

coaches and the club would expect potential coaches to apply for such grants.

The next level 2 coaching course is being 50% funded by British Orienteering and applications need to be made to Hilary Palmer.

Roger Edwards



Top Performances from Major Championships

Congratulations to those club members who delivered winning and top 10 performances in the following major championships.

Midlands Championships, Sheringham 22nd February 2011

- M12A 1st Dominic Leake
- M14A 6th Euan Tebbutt
- M40L 6th Iain Tebbutt
- M45S 1st Richard Leake
- M65L 8th Glynn Smith
- M70L 5th Peter Leake
- M75L 5th Donald Moir
- W45S 3rd Barbara Tebbutt
- W65L 10th Molly Smith

White Rose Weekend 2011, North Yorkshire 26th-29th August 2011

Classic Distance, Day 1 & 2 Combined:

- M35L 2nd Angus Shedden
- M40S 6th Alastair Paterson
- M40L 2nd Maxwell Cole
- M65L 6th Glynn Smith
- M65L 8th Simon Ford
- Orange 2nd Diane Ford
- W10A 6th Holly White
- W21L 4th Ruth Shedden
- W65S 2nd Molly Smith

Summer League 2011

Overall League

1st	lain Tebbutt
2nd	Bob Haskins
3rd	Howard Alcock

Ladies

1st	Alison Hardy
2nd	Ursula Williamson
3rd	Liz Phillips

Juniors

1st	Euan Tebbutt
2nd	Finn Lydon
3rd	Ethan Tebbutt

Sprint and Urban Series Winner Angus Shedden

Best Un-handicapped Score lain Tebbutt



Molly Smith: 2nd place in the W65S Class at the White Rose 2011



Summer League 2011 (cont).

Best Newcomer Hannah Cox

Best Use of an Area Euan Tebbutt for Bradgate

Most Interesting Use of a Map

Andy Clarke for Burbage

County Inter Schools Championships

Year 5/6 mixed team event - Imogen Wilson and Molly Rastall - 2nd

County Inter Schools Championships

Year 5/6 mixed team event - Daisy Herd and Joshua Stain - 3rd

Scottish 6 Days—31st July-6th August

M10A 7th Ethan Tebbutt

M65S 10th George Normand

City of Lincoln Race- 4th September 2011

Course E 7th Finn Lydon

Radio Orienteering - European Championships, Baile Felix, Romania 7th-9th September

M60 Team category: Great Britain - 8th comprising:

Bob Titterington (LEI)

John Marriott (LEI)

Robert Vickers (HOC)

NOC 2011 Summer League - Long technical course

1st	Bob Haskins
4th	lan Wells

Congratulations

Congratulations to Don Moir, whose map Belvoir Highly of was Commended in judging for the national 2010 Chichester Mapping Trophy. Don produced the map for the 2009 Midlands Championship, hosted by the club at Belvoir. Don has also drawn the map for two other Level A events in the past three The British Elite and Age vears -Class Middle Distance Championships at Cademan in 2008 and the Compass Sport Cup and Trophy Finals at Fineshade, also in 2008. Don has just completed revising the Fineshade map for the Regional Event in November. Take

part in that event and you will enjoy running on a map produced by one of the finest mappers in the sport.

- Congratulations to Ruth Shedden, who is the sole lady selection for the British Mountain Bike Orienteering team taking part in the European championship in the Leningrad region of Russia - 17th-25th September.
- Congratulations also go to Ethan Tebbutt for achieving a BOF championship award for 2011 in the M10 category.



Captain's Corner

As my last entry as Club Captain, it has naturally been a time of reflection for me and I can truthfully say it has been an absolute pleasure to be a part of such a vibrant club.

For a relatively small club, we have a big heart. Our fixtures list continues to impress me, and the mere fact that this volume of quality events can be achieved is down to LEI having an amazing group of committed individuals to share the multitude of tasks involved.

The establishment of the Monday and Thursday evening coaching sessions have proved to be popular additions to the Club's activities. It is particularly encouraging to see the growing number of junior members actively taking part across the various levels of events, with some recently progressing to the East Midlands Junior Squad.

I would like to say a collective "Thank You" for the enthusiastic responses from you when asked to take part in the Inter Club events. Whilst an overall Club win has eluded us during my short tenure, as a club you have shown a tremendous collective spirit and, as a result, have certainly proved LEI to be reckonable opponents!

Alíson Hardy

Scottish 6 Days 31/07 - 6/08

Over thirty LEI members made their different travel and accommodation arrangements to attend all or part of the Scottish 6 Days events which were based in and around the Oban area on the SW coast of Scotland. Additionally, former members, Andy and Kristen Hall, were over from America with their children for a full Hall family reunion.

Training areas were offered across the week, ranging from the wooded hillside our campsite was beside to the intriguing small island of Kerrera, which was clearly visible from Oban, but was accessed on foot by a short crossing on a tiny "ferry".

Competition days offered a wide variety of terrain, with most of the Day 1 (Dunollie and Dunstaffnage) start being located on the sands of Ganavan beach. After a brief run across the sands, courses headed off into the coastal hills covering a mixture of grazing land, tussocks and gorse.



The recently acquired club "pop up" base tent, particularly when located in the same place as the club banner, rapidly became a congregation point for dry kit storage, changing and of course the post



run analyses. As the banner and tent sometimes arrived separately, we had a few comedy moments seeing the banner mysteriously move around the assembly area. Steve Edgar needs a special mention of thanks, as he often arrived early and departed late to ensure the club tent was up and ready for use.

Day 2 (Ardnaskie) was a more testing challenge of mature oak, birch thickets and marshy hillside, along with intricate contour detail, marsh and more tussocks. Combining this with tired legs from Day 1, plus a long walk to the start, several of us had difficulty even locating the first control and overall we had some rather long finish times due to the more testing terrain.



Day 3 (Creag Mhic) parking was at the same point as day 2, but to cross the main road the Roval Military Police set gu traffic temporarv lights and а pedestrian crossing to keep us safe. In assembly, for those with aood evesiaht. was a first in British

Orienteering: GPS tracking of the elites and live footage of runners displayed on a massive 6x5 metre "big screen" - a most peculiar experience.

Day 3 was described as "Classic Scottish terrain with a wealth of contour, marsh and rock detail but few paths. Courses go through ancient oak forest and across rough open pasture with some bracken. Used previously for British Champs and Regional events it should be visited at least once in an orienteer's lifetime".

A rest day followed, with the option to take part in a Sprint race or Bike

orienteering. Rest was not an option for those LEI members with Munro sized Mountains to climb. Ascents of Ben Nevis and Ben Cruachan proved too tempting for some.

Day 4 (Torinturk), though technically an easier moorland and woodland area than the preceding days, still produced some very long run times due in part to the heavy, persistent rain. Access and parking restrictions on single track roads meant buses brought in campers and campervan competitors.

Another one-way system and shuttle bus solved the access issues along the single-track route to assembly. Coursewise, "boggy" seemed to sum up Day 5 (Ardchattan). Though courses combined coastal contour detail with moorland, it seemed to be the routes across the deep bogs that sapped the energy. There was additional entertainment in the assembly area - a Portaloo lorry got bogged down (any pun intended? Ed.) up to the axles, but thankfully a pair of tractors got it free, much to the relief of the expanding loo



queue. Wendv West's route choice had impressed а fellow competitor. who complimented her afterwards. commenting on her assured interpretation of the map and ground. From then on. Wendv became known as "Contour Woman".

For most, there was a punishing 190m climb to the Day 6 (Lochnell) start, but thankfully, from there on it was mainly runnable, open moorland and, for most, courses relatively downhill with stunning views over the loch and out to sea.



Across the week, club members had mixed success, but in addition to the main competition, the fastest run in from the last control to the finish added a degree of sport. For those with web access, runners were ranked according to how fast they had run in to the finish. Once this was known, it added extra spice, particularly for our juniors, who were clearly very fast. Many impressive sprint finishes followed, accompanied, of course, by lots of LEI cheering for those in the finish funnel.

For the squeamish amongst you, perhaps skip this paragraph, as another "league" evolved as it became apparent that ticks were abundant. Once known, we all took care to check for ticks and Simon West and Mark Hardy appeared to be ticktastically-tasty for ticks. Few escaped tick-free but Simon and Mark almost aleefullv compared numbers each morning! I will spare the detail but they



had competition from one LEI "tickvictim" who thankfully had a verv understanding fellow club

that.

to

vou

who your friends are!

Younger runners also had an interesting mix of string and off-string courses. Ben Hardy was one of the first to go round the off-string course in the woodland of Day 6. If only we had a camera to capture the sheep following him "like sheep" into the controls. This particular flock certainly seemed to be up for the challenge and we were sure they were actually smiling!

As Ben completed the off-string course each day, he had an orienteering-related piece of a mobile to colour in. Ben is now the proud owner of his complete mobile. with control kite, dibber, complete compass, map, orienteer and, of course, Oban 2011 logo.

LEI runners certainly got good value for money as you will see by many of the long run times in the results. However, this is credit to the folks' tenacity to finish, as terrain, courses and, at times, the weather, too, were challenging but contributed to making the event what it was.

Due in part to having the focal point of the club tent, it was particularly enjoyable having the opportunity to spend time with fellow club members and their families before and after their races. Often at events, we arrive and depart without necessarily doing this.



After the last event, whilst not everyone was able to make a final gathering, those chips sure tasted good as we overlooked Oban harbour.

