

Midlands Championships Host 2018



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Alan &  
Wendy  
West

# LEI NEWS

The Newsletter of the Leicestershire Orienteering Club



Retired Man Chronicles

Promoting LEI

LEI's Major and National Events

International Youth O: China



Spring 2018

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15th May, 2018**

*Front cover: Finn on Day 3 of the Scottish  
6 Days, 2017*

*Photo: andyjohnson97@ flickr*

## Points from the Editors



A belated Happy New Year to you all!

We have a slimmer edition of the newsletter this time around, but the quality of the articles remains excellent. We would whole-heartedly recommend a read of Imogen Wilson's article on her orienteering adventure to China on page 13. We, particularly, love the photo on the back page of Imogen running through a bamboo forest - not a low-growing branch nor bramble in sight!

We were also interested to read about the promotional LEI activities that Andy Portsmouth and Maureen Webb are organising - see page 11. This sounds like a great venture and we are sure they will be glad to hear from you if you are able to give a little of your time to help these promotional events run smoothly.

Due to an ongoing back injury from the JK last April, I (Wendy) am unable to run after a setback, so hope to be orienteering again soon. However, a house move 'escape to the country' style in December is keeping both of us busy and away from orienteering events at the moment, the time being taken up by DIY. Please note our new address and telephone details, which are detailed in this newsletter.

Last, but certainly not least, the deadline date to book for the annual club dinner is 31st January. If you haven't booked by this time, please talk to Roy.

Happy orienteering!

*Wendy and Alan West* 



# Ramblings from the Chair



Firstly, a slightly belated Happy New Year to everyone. I hope you are keeping up with your New Year's resolutions; or have you, like me, and after years of trying, finally given up on New Year resolutions?

The club's new year started with the Club AGM last October. As always, there are one or two changes to key personnel. Bob Haskins has stood down as Vice Chair and Stephen Chafer has taken on that role. Many thanks to Bob for all the work he has done for the club, and continues to do. As many of you will know, Bob has also previously been Club Chairman and Secretary. The plan is that Steve will take over the hot seat from me at the AGM in 2019. Laurie Fluck has indicated that he wishes to stand down from the demanding role of Permissions Secretary at the next AGM. Andy Portsmouth will be taking on that role and is understudying Laurie for the next few months. The final change is that Simon Starkey, our Maps Librarian, has, additionally, taken on the Mapping Coordinators role from me.

2018 promises to be a busy year for the club. Not only do we have the UKOL weekend in March, but we are hosting the Yvette Baker Trophy joint West and East Midlands heats at Cademan on 18<sup>th</sup> February. Please be there to cheer on our juniors as they start their defence of the 3<sup>rd</sup> Place at last year's national final.

I would be very remiss (and in trouble with both the Club Captain and the Social

Secretary) if I did not mention two other important dates in the early part of the year. Firstly, there is the club dinner and awards evening on Saturday 17<sup>th</sup> February at Kirby Muxloe Golf Club. If you have won a trophy, please ensure that you are there to receive it. The second event is the CompassSport Cup heat on Sunday 11<sup>th</sup> March. At the time of writing, the draw has not been published, but it is likely that we will compete at our "home" heat at Shouldham Warren, near Kings Lynn. As always with the CSC, everybody counts. Even if you don't score, your run can stop another club from scoring. Links for entering both events are on the club website.

Two changes that you will notice at "Forest Events" are differences to maps and control descriptions. The International Orienteering Federation (I.O.F) has introduced a new mapping specification, ISOM 17. This new specification will gradually be applied to all maps, starting with those for Major and National events. A revised set of control descriptions has also been introduced. The details are on the I.O.F website.

Finally, congratulations to Roger Edwards on his appointment as a Level A Controller. Level A officials are responsible for the Major Events - JK, British Championships, etc. Roger is the first member of the club to become a Level A controller and will probably be officiating at a major event later this year. The club now has the distinction of having 6 members who have qualified as Level A officials. The others are: Peter Hornsby and Steve Edgar as planners, and Ursula Williamson Bob Haskins and myself as organisers.

*Chris Phillips*



# Captain's Corner



Happy New Year to one and all. If you are struggling to decide on some new resolutions for the new year, I have a couple of suggestions for you:

1. Enter the CompassSport Cup (see LEI website for details).
2. Book your place at the annual club dinner.
3. Volunteer to help at the Midland Champs/ UKOL weekend.

This year, our round of the CompassSport Cup heat will be held at Shouldham Warren, near Kings Lynn, on 11th March. We need at least 25 club members to make a team. Those clubs that progress to the final are always those with the biggest teams. So, I need every club member possible to be part of the LEI team to allow us to progress to the final.

