



CompassSport Cup and Trophy Heat 12th February 2023

FINAL DETAILS (Version 9)

Leicestershire Orienteering Club welcomes you to the CompassSport Cup and Trophy Heat at Beacon Hill Country Park, in the heart of Charnwood Forest, Leicestershire.

Competing Teams.

Cup Competition	Trophy Competition
DVO	HALO
OD	LEI
	LOG
	NOC
	SMOC

Location: Beacon Hill Country Park, Leicestershire LE12 8SP

Car Parking.

Teams are allocated to a particular car park.

Club Captains are requested to let the Organiser know if their club is bringing a coach.

It would be appreciated if competitors would arrange car sharing with fellow orienteers. This would reduce pressure on parking spaces on car parks we share with the general public.

Car Parking Fee (payable on Exit) 2 to 3 hrs £4 Over 3 hrs £5.

Please do not park other than in your team's allocated car park.

Beacon Hill Upper Car Park LE12 8SP SK510145

What 3 words: flagging.sundial.vines

HALO, LEI, LOG, NOC, SMOC

Beacon Hill Lower Car Park LE12 8RW SK521148

What 3 words: body.burden.trophy

DVO, OD.

Please follow the marked route to the Assembly area by the Upper Car Park and Start (1.6km 55m climb)

Please do not deviate from this route as you will stray into the competition area.

Terrain: The higher part of the event area is mainly open heathland with a scattering of rock formations. The lower area and Felicity's and Martins Woods (which are visited by the longer courses) are mainly mature woodland, much of which is very runnable. There is also a path network on the lower part of the hill.

Previous courses can be found on [Route gadget](#).

Toilets: Adjacent to both Car Parks.

Assembly: This will be on the north side of the Upper Car Park.

Start: There is one Start, with two start kites, which is 30 m from the Assembly area

Courses (subject to final controlling)

Course No	Colour	Age	Distance	Controls	Climb
1	Brown	Men Open	7.7km	23	250m
2	Short Brown	M20- M40+	6.6km	22	230m
3	Blue Women	Women Open	5.0km	18	160m
4	Blue Men	M50+	5.0km	17	150m
5	Green Women	W20- W45+	3.9km	13	130m
6	Green Men	M60+	4.0km	14	130m
7	Veterans Short Green	M70+ W60+	2.8km	10	110m
8A	Junior Men Green	M18-	3.9km	13	130m
8B	Junior Women Short Green	W18-	2.7km	10	110m
9A	Orange Men	M14-	2.5km	10	90m
9B	Orange Women	W14-	2.6km	10	90m
10	Super Veterans Short Green	M80+ W70+	2.6km	9	100m
Non-CSC&T	Light Green	any	2.8km	12	90m
Non-CSC&T	Yellow	any	1.5km	10	70m
Non-CSC&Y	White	any	1.4km	10	50m

Entries on light green, yellow and white will be via thestartkite.uk including on the day until 11.30am subject to available maps. Assistance will be given in enquiries to these runners.

Start Layout.

Call up will be 5 minutes before start time.

- 4 check box
- 3 loose control descriptions
- 2 blank Map and safety notices
- 1

There are two start kites. You will be directed towards the appropriate start kite for your course.

Late Starts.

The Compass Sport Cup and Trophy rules require competitors to be allocated start times. Please endeavour to arrive at the start for your allocated time. Whilst every effort will be made, by the Start team, to start late arriving competitors as soon as possible, the restrictions placed on start times by the CompassSport Cup and Trophy rules may mean there is some delay.

Start Lists.

Start Lists will be posted at the start of the route from the upper Car Park to the Start and at the Start itself.

Finish. Within 100m of the upper car park.

Download will be adjacent to the Finish.

Please ensure you download even if you do not complete your course.

Course Closing.

Courses will close at 2.30pm.

Shadowing/Pairs.

Shadowing of Competitors or running in pairs is not permitted on any of the CompassSport Cup & Trophy Courses. Any competitive run must have been completed before the shadowing of competitors on the White, Yellow or Light Green

courses. It is naturally assumed that any shadower will not attempt to help any other Cup/Trophy competitor complete their run.

Club Tents.

There will be space for club tents alongside the run-in to the Finish.

Electronic Punching:

The Sportident (SI) electronic punching system will be used.

Controls will be SIAC enabled but all competitors **must** punch both the Start and Finish boxes.

Hire SI Cards for compass sport courses will be given to club captains on the day from enquiries. Those not returned will be charged to the club at £35.