Overall, the week seemed to be a great success. If only the experience had improved my orienteering, but this certainly wasn't apparent at my first event back in Leicestershire. At the Donisthorpe event, I initially ran the wrong way out of the start, then, after realising this, I promptly ran straight off the map!

Alíson Hardy



This little ticky went to the Six Days!

This little ticky stayed at home!

This little ticky had human blood!

But this little ticky had none!

V V But this little ticky went yum, yum, yum, yum, yum all the way back to Leicestershire!

Ethan Tebbutt





Ζ

Junior Spotlight

Talent Day

On 1st June, I underwent an orienteering "Talent ID Testing Exercise" for 14 to 18 year olds at Loughborough University, run by BOF. Our first task (my Mum and me) was to find the building where it took place with the only instruction: "Take the first left". Five minutes later, my Mum was about to take us to a 'You are Here' map when a man told us that we hadn't gone far enough down the road.

When we eventually arrived, we found that we were the first people there, so we had to wait for half an hour until the talent spotting began. At 2.00 pm, we did a few practice goes around a small orienteering course that had been set up in a square in the middle of a sports hall. After we had done a few of these exercises, we were taken out for a warm-up run, where we ran round two buildings and a tennis court - twice.

After this, we went inside to undergo the three tests they were judging us on: a 20m sprint, a small orienteering course on the square and, to finish us off, a nice refreshing bleep test. To start with, we did the sprint, and, with great optimism, I completed it in 3.86 seconds, as said the timing device. Secondly, we undertook the orienteering course, where I did a course of 10 controls in 40.56 seconds.

By now, all the athletes were tiring, so we had a long break while the BOF officials set up the killer test - the bleep test. This test required the competitors to run between cones, maintaining the speed of a 'bleep', which got faster as the exercise progressed. Despite my school best on this of around four minutes, I pushed myself on and managed to keep going for around seven and a half minutes, until I had to stop.

Finally, we were taken on a cool down run, another lap of the buildings and court, followed by some stretching. If I were to describe this day in three words, I would say: 'fun but hard'!

Símon West

Editors' note: Several weeks later, Simon received a letter to say that he would not be progressing in the selection procedure. Mind you, the competition was fierce!



Leicestershire Orienteering Club AGM Monday 31st October, 2011 at 7.30pm Glenfield Parish Rooms, Stamford Street, Glenfield LE3 8DL



What Do I Do?



I was recently asked by a newer member of the club just what my roles entail. Some vears ago, we ran a series of articles in the newsletter this on subiect. but that petered out. so I thought I would try and spell this out now.

Once giving thought to it, I was surprised at just how much some of these roles do involve, considerably more than I envisaged when I took them on board.

Do not let that put you off considering any role in the future, however; I only do them because I enjoy them (most of the time) and I have developed new interests because of them. Formally, my official positions are Access Development Officer, Mapping Archivist and Social Secretary, all positions serving on the club's full committee.

The last role is possibly the easiest. Wearing that hat, I organise the annual presentation dinner and sort out venues and refreshments for the AGM and the end-of-summer-league-buffet. I have, in the past, also sorted out BBQs, quiz nights, Boules nights, slide shows and skittles, but these are no longer in vogue, largely because finding nights is difficult now we organise so many events. I also suggest social venues for after-event get togethers.

Mapping Archivist means I keep the records and latest versions of all the club's maps, and make them available to planners of events. I am also one of the club's mappers. Additionally, I work with Ernie Williams, our Mapping Coordinator,

to try and keep track of who is doing what mapping, which maps are getting stale and the allocation of mappers to needed updates, etc. I also keep a record of any discrepancies or changes identified during events and bring them to the attention of a mapper to ensure maps are kept as current as possible. As part of this role, I am a member of the club's Mapping Group working party.

Access Development is the most complex role. It is partly a permissions role in that I negotiate access to new sites and extensions to existina sites before Club handing them over to the Permissions Officer for ongoing event permissions. The biggest part, however, is researching new, potential areas and keeping involved with other organisations that can help in this project. By virtue of this role, and the time I spend quietly out in the woods mapping, planning or controlling, I have played a large part in writing the BOF Environment Policy: I serve on the National Forest Access & Recreation Working Party representing Orienteering in the East Midlands and am Chairman of the Leicestershire Local Access Forum, a statutory body advising local authorities and the Highways Authority on access and rights of way issues. This has now snowballed in so far as in that position I am also asked to join numerous other forums and advisory bodies working in the same field. All this generates very useful contacts to the benefit of the orienteers, guite apart from the interesting work I get involved in and its own benefit. I am also the principal connection between the club. the Forestry Commission and The Woodland Trust.



come across lots of interesting information about our areas whilst doing this job, which I have been sharing with you in my series of 'Spotlights'. This edition covers the Soar Valley and completes the series.

By virtue of my role as Access Development Officer. I also serve on the club's Fixtures sub-committee and Minor Events sub-committee.

Roy Denney

Spotlight on the River Soar

The Soar rises near Sharnford, making Fosse Meadows our first port of call.

FOSSE MEADOWS

Where the River Soar meets the old Fosse Way, Fosse Meadows Nature Park backs onto the village of Sharnford. The former farmland was bought by Blaby District Council in two lots, first opening in 1987.

The old course of the river can still be clearly seen across the fields, even though it was long ago diverted to its present course, and this provides a series of shallow depressions. unfortunately often verv damp. Much of the site was planted with trees, mostly of native species, but there is also an arboretum. Add in the pond and you have an area ideal for, and rich in, wildlife. Some copses have been planted with conifers amongst the deciduous trees to provide year round green cover. The shrub areas contain gorse and broom amongst rough grassland, giving a heath effect to the area. There is a permanent orienteering course in the park.

AYLESTONE RIVERSIDE

This is the southern end of Leicester's Riverside Park. The Riverside is a twelvemile long green corridor running through the city along the river Soar and the Grand Union Canal, and a focus for regeneration in the City. It is regionally important for wildlife and comprises a network of open spaces, nature reserves and parks. It has a range of cycle paths and footpaths, and is subject to constant change due to a number of the regeneration projects along the river and canal corridors. New planting has matured into a warren of intricate copses, but many are being cut back due to antisocial behaviour in the area.

This area runs from the ring road by Fosse Park through to St Mary's Mill lock by the Ivanhoe rail line. The area immediately to its north is mapped as Abbev & Riverside Parks and continues north on our third map of Watermead Park.

This southern section is cut by range of Lane Braunstone East but can be CVCIE either crossed under by the tow path of the canal or over via the bridge carrying а long distance trail along

It has a paths and footpaths...



the old track bed of the Great Central Railway. Previously running from London to Manchester, this line closed in 1963. but in the 1980s became a cycle and foot way which is now part of the National Cycle Network.

The area includes а number of reclamation sites. There is the site of an old gas works and what was its employees' sports around. South of Braunstone Lane there are the remains of a demolished sports pavilion on what used to be extensive plaving fields, and to the north and east of Avlestone Meadows Local Nature Reserve was a municipal tip until the 1960s. The west side of this reserve runs along the valley of the River Biam.

Leicester City Council had ambitions to turn a large part of the area into organised sports facilities but they have withdrawn in the face of heated opposition.

ABBEY & RIVERSIDE PARKS

Riverside Park stretches from Avlestone in the south to the northern city boundary in Watermead Country Park. It follows the River Soar and Grand Union Canal, and the path/cycleway along what was the Great Central Railway. The whole length is covered by orienteering maps and the park has been used for a Long-O in the past. The areas south of that mapped as Abbey & Riverside Parks are mapped as Aylestone Riverside and the parts north of this map are included on the map of Watermead Park

Riverside Park is a wild life and recreation corridor running right through the city of Leicester, taking in a number of small urban parks and green spaces. Until very recently, it could be travelled in its entirety without having to cross a road. This was by way of tunnels, underpasses

and bridges .

Abbey Park was formed from water meadows and opened in 1882 and was extended in 1925 when the Abbev Grounds, the site of Leicester Abbey, were added to the park and linked by two footbridges across the Soar. It includes a reconstructed site of the Abbey and a memorial to Cardinal Wolsey who was laid to rest in the grounds. Founded in 1143 as St Mary de Pratis (St Mary of the

Meadows). the Abbey stood for 395 vears and became the 2nd Totalling wealthiest Augustinian abbev in country. Totalling about 85 acres, round a the park comprises mixture of copses. playing fields and hectare areas lake. aardened round a central one hectare lake. with islands and irregular an shoreline.

about 85 the acres... a central one

Abbev Park has а permanent Orienteering Course.

WATERMEAD COUNTRY PARK

The history of this area is a bit vague. Initially the park area was used as farmland in as far as being in the Soar Valley flood plain permitted, and later for gravel extraction. In 1989, the park was developed from the disused gravel pits.

Excavations were undertaken in 1996 at a gravel extraction quarry now lying within the park, after wardens found human remains in peat disturbed by the quarrying. Research uncovered remains



of part of an ancient bridge which appeared to be crossing a peat-filled channel, perhaps an old course of the river Soar. Also there were the remains of cooking activity consisting of a stone lined hearth; a circular trough with its base lined with planks; a smaller, charcoal-filled pit and a large spread of fire-cracked flints and ash.

Also found were various animal bones, including Aurochs, which are thought to

oxen.