As before, the whole club is competing as a team. Our junior squad will be defending their regional champion status and trying to improve on last year's 3rd place at the final, at the regional heat of the Yvette Baker Trophy on 25th February at Cademan and Thringstone Woods. Entries online please <https://goo.gl/5qBwvP>

If you fancy trying your hand at another team event or two this year, let me know

if you are interested in taking part in the JK Relays at Easter or the BOC Relays in May. The club will subsidise 50% of your entry fee for those two relays.

Having been club captain for 6 years now, I thought I would look back on a past item in a Facebook TimeHop style and see what happened and if things have improved.

## **LEI TimeHop Spring 2013**

*"Happy New Year to all LEI members. January is a time of reflection and resolutions (along with birthday cake for those of you at the Wakerley winter league event). Reflecting on 2012, it turned out to be a very successful year for the club, with LEI gaining a 3rd place in the Joan George Trophy, a 4th Place in the Yvette Baker Trophy and a 1st place in team spirit by the parents at the Yvette Baker Trophy (as reported on the British Orienteering website). LEI have had 2 juniors - Gabriel Rawlinson & Finn Lydon - selected to represent England at the 2013 Interland Cup. 2012 also saw the introduction of our new club top from Siven Sport and the launch of the LEI Facebook page at [www.facebook.com/leioc](http://www.facebook.com/leioc) Last September, LEI members battled it out at the Club Championship for the brand new Golden Boot Trophy, with Fraser Alcock edging out Nigel Lydon on a count back. The Golden Boot is awarded for the fastest time from the last control to the finish, unlike the much coveted Clock Trophy, which is awarded for the longest time at an LEI area. The 2012 club champions were Angus*



Shedden and Alison Hardy. Sadly, at the end of 2012, we said goodbye to the Shedden family and we wish them well for the future as they start their new life in Australia. Looking forward to 2013, LEI have a full programme of activities and events from Level D to A. I am most excited about the British Sprint Championships coming to Loughborough in April which the club is hosting. No doubt the Chairman will be recruiting helpers for the BSC very soon. By the time you read this, I will have taken part in the first junior social of 2013 at Megazone and hopefully survived 30+ juniors all trying to shoot at me! Top of my Captain's wish list for 2013 is that LEI qualify for the CompassSport Cup Final at the regional heat at Fineshade Woods on 17th February. This is closely followed by the juniors repeating last year's success and once again winning their regional heat of Yvette Baker Trophy at

Swithland Woods on 18th May. Both of these inter-club competitions require a real team effort to win. Also on my list of things to achieve for 2013 is to introduce warm up suits to the club which have been designed by Siven Sport. With so many club members now appearing on various podiums around the country, I think we, as a club, should look the part."

Looking back to 2013, it seems that a lot of exciting things were happening in the club and with club members claiming top honours nationally. As a club, our junior squad has gone from strength to strength since 2013. However, we cannot afford to be complacent and rest on our laurels, as this success relies on lots of hard work by those volunteers working behind the scenes.

*Roger Phillips*

## Junior Captain's Corner



The juniors have had a very successful 2017, with a podium position in the major junior events: the Peter Palmer and the Yvette Baker Trophy final. It

was great to see, after such a good year, a high turnout of LEI juniors at the regional squad training events in preparation for success in 2018.

The EMJOS regional coaching has changed hands this Autumn and is now run by Ant Squire and Ann-Marie

Duckworth. We had two regional training days, the first focusing on the skills in our 'orientering tool box' and the second was a contour focused session at Bradgate Park. Then, we spent a weekend in the south combining a training day and the Ash Ranges event. We spent a long time on the Saturday evening going through race preparation and training, which was really helpful in understanding the importance of thorough planning and practice before a major race. Any juniors who wish to join EMJOS and run TD3/4 courses can speak to Ant or Ann-Marie about coming to a day's training to see what it is like.

The first event for the juniors this year will



be the Yvette Baker Trophy Regional Heat at Cademan Woods on Sunday 26th February. We need a good turn out to ensure a win this year, which will allow us to move onto the final, which will take place in the summer. But, before that, it's the junior social on Monday 5th February - I hope to see you all there!

Finally, make sure you know which races you need to go to for selection for various tours and events throughout the year, details of which can be found on the JROS and BOF website.