Hired SI Cards must be returned to Download after a competitor's run.

In the rare situation that an SI unit or SIAC fails to give light or sound feedback, the competitor must use the pin punch provided and "punch" the map in a suitable place. Note that there are no reserve boxes printed on the map for this purpose.

Map And Control Descriptions.

1:10000 printed on waterproof paper. The map has been updated for the event.

Control Descriptions will be printed on the map and loose control descriptions will be available in the Start lanes. All competition courses will have pictorial Control Descriptions.

Stone Walls.

Stone walls **must** not be crossed except at marked crossing points. Please note that much of the stone walling has protective wire (including barbed wire) fencing making crossing the walls dangerous (as it is intended to do!)

Map Collection.

Competitor's maps will be collected and quarantined until just after the last starts (12.45pm) They may then be collected by Club Captains from Enquiries.

Entries.

Seniors £10, Juniors £5.

Entries for CompassSport Cup and Trophy Courses are via Club Captains.

Entries for White, Yellow and Light Green (Non-CompassSport Cup and Trophy Courses) are via The Start Kite: <https://thestartkite.uk/lei-CSH> and may be made up to 11.30 am on the day of the competition subject to there being maps available.

There is no entry on the day for the CompassSport Cup and Trophy Competitions.

Entry Fees for these Courses. Senior £5 Junior £3

Hire of SI Cards £1. Hire Cards are non SIAC.

Enquiries:

Will be situated close to the Start. Changes to courses and start times must be made via club captains.

A key drop and First Aid will be available at the Enquiries tent.

Café.

Beacon Hill Country Park has a café, selling light refreshments and snacks, adjacent to the lower car park.

Safety.

Beacon Hill is a very popular tourist destination and on the day of the competition is likely to be busy with visitors. Please be aware of small children running round and dogs who may or may not be on leads. There will also be horses and riders on some tracks.

The Event Officials have completed a risk assessment of the event area and whilst every effort has been made to mitigate known hazards, competitors are reminded that under the General Rules of the sport they are responsible for their own safety. Competitors are also reminded that they should only compete on courses that are within their technical and physical ability.

Competitors are reminded that they may not re-enter the competition area after their run, without the permission of the Organiser, until after course closing time.

Clothing and Bad Weather Clothing.

Torso and legs must be covered. The Organiser may require a lightweight, hooded waterproof jacket to be worn or carried if the weather is bad - if so, notices to this effect will be displayed in the car parking areas, Event Assembly Area and on the route to the Start.

The upper area of Beacon Hill is very exposed and in bad weather can be very challenging. Even if hooded waterproof jackets are not mandated, competitors should dress according to the weather conditions. Parents are reminded that children are particularly vulnerable in cold conditions.

Road Crossings

The Brown and Short Brown Courses cross (twice) a minor road. Whilst this is a country lane with limited traffic, competitors are requested to check that there are no vehicles approaching before they cross. Warning signs for competitors will be posted on the approach to the two crossing points and on the road to warn drivers.

Nearest A & E

Leicester Royal Infirmary. Infirmary Square, Leicester LE1 5WW.

Nearest Walk in Centre.

Hospital Way, Loughborough LE11 5JY.

Competitors who have any ongoing medical conditions may leave a sealed envelope at Enquiries with details of their condition in case of any accident or misfortune during the event.

Photography.

In accordance with British Orienteering O-Safe Policy and Procedures, we request that any person wishing to engage in any video, zoom or close-range photography should make themselves aware of British Orienteering policy. The Organiser reserves the right to challenge anyone who is giving cause for concern. If anyone has concerns about inappropriate or intrusive photography, they should raise them with the Organiser.

Complaints, Protests and Appeals.

In the first case the competitor should discuss any concerns with the Planner, Controller or Organiser, dependent on the problem. If this does not resolve the issue then a Complaint should be made to the Organiser via Enquiries and should be made as soon as possible after the problem is identified. The Organiser is the adjudicator.

A Protest can only be made against the Organiser's decision, in writing to the Organiser. In the event of a Protest being made the Organiser will convene a Jury.

Forms for Complaints and Protests are available in Enquiries.

Thanks.

LEI would like to thank Leicestershire County Council and the Woodland Trust for permission to use the three areas used in the event. The event team would like to thank the local rangers for their help and support.

Event Officials.

Organiser. Chris Phillips LEI onecp47@gmail.com 0780 165 3896

Planner. Steve Chafer LEI

Controller. Andy Yeates WCH

Entries Coordinator. Iain Phillips. iain@phillips4.co.uk