The life size mammoth...

have died out by about 1000 BC. Domesticated cattle are believed to be devolved from these early

The life size mammoth sculpture on top of a small mound overlooking the lakes reminds us

of times when our ancestors shared this area with these magnificent creatures as well. The prehistoric remains found on this site also include bison and deer, all discovered during the gravel extraction process. These remains are thought to date back to the last ice age.

The park is a 140 hectare natural oasis bordered by built up areas, apart from its northern tip which offers the prospect of further extension once present gravel extraction comes to an end. It is a haven for wildlife and a peaceful stretch of countryside with the mapped area extending for nearly 2 miles. Many of the paths are surfaced, making it an ideal site for Trail-O. Our area includes the park by Leicestershire proper. managed County Council, Leicester City Council and Charnwood Borough Council in partnership. former Severn Trent scrublands and Watermead Ecology Park, managed for the City Council by Environ Trust (Groundwork Leicester and Leicestershire) as they do the community woodlands within the southern end of the park proper.

The Park is developing one of the largest reed bed areas in the Midlands and as its name suggests it is a wetland area with over 12 lakes and smaller ponds. Running through the Park are the River Soar and Grand Union Canal which provide an essential corridor for wildlife, but also make route choice a major consideration in navigating round the area.

Boats are known to have used the River Soar since the Roman times. During the 19th Century, however, the river became a significant commercial waterway, following works to improve the navigation between Loughborough and Leicester. The Leicester Navigation Bill received its Royal Assent in May 1791 and work started to improve the River Soar / Grand Union Canal with the navigation finally opening in 1794.

The heyday for the canal was in the 1820s and 1830s when it was the most profitable navigation in the whole of the UK, transporting goods to and from London. This booming waterways trade aided significant development in Leicester. When the railways came to Leicester, the commercial use of the canal faded away and today it is used almost exclusively by recreational boats.

Overall there is a mix of mature and semi-mature trees and shrubs forming a contrast to the open expanses of water, with reeds and other flora adding to the appearance of an untouched, natural environment. However it is all man made and would not exist in its present form if it had not been for the period of gravel extraction.

The south (City) part of the park forms a



part of the Watermead South Local Nature Reserve, as designated in March 2005

There are many different insects to be found, perhaps the most spectacular being the large dragonflies and smaller brightly coloured damselflies flitting over the lakes in the summer months. Voles, mink, mice, bats and foxes have been seen, and roach, tench, perch, carp and pike are some of the species of fish which are to be found

Newts, frogs and toads abound and countless species of birds are to be seen. 175 species of bird have been recorded. including the resident Tufted Duck, Mallard, Black Headed Gull, Sparrow Hawk, Kestrel and Kingfisher. In the winter you may well see the Shoveler. Teal and Goldeneye ducks, and in the summer see swifts skim across the water or the Common Tern waiting to dive for fish. A very rare but welcome transient is the Osprey. Geese and swans are found in such numbers as to be more than a bit of a nuisance

Bird hides are present throughout the park, and to the west of the park are meadows and scrapes managed by the Leicestershire & Rutland Wildlife Trust. Here on the Wanlip Meadows Reserve (a restored gravel pit), numerous species have been recorded. The birds do not recognise boundaries and obviously move freely between this reserve and Watermead, but recording their presence on the reserve does give indications of those present on the area. To the east of the park and across the canal are further lakes, not part of the park but adding to this wildlife sanctuary.

Recorded are hundreds of Greylag Geese and Teal, a single Garganey and number of Shelducks and а Oystercatchers. A juvenile Hobby was spotted, some young little-Ringed Plovers

a young Little Owl. Seen in and considerable numbers were Golden Plover and Lapwing (Green Plover or Pee Wit). More unusual visitors were Redshank, Greenshank, Dunlin, Blacktailed Godwit, Curlew, Green Sandpiper, Wood Sandpiper, Yellow-legged Gull, Common Mediterranean Gull. Tern Lesser Spotted Woodpecker, Kingfisher, Whinchat and Redstart.

At its southern end. Watermead forms part of the Citv's Riverside Park which the centre of l eicester Park

The money will be used to create new runs through cycle and pedestrian far as Fosse links ...

Watermead has iust participated

in a successful bid for funds from the Big Lottery Fund via a TV programme and will receive around £700.000 out of the £50 million. It is expected that this figure will double after Leicestershire County Council and other local organisations provide further matched funding.

The money will be used to create new cycle and pedestrian links between Watermead Park and surrounding villages, as well as improving bridges within the park for cyclists and people with mobility problems.

Roy Denney



Letter from America – LEI NEWS Overseas Correspondent: Come and Try Orienteering in Florida

It has been a long time since the LEI Overseas Correspondent filed a report for the LEI newsletter, so this one is long overdue. The report comes from the sunshine state, otherwise known as Florida.

This is the first in what should be a series of reports over the next few months. This one starts with the Florida Orienteering Club's annual "Come and Try" event. The event took place at the Florida



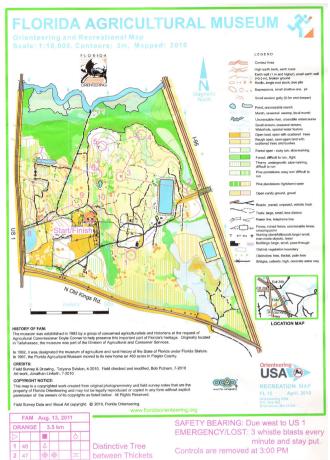
L to R. Organiser Bob Putnam and LEI NEWS overseas correspondent Eric Heritage.

Agricultural Museum, which is near Palm Coast and north of Daytona Beach on the east coast of Florida. The event was organised by Bob Putnam, who is a key player with the club, a passionate orienteer who has been involved in orienteering for many years. I had made email contact with Bob beforehand. On the day he guessed who I was by my outfit – the Ultrasport logo on my O-top branded me as a UK orienteer!

The organisation and running of the event was very similar to what one might expect in the UK, but with a few differences. Three courses were on offer: white. vellow and orange. The club owns a set of electronic punches, but has not yet used the equipment, so the trusty old pin punches were in operation. Registration was open from about 0930 hrs and the first starts were from just after 1000 hrs. Last start was at 1300 hrs. Training on the use of a compass and how to orienteering interpret an map was provided by club members to newcomers. The courses were very much what one might have expected of similar UK courses, but with the Orange being more of a Light Green standard. The terrain underfoot was slower aoina than expected with lots of brashings.

There were some people who ran, but most participants hiked around the courses in family groups or groups of friends. It was interesting to note how far





don't, even on courses as short these. as heat exhaustion guickly sets in and you quickly run into that notorious marathon hiah protection wall. Α factor sun lotion is another must

Club members were very welcoming and, like in the UK, helping hands are always welcome, so I was soon manning the registration desk and sellina club O-tops. Overall. this was а thoroughly enjoyable event and well worth attending. I am already looking forward to the next event which is in a state reserve off the Orlando belt in the middle of Florida

For the record, I won the Orange course, some 8 minutes ahead of my nearest rival.

Eríc Herítage



Eric at the finish.



Come and try: Orange course

and wide people had travelled to get to the event, especially the newcomers. I had travelled from Tampa on the west coast, but the club only runs one event per month. I would have had to fly to get to the next nearest event (even too much for a dedicated orienteer) so a 3 hour drive was the only option. A car is a must to get around over here as everything is spaciously laid out. At this time of year the heat is ferocious. You need to make sure you are fully hydrated at the start and take plenty of water with you – if you

Norway Training

I was lucky enough to join CUOC for a training trip to Norway in June. We were due to meet in Cambridge at 5:30 on Thursday morning. I'm sure that not many readers will be surprised to learn that at 5:30am we were still one member short. We despatched two of the group to Stansted on the coach while I drove to pick up the missing member. Fortunately, he had just woken up and the rest of us made it to the airport with plenty of time to spare. We were flying with Ryan Air so, in order to avoid extra charges for checked-in baggage, we all only had hand luggage. Once we had packed sleeping bag, o-shoes and o-kit, this didn't leave a lot of extra space. However, to save money in Norway, we were taking pasta, potatoes, biscuits and cake with us. We also had to fit in training kites, SI controls, a printer and download station. Ben Windsor took the approach of not packing any of his o-kit or clean clothes so he was able to fit plenty of food in his bag. His clean clothes and okit were then stuffed into the various pockets in his coat. The only downside is that the heavy coat made him look like an under-inflated Michelin Man. The SI boxes and potatoes passed through security without any problems. However, one rucksack containing the training kites, together with a roll of zinc oxide tape, did attract some attention from bag security. The was searched: whatever they expected to find, they certainly didn't expect the first item out of the rucksack - a 2kg bag of pasta.

The rest of the journey to Rygge was uneventful. Some of the group used the two hour flight to start planning some courses for the afternoon; the rest of us caught up on our sleep. Ryan Air seem to think that Rygge airport serves Oslo. It is 40 miles from Oslo, but only a few miles from Moss orienteering club's hut. The club had agreed to meet us off the plane and drove us to the hut.

After lunch, the training began. The hut was situated in the midst of mapped areas so we were spoiled for choice. We started off in the wooded area close to the hut with a couple of the quicker members of the group putting out training kites for some courses and the rest of us going round trying to find them! The terrain was runnable woodland with rock features and lots of contour detail with few paths. I started off slowly and gained confidence so I completed the first course OK. As I was making my way round the second course, I crossed a hill top and suddenly realised that I wasn't where I wanted to be! Time for some relocation practice. I then learned an important lesson: sometimes relocation can be very tricky. I eventually worked out where I was and found the control. I completed the course, collecting in some of the controls on the way - after my big mistake I was the last one round the course.