*Anna*

## Top 10 Performances from Major Championships

Congratulations to those club members who delivered winning and top 10 performances in the following major championships:

### **British Schools Score Championships 2017, Rother Valley Country Park, 14th October 2017**

#### **45 minute score - Individual Results**

Year 5 Boys	4th .... Daniel Glover
Year 6 Boys	2nd ... Ben Glover
Year 7 Girls	1st .... Daisy Rennie
	9th .... Robyn Jarvis
Year 9 Boys	1st .... Charlie Rennie
Year 12/13 Girls	2nd ... Peta Jarvis
	8th .... Jess Dring-Morris
	9th .... Imogen Wilson

### **Southern Championships, Highland Water, 5th November 2017**

W10A	4th ..... Ellen Simpson
M10B	3rd ..... Eion Simpson
M12A	4th ..... Harrington Leake
M18E	3rd ..... Ethan Tebbutt
W21E	10th ..... Toni O'Donovan

W35L	3rd ..... Liz Heaton
M40L	3rd ..... Andy Simpson
M80	6th ..... Donald Moir
S. Green	2nd ..... Chris Heaton

### **British Schools Orienteering Championships, New Beechenhurst, 19th November 2017.**

Year 5 Boys	2nd... Daniel Glover
Year 6 Boys	2nd... Ben Glover
Year 8 Girls	3rd.... Libby Barber
Year 11 Boys	8th.... Ethan Tebbutt
Year 12 Boys	10th.. James Young
Year 12 Girls	5th.... Anna Barber
	7th.... Imogen Wilson
Year 13 Girls	2nd... Jess Dring-Morris

### **2017 UK Urban League**

Yg. Junior Men	3rd.... George Rennie
Yg. Jun. Women	2nd... Daisy Rennie
Junior Men	2nd... Charlie Rennie
Women's Open	7th.... Liz Heaton
Men's Vet	3rd.... Jamie Rennie



## 2017 East Midlands Urban League

Junior Men	2nd ... Charlie Rennie
	5th .... Ben Hardy
Junior Women	9th .... Reed Lydon
Men Open	2nd ... Andy Glover
Women Open	2nd ... Liz Heaton
	5th .... Tracey Brookes
	6th .... Jess Dring-Morris
	10th .. Imogen Wilson
Veteran Men	2nd ... Jamie Rennie
	8th .... Alastair Paterson
Vet. Women	4th .... Alison Hardy
	8th .... Jane Dring-Morris
S.Vet Women	6th .... Maureen Webb
Ultravet Men	4th .... Bob Haskins
	10th .. Kevin Gallagher

## 2017 EMOA League

White Male	1st .... Felix Jarvis
	2nd ... Daniel Glover
White Female	1st .... Cerys Glover
Yellow Male	2nd ... George Rennie
	3rd .... Ben Glover
	5th .... Daniel Glover
Yellow Female	1st .... Robyn Jarvis
Orange Female	2nd ... Daisy Rennie
	4th .... Iona Moss
Lt. Gr. Female	3rd .... Helen Rennie
	5th .... Libby Barber
	6th .... Alison Glover

S. Green Male	3rd.... Kevin Gallagher
	5th.... Peter Leake
	6th.... Laurie Fluck
St. Gr. Female	6th.... Maureen Webb
	9th.... Diane Ford
Green Male	1st.... Roger Edwards
	4th.... Simon Ford
	6th.... David Anderson
	7th.... Andy Portsmouth
	10th.. Robert Bood
Green Female	5th.... Ursula Williamson
	10th.. Jane Dring-Morris
Blue Male	1st.... Chris Bosley
	3rd.... Ian Wilson
	6th.... Alastair Paterson
	7th.... John Worth
Blue Female	3rd.... Alison Hardy
	4th.... Tracey Brookes
	5th.... Liz Heaton
	6th.... Imogen Wilson
	7th.... Trish Lydon
	9th.... Jess-Dring-Morris
	10th.. Esther Revell
Brown Male	2nd... Jamie Rennie
	3rd.... Stephen Chafer
	8th.... Edward Young
	10th.. Finn Lydon
Brown Female	1st.... Julie Ferris
	4th.... Liz Heaton



# LEI's Major and National Events in 2018 and 2019

## UKOL Weekend 17 and 18<sup>th</sup> March 2018

### Irchester and Belvoir Castle

Planning, mapping and organising for both events are progressing well and all the major elements are now in place.

If you have not already volunteered to help, please contact Chris by email: [onecp47@gmail.com](mailto:onecp47@gmail.com). We need a large number of volunteers for each day. There are discounts on entry fees for helpers. Please contact Ursula Williamson by email: [ursula.williamson.orienteer@gmail.com](mailto:ursula.williamson.orienteer@gmail.com) to enter, rather than enter direct via Fabian4.