In the evening, the local club had arranged for a couple of cars to collect us and take us to one of their events. This was similar to one of our summer league events – electronic punching, pre-printed maps, etc. The area was again mostly runnable woodland – a bit steeper than the area round the hut. I thought that I did OK; my biggest mistake was at a control on a knoll. I was stood on top of the knoll on two separate occasions and couldn't see the control. On both occasions I went back to my attack point to re-attack the control.

Friday was wet. We started off with a



couple of longer courses from the hut in the morning. Again, I found it easy to lose concentration on some legs and realise that I really wasn't where I should have been. After lunch and a chance to put on some dry kit, we had a sprint event. The prologue went west from the finished just hut and across the The "final" then included motorway. some wooded area, together with a builtup section. In the evening, we had a micro-O around the hut - any guesses as to the location of a control with the description "Northernmost wet pit, south side"? Those still awake past midnight (when it finally got dark enough) took advantage of a night-O course.

Saturday was our last day, so we took lunch with us and walked a few km south from the hut into an area consisting of a number of peninsula. We started with a map memory exercise. I found this very useful; I know that I refer to my map too frequently and it was good to see that it was possible to complete some quite complex leas without looking at the map. There was one leg that went horribly wrong. When I came unexpectedly face to face with some large crags, I was a little surprised and told my "shadow" that I thought that I'd gone wrong. My "shadow" agreed and gave me the map so that I could see what I'd done wrong.

We moved onto another part of the area and then did some relocation practice. The final activity of the day was a peg relay. Again there was one control that caused me lots of problems. I found it in the end. Unfortunately, I was the last one to visit many of the controls so I had to collect them in and ended up with quite a collection of training kites by the end of the course. I was so far behind the quickest that they had gone off for a swim in the Fjord!

After three days orienteering in the deserted Norwegian woods, it was quite a



Note: no map in hand. Iain running on the map memory exercise.

shock to return to a busy Stansted airport on Saturday evening.

In conclusion, I think that I learnt a lot – especially about understanding contours in wooded terrain. I also learnt that I still have plenty more to learn. Would I go back? Definitely. I think that there are many of us in the club who could gain an immense amount from a training trip like this – anyone fancy helping to organise?

Iaín Tebbutt



Club Accounts 2011

The Club's accounts will be submitted to the AGM at the end of October and will show the numbers in the table. This year, an overall surplus of £310 was made, despite our event programme not covering its costs.

Roger Edwards



<u>counts</u>	5 2011		
Events	Income		12,924
Event Expenses	Map Printing	2,798	
	Equipment	1,956	
	Levy	1,668	
	Officials' Expenses	1,606	
	Map Surveys	962	
	Depreciation	828	
	Hire	722	
	Social	674	
	Storage Rent	648	
	Other	522	
	Room Hire	504	
	Publicity	377	
	Insurance	371	
	First Aid	327	
	Land Access	204	14,166
Other Activities			
Income	Commissioned Mapping	5,050	
	Grants	3,797	
	POC Sales	1,373	
	Club Night	1,086	
	Corporate	816	
	Course	765	
	Social	630	
	Membership Fees	619	
	Other	352	14,488
Expenses	Commissioned Mapping	3,653	
	Grant	2,151	
	POC	1,874	
	Course	1,238	
	Club Night	916	
	Coaching Courses	640	
	Social	583	
	Club Shop	563	
	Newsletter	547	
	Meeting Room Hire	291	
	Officers	263	
	Corporate	106	
	Memberships	77	
	Other	37	12,937
Surplus			310



Schools' Orienteering

The school sports structures have changed over the summer and the old system stopped at the end of August. Its replacement means there are now major differences in each district. Simplistically, the former system has been reduced by half. In the North West, schools are paying for a district wide sports team working about half time. In other areas, teams have been combined across two districts and all the County Competition Managers have found new jobs. A standalone County Schools Orienteering Competition will not be held in 2012, but if there were a demand, then an event could be combined with an existing club promotion.

Roger Edwards

Insurance Notification

Planners/Organisers please note. We have renewed the insurance cover for all our equipment and the renewal notice restates the insurance cover arrangements. All equipment locations need to be secure. SI equipment is only insured if kept in a member's house and, when being taken on the day to an event, kept out of sight. For large events, we need to get the insurer's agreement for putting out controls beforehand and they can only be put in the middle of the

woods and not on paths. The excess for overnight cover increases from $\pounds50$ to $\pounds100$, too. For the larger events, we need to insure any toilets hired and increase the computer results processing cover.

Where we have the misfortune to lose equipment, then the insurers will only refund the costs if we get a police crime number.

Roger Edwards

lain's Summer League Hints

1. Some of you are still having difficulty counting, despite my hints in the last newsletter. I suggest that we devote a Thursday club night learning how to count to 30.

2. I think that David Bray should be congratulated on arranging an ice cream van to attend the Bagworth event. If there is an ice cream van part of the way round a course, what's the correct pictorial description? While talking of ice creams, please note that just because the wrapper on an apple flavoured ice lolly says that the paper is edible doesn't mean that you have to eat it. It also doesn't necessarily mean that the paper is nice to eat.

Iaín Tebbutt



Custom Handicapping for the Summer League

All readers will be aware that the Summer League operates a handicapping system. This is a fairly straightforward scheme which, for men, starts at 1.00 for M21 and then advances by 0.04 for each successive age group. Hence, M35 will be 1.04, M40 1.08 etc

I do not believe this handicapping scheme (which, incidentally, is pretty accurate) is targeted specifically at the Summer League. In this programme of events, the long course is typically 5km in length and this course is always the most popular. If a handicapping scheme targeted at this distance could be adopted, then it would be a more accurate system.

The motivation to write something for the LEI News came when I stumbled across

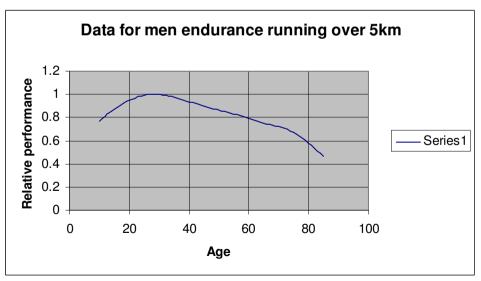
a research paper from the University of Groningen in the Netherlands. This used endurance running data to produce a set of tables to show the relative performance of both men and women for a variety of distances. These tables were produced by smoothing the source data and focusing on the relative performance of the better athletes.

This paper can be seen on the internet at:

http://som.eldoc.ub.rug.nl/FILES/reports/ themeE/2001/01E47/01E47.pdf

The relative performance data for men over the 5km distance is shown in graph A below;

In table A, the current handicapping factors for men are listed alongside those



GRAPH A:



Age class	Present h'cap	Suggested h'cap	Difference	% difference
M21	1.00	1.00	-	-
M35	1.04	1.026	0.014	-1.4
M40	1.08	1.068	0.012	-1.1
M45	1.12	1.114	0.006	-0.5
M50	1.16	1.158	0.002	-0.2
M55	1.20	1.202	0.002	+0.2
M60	1.24	1.261	0.021	+1.7
M65	1.28	1.328	0.048	+3.8
M70	1.32	1.385	0.065	+4.9

TABLE A:

suggested by the Groningen data. For each orienteering age group, the factor quoted applies to the youngest person in the age group. All these results are specifically for the 5km distance so that the results are those which most closely mimic a typical Summer League event.

It can be seen that the existing system is very, very close to the Groningen data for the age groups M40 to M55. The M35s get quite a good 'deal' in that they are 1.4% ahead of the 'curve'. It is the old men who get the worst deal as the current system clearly depends on absolute linearity with age. In reality, as men pass the age of 60 their relative decline accelerates and this is not reflected in our current handicapping system.

For women, see table B, the Groningen data gives no direct comparison between the male and female performances over 5km. The existing handicapping system assigns a factor of 1.04 to the W21 class and then advances by 0.04 per age group. To make a comparison to the Groningen data, 0.04 is added to each

Age class	Present h'cap	Groningen data	+0.04 M/F cor- rectn	% difference
W21	1.04	1.00	1.04	-
W35	1.08	1.026	1.066	-2.3
W40	1.12	1.068	1.108	-1.1
W45	1.16	1.114	1.154	-0.5
W50	1.20	1.158	1.198	-0.2
W55	1.24	1.202	1.242	+0.2
W60	1.28	1.261	1.301	+1.6
W65	1.32	1.328	1.368	+3.6
W70	1.36	1.385	1.425	+4.8

TABLE B:



result to account for the male/female difference.

These results are very similar to the male results. W35 are even more ahead of the 'curve' than their male counterparts as a result of the phenomenally small variation in endurance running ability for women in the 21-34 age group.

Whilst the figures for older women are not exactly the same as for men, the trend is very similar.

Conclusions:

Having set out to compare the handicapping figures used in our Summer

League to the data from the Groningen paper out of genuine curiosity rather than self interest, the results from the comparison show that our handicapping system is very good over the mid range age groups, but does disadvantage the older age groups, both male and female. These results are targeted at the typical Summer League race distance.

My suggestion is that the Club should adopt more accurate, handicapping data for the 2012 Summer League based on the Groningen results.

Juniors – A Date for your Diaries

The forthcoming NOC event on **Sunday 13th November, 2011,** at Byron's Walk is the main annual event for Juniors, so all of you M/W20 or under are eligible to compete in this inter club competition.

Whilst there was a committed turnout by our Juniors at the last qualifying heat at Carsington Pastures, sadly the team didn't progress in part ,as there was not a full team of males and females available to run across the spread of courses.

With your help, we can field a full team of LEI Juniors at this NOC event qualifier.

Courses that count towards our LEI combined club score are the Yellow, Orange, Light Green and Green courses, with males and females scoring separately. Though shadowing is not allowed, competing as a pair is possible on the Yellow course.

On the day, Club Juniors simply take part as normal. Each participating Junior Club runner scores points depending on their finishing position, and each runner affects the points score for the other clubs taking part. The best nine scores combine to give the Juniors' Team an overall total, but all finishers affect the results so you don't only have to win to have helped your team mates.

I would appreciate knowing which Juniors are available to run, so I can get a spread of runners across the various courses to maximise our Team score. If the Team gets through this heat, then there is a further event final to compete in later.

I do hope that Club Juniors will want to take part. I appreciate the event is some distance away, so if transport is an issue I will happily try to source a lift for Juniors (with their responsible adult) with other Club members. I look forward to hearing from you.

Alíson Hardy



Bob Titterington

Training for Event Officials

Over the next few months, LEI will be running a number of training courses for event officials. With the introduction, last year, of Event Standards by British Orienteering, it has become more important than ever that our event officials have completed recognised training courses. If we wish to continue putting on the number of events that we currently offer, we need more club members to become qualified.

The East Midlands Orienteering Association now regularly promotes a Development Day, at which volunteers can gain the necessary experience for roles at events. <u>The Club recommends</u> that new members undertake the <u>Organisers course first</u>, as this is a key role in managing events of any scale. Those with more experience can move onto planning or mapping.

Event Safety Workshops. 15th October & 15th November at Groby Community College - 9.30am to 1.00pm

Following the syllabus of the Event Safety & Welfare Training Module, these workshops are a requirement for all controllers and organisers of level C, B & A events, and advisory for planners at these levels.

Level C Organiser's Course. February 2012 (date to be confirmed)

Maybe you have organised a Summer League Event or are about to try your hand. This is the course for you, with the added bonus of gaining sufficient knowledge to organise, or be a team leader, for a Level C event. The course also serves as a good introduction to the rules. The course takes up a full Saturday.

Level C Planners Course. March 2012 (date to be confirmed)

This is aimed at club members who have completed the Level C Organisers Course and have done some planning for Level D events. This is a very practical "hands on" course with a lot of field work. One evening and a full Saturday.

There is NO charge for any of these courses.

To book places on any of these courses, email Chris Phillips:

onecphillips@lineone.net

Don't forget to visit the LEIOC website at http://www.leioc.org.uk

for up-to-the-minute information on what is happening in your club.



Club Championships 2011



Chairman Chris Phillips presenting the awards at the LEI Club Championships held on 17th September at Spring Cottage.

> Alison Hardy W20 to W55

Fynn Lydon, Rising Star trophy





Angus Shedden M20 to M55

Unfortunately absent from the presentation was Daisy Herd, who won the W10 and under and Imogen Wilson, who won the W14 and under category.

Ethan Tebbutt M10 and Under





Euan Tebbutt M14 and under

Roger Edwards M60+





Out and About

As Autumn approaches and thoughts turn from our summer to winter league programmes, it is worth noting that trees are shedding leaves and changing colour considerably earlier this year. This reflects that they are stressed by the very dry conditions, but also is a portent of a hard winter, if folklore is to be believed

Many people are making the case that this may well be the new norm with our seasons becoming more extreme. accompanied by more strong winds and flooding, not to mention droughts.

Climate change and a warming world do not just mean a degree or so hotter: they do mean different climatic zones and we could face guite different weather than we have experienced for the last 30 years.

The new conditions suit some creatures that are moving into the country or moving further north, but others will inevitably be losers. On the sporting front, I wonder whether Ultrasport will start sellina snowshoes.

Some animals which are making a helped come back are by the weather, but others largely by the efforts of man, not just reintroduction schemes which have seen successes, but also cleaning up of our environment.

A recent survey has indicated that Otters are now present in every county in England and even good old ratty is doing better. These two facts are actually related to an extent. The Vole Water has been heavily predated by Mink, and the Mink population is reducing as they fail to compete for homes with the more dominant and larger Otter.

No 1 sighting this year was on a short stretch of the Itchen Way with the river on one side and the disused canal on the other. Unusual plants and butterflies abounded; rarer birds were occasionally spotted and the river itself is

as clear as anv water I have ever seen. running chalk the does.

Unfortunately off another downs as it creature doing well is

The hiahliaht. however. was standing watching water voles patrolling the

just beneath us.

banks. and on one occasion as we watched one on the far side of the canal, it turned and slowly swam right up to our side

the tick.

We do not have to go so far afield, however; on one mapping visit to Bradgate early in the morning, I did weasel which 1 have see а occasionally done before in that area, which is a bit surprising, given the lack of a rabbit population of any note. That morning, however, I did



see a creature in the park which I have never seen there before. I walked slowly through recently felled bracken, tracing the route of a ditch, when a hare jumped up just in front of me.

Unfortunately, another creature doing well at Bradgate is the tick. I recently produced a warning article printed in EMEWS and must have been psychic as our recent event there involved at least four members being bitten. So long as people are aware and take the correct measures to remove them, this should not be a problem.

Roy Denney

Access Update

Amongst my many involvements, I am a volunteer with the Woodland Trust. I am part of the Ancient Tree Hunt which is locating and recording as many of the old trees of England as we can. My work as your Access Development Officer takes me to many areas of woodland, giving me opportunities to spot notable specimens, but if any of you find one please let me know with, where possible, a grid reference and I will go out and verify its status and then log it on the website. Ancient trees are living relics of incredible age that have helped shape our history, and will help shape our future if we let them.

The Ancient Tree Hunt (ATH) involves thousands of people in finding and mapping all the fat, old trees across the UK and is right at the heart of the Woodland Trust's ancient tree conservation work. It will create a comprehensive living database of ancient trees and it's the first step towards cherishing and caring for them.

The ATH began in 2004 as a joint venture with the Tree Register of the British Isles and the Ancient Tree Forum.

My other role with the Trust is as a volunteer photographer, and in that capacity I was recently asked to photograph a potential site they were interested in acquiring and I arranged to take a colleague along with me. We were at that time sworn to secrecy for commercial reasons. Today the Trust have gone public with their ambitions. To celebrate the Queen's 2012 Diamond Jubilee, they want millions of people across the UK to come together and plant 6 million trees. These will create hundreds of Jubilee Woods and 60 exclusive Diamond Woods. As part of this ambitious project, they plan to create their own flagship Diamond Wood on 460 acres in the heart of The National Forest, in Leicestershire, just to the west of Ravenstone.

This diverse and sweeping landscape is ripe for woodland creation. Dense hedgerows run across the land, forming natural wildlife corridors, and to the east a lake provides habitats for assorted wetland species and wading birds. At the heart of the site, gravel paths lead to a rare surviving fragment of ancient woodland, which will provide the gene bank from which a really wild landscape can develop.

The fellow photographer I took along was that well known Ravenstone resident, our very own Peter Hornsby, and this afforded us an opportunity to walk over this 460 acre site and weigh it up as an orienteering venue. Given time, it is our view that it will be a very good, new area, although parking might be a challenge.



I have been asked to go back for some targeted photographs as their promotional and fund raising campaign get underway, and my involvement with organisations like the Trust have enabled orienteering to be involved at the start of many projects. In the past, we, as a club, have staged small fund raising events to support the Trust in acquisition of lands which we are now using for events, and we may well look to doing something similar with this project.

By the time you read this, I hope many of you will have taken part in the Club Championships at Spring Cottage. This is another sizeable new area which will evolve into a good addition to our repertoire. I serve on the Heart of the Forest Forum, which is tasked with identifying ways to improve access routes through and to this area, and to seek funding for our ideas.

I am looking at, and researching, a number of small areas and extensions, but it is pleasing when a couple of large potential sites come my way, which is just as well, as areas are lost to us for various reasons and we do need to replace them.

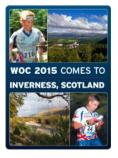
Roy Denney

British Orienteering awarded the 2015 World Orienteering Championships

At a press conference today. the International Orienteering Federation announced that British Orienteering will host the 2015 World Orienteering Championships. There was competition to stage the event, with Sweden submitting a strong bid. However, the strength of the British Orienteering bid won favour with the IOF. The Championships will be based in Inverness during August 2015 and will utilise the world class terrain along the Moray coast and in the Cairngorms National Park. The Scottish 6 Days will run in parallel to the Championships and will bring 5000 competitors to the area, boosting the local economy by an estimated £2 million. The foundation of the British bid is the strong partnership which has developed between orienteering organisations, government agencies and the local community, who all have a shared vision for the event. Colin Matheson. Professional Officer of the Scottish Orienteering Association,

said "Scotland has been recognised by the international orienteering community as having world-class areas for staging major events. In the run up to 2015 we look forward to hosting the JK2012 International Orienteering Festival as well as the Scottish Orienteering 6 Day Event Company in Moray 2013. We look forward to meeting orienteers from across the world at these and other competitions before the main event in 2015.

Edited Press release from BOF 18th August 2011





They Do It In Transylvania. What? Wear Headphones.

In early September, Bob Titterington and me, together with 7 other people, went as the self selected British radio orienteering team to the European Championship in Baile Felix in Transylvania, Romania. The competition attracted around 300 people from 25 countries, most of which used to be behind the Iron Curtain. Baile Felix is a thermal spa resort close to the Hungarian border and as Wizzair had some cheap and convenient flights to Budapest, flying into Hungary seemed to be the best option. A Mercedes minibus met us and some other teams at the airport and took us to Tesco for a brief stop before heading east to Romania, 250 km away. The 31/2 hour journey was across a plain, virtually as flat as the Fens. Our first sight of Romania was a big chimney belching out choking smoke, which turned out to belong to a district heating scheme for the city of Oradea. Baile Felix is only 9 km south of Oradea and as we approached our destination. we saw hills, then some trees. Thank goodness! I didn't want to orienteer in a dead sunflower field.

The hotel turned out to be a fairly modern affair with indoor and outdoor swimming pools, refreshed each day with water from the hot "reduced radioactivity" springs. An unadvertised luxury was the pool on the bathroom floor because the shower or the cistern leaked and the drain was not at the lowest point. At least our room had a shower door, although it didn't close properly, and we had to gaffer tape the shower head to the shower rail. However, the hotel was otherwise very pleasant with a plentiful supply of food that even satisfied the needs of Ukrainians most of the time. Free Wi-Fi was a bonus. In the evening, I changed €20 into 88 LEI. A 1 LEI note is worth about 20p, or about the same cost as an O map. Could printing notes be one of Simon's sidelines? The back of the 10 LEI note has a picture of a woman in a headscarf, who is wearing a top, apparently held together with only one button, and carrying a big container on



her shoulder.

On the first night, we discovered that 30 LEI would buy $2\frac{1}{2}$ litres of Carlsberg in a big iced container with a tap so that it can be shared. Obviously, one container was not enough... Local brew is much cheaper still at around £1 / litre.

The morning of the next day, Tuesday, was an opportunity to do some equipment checks in a forest only 150m from the hotel. We were up early on Wednesday to make sure we got on a coach which left at 7:30 for the first competition. Half an hour later we were in a nice runnable forest, but my start time was 13:00, nearly the last, so I had a long time to wait, but it seemed to go quite quickly. The temperature in the forest was pleasant, but a short walk to the edge of the forest showed it was probably



in the upper 20s. Off I go and happy with my progress to the first transmitter, but I lost 5 minutes on the second because I didn't look around hard enough after it had stopped transmitting. I lost at least 5 minutes going to the third transmitter and knew I was pretty close to it when it went off. I then crossed a narrow but deep valley. When it came on 4 minutes later. I turned round and I could see it on the opposite side of the valley. My GPS later showed that I had passed within 10m of it. Brain fade then set in because I then set off south towards the finish instead of east. climbing an unnecessary 45m so that I could "enjoy" going downhill through some dark green stuff. I reckon I lost at least another 10 minutes. Bob T took 76:24 and Robert Vickers (HOC) took 80:13. At 86:04. I was the slowest member of the British M60 team, so my time did not count for the team competition, where we were placed 8th. Free beer available at the finish was some consolation, even if it was not the most advisable way of quenching your thirst.

On Thursday Sprint we had а competition. This is the first time the format has been used in a European Championship. This involves 10 transmitters, arranged in two groups of five. The transmitters in each group come on in turn over a one minute period before the cycle repeats, so each transmitter is only on for 12 seconds. M21s have to hunt all 10 transmitters as well as two extra ones after each group. The winner took just over 12 minutes, truly amazing. Lesser mortals have only 3 or 4 transmitters to find in each group. I came 22nd out of 30 in my class, with a fairly appalling time of 28:35.

In the afternoon, three of us took a bus and tram into Oradea. Just as we were about to get off the tram, some bloke asked for our tickets. He only knew a few words of English, but it was obvious that he was not happy and ushered us off the tram, while a local lady tried to say something to him. He asked for 25 LEIs each for not composting (punching) the tickets when we boarded. We didn't see anyone else compost their tickets and the machine was not very obvious, but outside the UK this is common. After pleading ignorance, he eventually settled for 20 LEI (£4) total. We are still not sure whether he was actually an official, but he had made enough to buy at least 6 beers that night!

On the last day, it only took 10 minutes to get to the forest on the coach. Although most of the forest was very runnable, there were some patches of mid/dark green which trapped the unwary, like me, who lost contact with the map. The bonus was a leg from the last control to the finish. A memorable run of nearly 9 minutes down a gentle hill through an extremely runnable forest. I finished in 77:03: 81/2 minutes behind Bob. but 8 minutes clear of Robert Vickers. The M60 team came 8th again, but our M40 team came a very creditable 4th, which was the best ever performance by a British team.

I am currently exploring options for acquiring some running tops for our younger members. Last year a Bulgarian firm, Siven, supplied the customised tops



we wore in Croatia at a verv competitive price and most of the teams seem to wear their stuff. The Bulgarian team last had vear maps on their



tops, but this year they have gone for a



fox. They're obviously not content with just stealing our notes. but our animals as well! I didn't see anyone compete in these new tops they just seemed to be for show! The Russians also have a small fox on the back of the neck on

their tops, but it is almost invisible as the dominating feature is a large, vivid, swirly pattern in blue and white.

The final night consists of more individual presentations. and team. followed by a celebration dinner. After this, and approaching midnight, we went out to celebrate. All the bars, apart from one, were closed. The one that was open was a bit strange. You actually helped vourself to a can from a fridge and handed over some money for a glass. It appears the Romanians are trying to develop a new form of compass called SILVA which looks remarkably like a beer can! I am not sure that it will work very well as it is made of aluminium, but no

doubt it has magical directional properties if used in multiples of four or more!

I still had a 10 LEI note and some change left at the end of the week, despite all the drinking. The security man at Budapest asked me what the radio thingy was in mv hand luggage. In the end, he was satisfied that it was dangerous. but not before that I took the battery out and put it in



my pocket. When I got off the plane at Luton, I felt something burning my thigh. The battery had shorted on a coin in my pocket and was extremely hot. Perhaps it could down a plane. Oh dear!

All in all, a great week with orienteering in nice terrain with sunny, but not too hot, weather, and an excellent team spirit. Needless to say, I have already pencilled in Serbia for the World Championships next year.

Iohn Marríott

Retied Man - The Czech TV Star

Retired Man is wistfully polishing the silver salver he won at Radio Orienteering twelve months earlier. "The only trouble with winning is having to polish the trophy before you give it back, AND having to buy some prizes," he complained. With little time left to sort out prizes. some he seriously was considering raiding my cupboards for home made jams & chutneys! (Cheap skate!) The competition took place on the Bank Holiday at the end of May. On the Sunday, he was Planner; but the other two days he was able to compete and triumphed with a first and a second place.

The 25th/26th June weekend is Open Gardens time in Thurcaston & Cropston in aid of the local primary school. 66 Latimer Road is not an award winning



garden, its best feature being the view across the cow meadows to Rothley Brook and beyond to Thurcaston church. It still takes a lot of weeding and planting. "What can I do to help? "asks John with 3 weeks to the deadline. John is not a gardener, but happy to mow the lawns.

"First you can get some new wooden garden furniture - that old stuff is rotting away; and second you could clean the gaps between the bricks at the front on the brick paved drive."

Result! The new furniture arrived a week after the event. At the front, he cleaned a narrow path from the road to the side gate, hiding the un-cleared part under my parked car, then disappeared to Rushcliffe to orienteer.

After a hot and busy day making teas for the garden visitors, I was looking forward to an evening meal in a local restaurant. We arrived at the Griffin Inn, Swithland, to find the kitchen closes early on a Sunday evening, and received the same sad news from the Badger's Sett in Cropston. So back home, we sat on garden furniture destined for the Tip eating cheese baked bean toasties. and followed by garden raspberries. all washed down with the pink fizz won at Radio Orienteering a few weeks before. What an elegant life we lead!

When Retired Man returned from orienteering in Irchester Country Park, he had two ideas buzzing round his brain. The first was the missed opportunity of promoting Orienteering to the scores of visitors to the park and the second was a frivolous thought about locating ice cream vans at the Finish of all summer events.

Those of you who know John will also know that he loves taking things to pieces to see how they work, or modifying them so they work better. I have unique kitchen scales, food mixer and sewing machine, all with Marriott Modifications. One of his latest projects is mending an Emit card. He ran the Kenilworth Street 'O' with two cards, the second card was to check the mended one was working.

Thursday July 28th was the date of the Burbage Common event. I expect Pete Leake and Peter Hornsby remember it well, as they had to come to the rescue when organiser

and kit were "tied up" at County Hall.

The night before The Scottish Six Days, hammering can be heard from our garage: John wants to take an LEI club

were at thought about thought about hought about locating ice Six cream vans at the finish heard John events.

flag, but some pole sections are stuck together and it takes both of us, the vice, WD40, adjustable screwdriver and brute force to pull them apart. First attempts to put a hook in the lead weight result in a broken drill bit!

The curse of Retired Man Chronicles follows John, Chris Bosley and the Middletons to their sea view cottage at Oban. Chris appears to have ignored the 'No bib, no go' notice and Andrew has to return for his dibber. I am told these tales by John and I suspect it is to lessen the impact of his "Well it's been an expensive holiday....." Not just the new pair of 'O' shoes, but the £160 to replace the lost electronic car keys.

Lots of LEI members will recall the summer league event at Melton and the sudden thunderstorm that ruined hairstyles and soaked people to the skin.

At the end of August, Retired Man goes



to the White Rose events and only has one or two problems camping. The windy conditions cause a vortex, which sucks the little bit of coffee he has taken out of its jar and off into the air. A dog brings him a Frisbee to throw, then bites him on the bum. Thanks to OD for taking pity on him and letting him in on their BBQ.

In early September, John goes with Peter Hornsby to the Street 'O' in Sheffield.

A dog brings him a Frisbee to throw, then bites him on the bum. Reporting back, he is pleased to have beaten Peter and also Pete Leake. However, he was concerned that there were opportunities to cheat by putting a hand through an uncross able fence punch the to control without going all the wav round. Planners/ controllers: please take note.

John is packing for the ARDF Amateur Radio Direction Finding world champs in Transylvania (Romania). "Have you seen my old blue 'O' shoes? I think I may have left them in Scotland." The alarm is set for 2.30am, as I am to drive him to Leicester bus station to catch a bus to the airport. But at 10.00pm - "Damn!" John has broken the metal tape measure that makes up part of his radio receiver and spends two hours replacing it. John drives very fast to the bus station (over all those road bumps in Thurcaston) and we arrive at the bus station with only a few minutes to spare.

The British team includes Retired Man and Bob Titterington from LEI, but they are not on such sparkling form this year. (See John's report .) I hear of a new pastime for those with GPSs - it is called Confluence Seeking, David Williams from HOC and the British team in Romania set off to find a confluence, i.e. the junction of longitude and latitude lines, to take N. S. E and West photos, and upload them to website. There are about the 30 confluences in Britain. the nearest confluence being between Lowdham and Gunthorpe Bridge.

On their return to Britain, son, Andrew, picks John up from Bob's house. I am unable to use my car as it had a bump with a tree and the rear window 'exploded'.

He has only been back half a day and Retired Man is orienteering again. This time he travels to Bestwood with Sue Bicknell The tyre is a little flat, and in the spare wheel well John finds his lost blue shoes - doesn't everybody hide their 'O' shoes there? Shoes found, but wallet missing: thank you, Sue, for paying his entry fee.

Retired Man (and Bob) appear on Czech TV. There is a 25 minute report about the triumphant Czech radio orienteering team featuring young fit orienteers, when at 22 minutes 54 seconds until 22 mins 56 seconds Retired Man, with grey bag, ambles from the background in his British team top and walks out of the picture.

"Not so much as a walk on part, more a walk off part." jokes Retired Man.

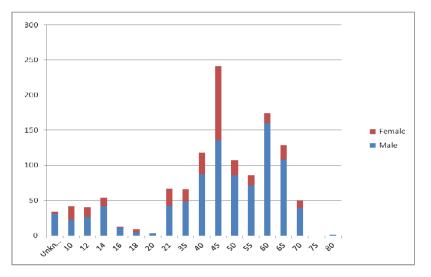
At this point, it is time for me to walk off, too.

Irene Marríott

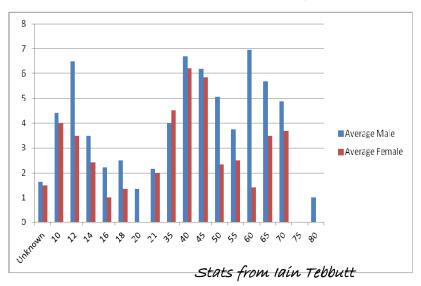


Summer League Statistics

The most popular age class in terms of number of runs was M/W45. The most popular single class in terms of number of runs was M60.



So who are our keenest runners? On average, the M60s each attended seven events. The keenest women were the W40s, who attended an average of 6.2 events each.





THE LEICESTERSHIRE ORIENTEERING CLUB

Events are informal, usually with a social element.

Competitive events will use SI electronic punching (£1 hire) whenever possible.

Entry fees - Adults £5.50 (£3.50 for members) - Juniors £1 For results, please see <u>www.leioc.org.uk</u>

DATE	DAY	START TIME	LOCATION
October 1st	Saturday	2pm-3.30 & 5pm, 7pm	Level BEE Maize Maze Wistow, South Leicester
October 18th	Tuesday	11am-12.00	Ratby Woodlands, North West Leicester
October 30th	Sunday	11am-12.00	Sence Valley Forest Park, Ibstock
November 9th	Tuesday	6.30pm-7.30	Bagworth
November 19th	Saturday	11am-12.00	Groby Community College
December 13th	Tuesday	6.30pm-7.30	Leicester Grammar School, Great Glen LE8 9FL
January 1st	Sunday	11am-12.00	Castle Hill, Leicester
January 10th	Tuesday	6.30pm-7.30	Beacon Hill & Broombriggs
January 21st	Saturday	11am-12.00	Melton Country Park
February 7th	Tuesday	6.30pm-7.30	Bosworth
February 14th	Tuesday	11am-12.00	Outwoods, Loughborough
February 25th	Saturday	11am-12.00	Beacon Hill, Lower Car Park



WINTER LEAGUE 2011/12

League scores are on standard handicaps and the best six events count, giving everyone a chance of success in the league if they perform as well as their age would suggest they should. All events include a technical course. There will always be an introductory level course for novices and young children and, where practical, an intermediate standard course.

Events are provisional, awaiting permissions, etc. Please confirm arrangements, either with the organiser or league coordinator, Steve Edgar (01530) 231 688 or visit <u>www.leioc.org.uk</u>.

COMMENTS	GRID
Winter League 1, Entries via www.Fabian4.co.uk	SP639960
Winter League 2	SK496062
Winter League 3, POC+	SK406144
Winter League 4, Night Score	SK458068
Winter League 5, Mixed	SK518070
Winter league 6, Night Sprint	SP648981
Winter League 7, POC+	SK565083
Winter League 8, Night event	SK523141
Winter League 9, POC+	SK756208
Winter League 10, Night event	
Winter League 11	SK515160
Winter League 12	SK521148



Permanent Orienteering Courses

The club continues to negotiate with several local authorities on the introduction of further permanent orienteering courses. The most recent addition is a yellow course at the south of Braunstone Park and the map for this is downloadable from the club website

Roger Edwards

Fixtures

This fixture list is intended to list events in and around the Midlands and neighbouring areas, plus other items likely to be of interest. Unless otherwise stated, local events offer entry on the day (EOD) to a range of colour-coded courses with start times from 10.30am to 12.30pm. Local events will only have a limited range of courses. Regional and National events provide a range of age-related courses and are normally entered in advance online. EOD will usually be limited and more expensive. Most will offer a limited number of colour-coded course for EOD.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will take place, check with the organiser or check on www.leioc.org.uk, or check on www.britishorienteering.org.uk. The editors take no responsibility for wasted journeys !

CHANGE OF EVENT STRUCTURE IN FIXTURE LISTS

2011 sees the start of the new British Orienteering event structure with 4 levels of event.

- Level D = Relatively low cost events providing local competition and aimed at increasing participation.
- Level C = Local events providing a wider variety of venues and competitors.
- Level B = Events providing opportunities for more experienced competitors, giving a wider variety of terrain and competition for those who are prepared to travel longer distances. Includes, Springtime-in-Shropshire, Scottish 6 Days and White Rose events.
- Level A = Major UK Events (British and Area Championships and the JK).

This replaces the previous 3 category system - more details can be found online at: http://www.britishorienteering.org.uk/images/uploaded/downloads/ events_guideline_a.pdf



Octobe	October 2011		
1st	LEI LEVEL D	Level BEE Maize Maze, see list on page 22.	
8th	SCOA Level B	British Schools Score Championships ,	
9th	EMOA LEI Level C	East Midlands League Event , Outwoods Loughborough , SK522148 Organiser: Gary Boothroyd, 01572 756097 Entry On Day: Senior \pounds 8.00, Junior \pounds 2.00, Student \pounds TBC. , Punch Type: SI, Dogs: On lead Start Times: 10.30 to 12.00noon www.leioc.org.uk	
18th	LEI LEVEL D	Winter League 2, see list on page 22.	
22nd/23rd	WOA SWOC Level B	22nd Senior Home International Weekend , Merthyr Common South Merthyr Tydfill, SO087136, Organiser: Havard Prosser Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, ww.swoc.org.uk	
22nd/23rd	WOA SWOC Level B	23rd Senior Home International Weekend , Clydach Terrace Brynmawr, SO178133, Organiser: Havard Prosser Entry On Day: Senior £TBC, Jun- ior £TBC, Student £TBC., Punch Type: None, www.swoc.org.uk	
22nd	EAOA CUOC Level B	Cambridge City Race , Coe Fen, Cambridge City Centre Cambridge, TL444575, Organiser: David Maliphant, cityrace@cuoc.org.uk, 07708252083 Online entry through https://www.sientries.co.uk/event.php? event_id=562 No Entry On Day. Entries Close: 10/10/2011. Senior £TBC, Junior £TBC, Student £TBC, Punch Type: SI, Start Times: 10.30-1.30 www.cuoc.org.uk	
23rd	EMOA NOC Level C	Colour Coded Event , Bramcote Hills and The Hemlockstone Notting- ham, SK500384 Organiser: Alison Slater, org20111023@noc-uk.org, 0115 9603101 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.noc-uk.org	
29th	WMOA POTOC Level D	POTOC Leisure and Training Event , Ladderedge Country Park Leek, Staffordshire , SJ972551, Organiser: Brenda Morgan, shenrymor- gan@yahoo.co.uk, 07910 859932 Entry On Day: Senior £3.50, Junior £2.00, Student £2.00. , Punch Type: SI, Dogs allowed. Start Times: Reg- istration from 10.00 to 11.30. www.potoc.dandasparks.org.uk	
30th	LEI Level D	Winter League 3, see list on page 22.	
Novem	November 2011		
5th	EMOA LOG Level D	LOG Winter Series #1 , Branston Lincoln, Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.logonline.org.uk	
6th	EMOA LEI Level B	LEI Regional Event , Fineshade Corby , SP990985, Organiser: Robert Haskins, 01509 842449 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: SI, Dogs: On lead Start Times: 10.30 to 12.30pm www.leioc.org.uk	



November 2011 cont.				
8th	LEI Level D	Winter League 4, see list on page 22.		
13th	EMOA NOC Level C	Colour Coded Event including an Yvette Baker Trophy Heat , Byron's Walk Kirby in Ashfield, Entry On Day: Senior £TBC, Junior £TBC, Student £TBC, Punch Type: None, www.noc-uk.org		
19th	EMOA LOG Level D	LOG Winter Series #2 , TBA Lincoln Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.logonline.org.uk		
19th	EMOA LEI Level D	Winter League 5, see list on page 22.		
20th	SOA TINTO Level B	British Schools Orienteering Championships , TBC Scotland Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, No dogs allowed. www.tintoorienteers.org/		
20th	EMOA DVO Level C	DVO Regional Event & EM League , Calke Park Derby, SK367226 Organiser: David Bennett Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None,		
26th	WMOA POTOC Level D	POTOC Leisure and Training Event , Milldale Scout Camp Nantwich, Cheshire, SJ713476, Organiser: Brenda Morgan, shenrymor- gan@yahoo.co.uk, 07910 859932 Entry On Day: Senior £3.50, Junior £2.00, Student £2.00., Punch Type: SI, No dogs allowed. Start Times: Registration from 10.00 to 11.30. www.potoc.dandasparks.org.uk		
26th	NWOA BL Level B	BL Penrith Nope Sport Urban League Final , Town Centre Penrith , NY515301, Organiser: John Roelich, jproelich@btinternet.com, 01228 548975 Online entry through www.borderliners.btck.co.uk Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: SI, www.borderliners.btck.co.uk		
27th	YHOA SYO Level B	SYO Regional Event , Burbage Moor Sheffield , SK272808 Organiser: Lucy Wiegand Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,		
27th	WMOA WCH Level C	WCH Regional and WMOA League 9, Beaudesert, Cannock Chase Cannock, SK028152, Organiser: Philip Green, 01785 665570 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None,		

Don't forget to visit the BOF website at

http://www.britishorienteering.org.uk to check the latest information on fixtures.

December 2011					
3rd	EMOA DVO Level D	DVO Local Night Event , Allestree Park Derby , SK352398, Organiser: Tony Berwick, 01332 558998 Entry On Day: Senior £5.00, Junior £1.50, Student £1.50. , Punch Type: SI, Dogs: Dogs must be kept on a lead www.dvo.org.uk/			
3rd	EMOA LOG Level D	LOG Winter Series #3 , Stapleford Woods Newark Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.logonline.org.uk			
10th	EMOA LOG Level D	LOG Winter Series #4 , Lincoln City Lincoln , Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.logonline.org.uk			
11th	WMOA HOC Level C	HOC Regional Event & WMOA League 10 , Hawkbatch Bewdley , SO767780, Organiser: Charles Nelson, 01527 545030 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.harlequins.org.uk			
13th	EMOA LEI Level D	Winter League 6, see list on page 22.			
17th	EMOA LEI Level D	LEI Xmas Novelty event, Snibston Museum, Coalville			
17th	EMOA NOC Level D	NOC Night Event , Walesby Retford Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.noc-uk.org			
18th	EMOA NOC Level C	Colour Coded Event , Walesby Ollerton, Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.noc-uk.org			
18th	WMOA HOC Level D	HOC Club Championships , Hartlebury Common Stourport , Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.harlequins.org.uk			
28th	EMOA LEI Level C	LEI East Midlands League , Willesley Ashby Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.leioc.org.uk			
Januai	January 2012				
1st	EMOA LEI Level D	Winter League 7, see list on page 22.			
1st	EMOA DVO Level D	Wirksworth Urban Event , Wirksworth Wirksworth , SK260317 Organiser: Mike Godfree, Mike.Godfree@btinternet.com Entry On Day: Senior £3.00, Junior £1.00, Student £1.00. , Punch Type: None, www.dvo.org.uk/			



Janua	January 2011				
8th	EMOA NOC Level D	NOC Winter League 3 , Bevercotes Retford Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.noc-uk.org			
10th	EMOA LEI Level D	Winter League 8, see list on page 22.			
14th	EMOA LOG Level D	LOG Winter Series #5 , Chambers Farm Woods Wragby , Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.logonline.org.uk			
15th	EMOA DVO Level D	DVO Regional Event & EM League , Shining Cliff Matlock Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.dvo.org.uk/			
21st	EMOA LEI Level D	Winter League 9, see list on page 22.			
28th	EMOA LOG Level D	LOG Winter Series #6 , Sudbrooke Park Sudbrooke , Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.logonline.org.uk			
29th	EMOA LEI Level C	LEI East Midlands League , DSFC Welbeck and Beaumanor Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.leioc.org.uk			
Febru	ary 2011				
4th	EMOA NOC Level D	NOC Winter League 4 , Clifton Campus Nottingham Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.noc-uk.org			
5th	YHOA SYO Level B	SYO Regional Event , Big Moor Chesterfield, SK254754, Organiser: Brian Shaw, 01433 630467 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.southyorkshireorienteers.org.uk			
7th	EMOA LEI Level D	Winter League 10, see list on page 22.			
12th	EMOA NOC Level D	Colour Coded Event , Thieves Wood Mansfield Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.noc-uk.org			
12th	WMOA OD Level D	OD Colour-coded Event & WMOA League Coombe Park , Coombe Country Park Coventry, Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.octavian-droobers.org			
14th	EMOA LEI Level D	Winter League 11, see list on page 22.			



February 2011 cont.					
18th	WMOA HOC Level D	HOC Western Night League Event , Frith wood Ledbury , SO717395 Organiser: Mike Farrington, 01531 635502 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,			
19th	WMOA WCH Level B	WMOA CompassSport Cup & Trophy Heat , TBC TBC , Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.walton-chasers.co.uk			
25th	SWOA SARUM Level A	British Night Championships , Hamptworth Salisbury , SU235180 Organiser: Mary Nixon, mary_david_nixon@yahoo.co.uk, 01794 516298 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, www.sarumo.org.uk			
25th	EMOA LEI Level D	Winter League 12, see list on page 22.			
26th	EMOA DVO Level D	DVO Regional Event & EM League , Lindop Bakewell Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.dvo.org.uk/			
March	March 2011				
4th	EAOA SMOC Level C	SMOC Regional Event (Provisional) , Silverstone Silverstone Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None,			
4th	WOA SWOC Level B	Welsh Championships , TBC TBC Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None,			
4th	EMOA NOC Level D	NOC Winter League 5 , Haywood Oaks Mansfield Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.noc-uk.org			
4th	EMOA LOG Level D	EMOA League South Common , South Common Lincoln Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.logonline.org.uk			
11th	WMOA HOC Level A	Midlands Championships , Foxley and Garnstone Hereford , SO423471 Organiser: Anthony Clerici, 01905 26078 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: None, harlequins.org.uk			
18th	EMOA NOC Level D	Colour Coded Event , Thoresby North Mansfield, SK626675 Organiser: Paul Beresford Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, www.noc-uk.org			
25th	YHOA EBOR Level A	British Middle Distance Orienteering Championships , Srensall Com- mon York, SE652598, Organiser: Jim Harrison, 01904 761120 Entry On Day: Senior £TBC, Junior £TBC, Student £TBC., Punch Type: None, No dogs allowed. www.york2012orienteering.org.uk			



LEI Fixtures That Are A Little Different

In addition to our usual programme of Winter and East Midlands League Events, we have the following on offer this autumn and winter:

Level BEE Orienteering Races. Saturday 1st October 2011

Sharpen your decision making in a series of four races at Wistow Maze. Fast and furious with four races in a 5 hour block. Entries to Steve Edgar steve@steve.edgar.name

Fineshade - Level B Regional Event 6th November 2011.

The last LEI Level B event for 18 months. This area has not been used for a club event for two years. A wide range of courses and, for the first time at an LEI event, Short Green and Short Blue. Revised map by our award winning mapper, Don Moir.

Discounted Entries for helpers. Please contact Bob Haskins: bobh&piperdrive.org.uk

Christmas Novelty Event, Snibston Discovery Park 17th December 2011

Courses? Who knows, but according to the club web site, Santa is the planner!

Welbeck DFS and Beaumanor 29th January 2012

A EMOA League event with a difference in an area rarely (if ever) used for competitive orienteering. This may well be a one off chance to run in this area.

Full details of all these events on the LEI web site: www.leioc.org.uk