There will be a briefing, for both days, for all volunteers at 7.30pm on Monday 25<sup>th</sup> March, 2018, at Groby Community College. Given the size of these two events, it is very difficult to brief helpers on the day, so please do try to attend the briefing.

## British Sprint Championships - 14<sup>th</sup> September 2019

We are again hosting the British Sprints at Loughborough University, reprising the 2013 event. Plans are still at an early stage and further details will be available later in the year. The event will, of course, follow the BOF Competition Rules, so there will be heats in the morning with the finals being run in the afternoon.

The "sprints" is probably the most difficult of all the large events to stage and we will be looking to appoint team leaders towards the end of the summer so they are able to be fully involved in the planning and organising process.

The event officials will be:

Organisers: Bob Haskins and Chris Phillips

Lead Planner: Iain Phillips

Safety Officer: Ursula Williamson.



Don't forget to visit the LEIOC website at  
<http://www.leioc.org.uk>  
for up to the minute information on what is  
happening in your club.

## LEICESTERSHIRE ORIENTEERING CLUB ANNUAL PRESENTATION DINNER

17th February, 2018. Gather from 7.00pm. Seating at 7.45pm.  
Kirby Muxloe Golf Club, Station Road, Kirby Muxloe - 0116 239 3457

**A dress code is in operation:** No denim, t-shirts, trainers, etc. Gentlemen in jacket and tie, and ladies in suitable attire.

### First Course Choice:

Melon Cocktail

French Onion Soup

Chicken Goujons and Sweet Chilli Dip

Mushrooms in a Creamy Stilton and Garlic Sauce

### Mains Choice *(all served with seasonal vegetables):*

Boeuf en Croute

Salmon wrapped in Parma Ham

Roast Leg of Pork with trimmings

Mushroom Hazelnut Cranberry & Brie Wellington

### Choice of Desserts:

Crème Caramel

Fresh Fruit Salad

Apple & Berry Crumble

Cheese (including Stilton) and Biscuits

### Followed by:

Coffee and Mints (decaffeinated and teas available on request)

**Cost per Person** £20.00    Guests are welcome.

**Bookings should be made by 31st January, 2018, via the club online entry system at <https://goo.gl/rr8An7>**

*Dishes may include nuts, gluten and dairy products. If you have any special dietary requirements, we will accommodate them, within reason, or if you wish to be seated with somebody in particular, please note this on the online entry form.*

Payment ideally should be made directly into the Club's bank account, account number 74893286 at sort code 09-01-54, giving your name as the reference. Alternatively, a cheque may be sent to the Treasurer (Roger Edwards), made payable to Leicestershire Orienteering Club.

Any questions, please contact Roy Denney: roydenney@hotmail.com



# Club Chat

The following members have recently achieved their colour Standard:

Colour Standard	Member
Green	Peta Jarvis
Blue	Esther Revell Hugh Lachlan
Brown	Julie Ferris

In the 2017 UK Orienteering League, Individual League, the following were the top ten placed LEI members out of 2573 positions:

Liz Heaton.....	66th	.....	456 points
Andy Simpson.....	75th	.....	451points
Finn Lydon .....	80th	.....	444 points
Donald Moir .....	109th	.....	428 points
Alison Hardy .....	351st	.....	295 points
Ethan Tebbutt .....	374th	.....	288 points
Euan Tebbutt .....	558th	.....	219 points
Imogen Wilson .....	664th	.....	189 points
Roger Edwards .....	725th	.....	173 points
Chris Bosley.....	725th	.....	173 points

We would like to give a big LEI welcome to the following new members:

Alan and Jill Morris  
Di Read and Dave Denness



Congratulations to Finn Lydon (pictured on the front cover) on winning the M18 age class in the UK Orienteering League for 2017.

The following are the top ten LEI orienteers in the British Orienteering rankings as at 31st December, 2017.

Pos.	Nat. Pos.	Name	Points
1	..... 71	..... Finn Lydon	..... 8025
2	..... 121	..... Andy Simpson	..... 7900
3	..... 312	..... Euan Tebbutt	..... 7570
4	..... 370	..... Ethan Tebbutt	..... 7498
5	..... 406	..... Nick Wilson	..... 7459
6	..... 426	..... Toni O'Donovan	..... 7442
7	..... 488	..... Tom Barber	..... 7374
8	..... 536	..... Ed Young	..... 7335
9	..... 753	..... Lucy Taylor	..... 7157
10	..... 775	..... Andy Glover	..... 7138

Recent awards under the BOF Incentive Scheme have been given to:

## Racing Challenge

*Gold 5 stars:*

Harrington Leake

Robert Bood

*Bronze 5 stars:*

David Jenkinson

James Young

## Navigation Challenge

*Navigation 5 stars:*

Harrington Leake

David Jenkinson

James Young



In the 2017 UK Orienteering League (UKOL) Club League, LEI had two counting teams and these were positioned 25th and 91st out of 121 teams. The teams comprised:

**LEI (A):** Nick Wilson (M18), Imogen Wilson (M18), Ursula Williamson (W55), Euan Tebbutt (M20), Ethan Tebbutt (M16), Andy Simpson (M40), Toni O'Donovan (W35), Donald Moir (M80), Finn Lydon (M18), Liz Heaton (W35), Alison Hardy (W50), Simon Ford (M70), Julie Ferris (W50), Roger Edwards (M65) and Chris Bosley (M70).

**LEI (B):** John Worth (M50), Ernie Williams (M75), Maureen Webb (W60), Roger Phillips (M40), John Marriott (M65), Reed Lydon (W16), Peter Leake (M75), Eric Heritage (M55), Andy Glover (M35), Kevin Gallagher (M65), Jane Dring-Morris (W45), Stephen Chafer (M50), Caitlin Chafer (W16), Tom Barber (M20) and David Anderson (M75).

## Schools and Saturday League

Last year's school league is continuing for a further year. The three prize winners last summer were club members Harry, Eoin and Sophie. There are several more races in this year's programme, so there is plenty of time to complete enough events to win this year's prizes. The next event is Saturday 10<sup>th</sup> February at Hood Park.

*Roger Edwards*

## Promoting LEI

During 2017, LEI was invited by the Bradgate Park Trust to display orienteering as part of their drive to open up and increase visitors to this wonderful Leicestershire park. LEI's attendance was part of a larger event, promoting arts & crafts, music, storytelling and of course, the Park itself. The event was based at their new visitor centre and cafe, in the centre of the park. A small contingent from LEI made it through the rain to set up "Naughty Numbers" and a short orienteering course.

Unfortunately, the Heavens opened and it rained, virtually non-stop, all afternoon. Needless to say, the good people of Leicester remained firmly in their homes! Attendance was very

patchy and disappointing, but the enthusiasm of those who did come sparked an idea and an opportunity for LEI to promote orienteering further.

LEI took the idea of an orienteering-only event to the Trust's management. It seems the Trust are very open to any ideas that bring joint benefit and are happy to support our plan for a series of four Saturday (early afternoon) events during April. Apart from the Trust allowing us to hold the event, they will also help us with valuable publicity.

LEI has been allocated an area of level grassland, not too far from the Newtown Linford entrance. We have decided to use a maze (built with stakes and tape)



which will give a quick and simple introduction to navigation, with SportIdent timing. A maze will enable us to provide a couple of courses, one simple and one a little harder. All finishers will receive a 'sweetie' and we will compile a 'washing line' results system, so people can try a second (or more) time to try to beat their previous time. In addition to the maze, we are planning to provide a traditional short course for people to try. This will most likely be using control cards and a pen.

All of these activities will be offered free of charge to the public, so let your friends

know! We will be looking for some of our younger LEI members to help with this series of events, to help promote orienteering to younger people. You only need to give what time you can and we are not looking for any one person to help at all four events, although that would be great. Perhaps Mum or Dad can bring you along and they can help, too! To offer your help, please contact either Maureen Webb or Andy Portsmouth.

Further information will be published on the LEI website.

*Andy Portsmouth*



*Promoting LEI with an event for families at Bradgate Park.*

*Photo: Andy Portsmouth*



# International Youth Orienteering Camp in China - 30th November to 10th December, 2017

I was very excited when my Mum told me that my brother and I had the opportunity to take part in the 'One Belt, One Road' international youth orienteering camp in Nanjing, China. There would be teams from the Czech Republic, Norway, Sweden, UK and China, of course. The UK team consisted of 6 juniors, plus Ben Windsor as our team leader.

## My Journey

On Thursday, I rushed home from school to wait for the taxi that took me to St. Margaret's Bus Station. From there, I travelled to Heathrow, where I would meet my brother, Nick, and the rest of the team. We checked in okay and took the night flight to Shanghai (Pu Dong), where we arrived the next day at 5.00 pm Chinese time. Although it was a long journey, it meant we got time to chill and get to know everyone, including the Czech team who were also on the same flight.

On arrival in Shanghai, we were given our very distinctive red 'One Belt, One Road' sweatshirts and started our 7 hour bus journey to Nanjing, where we arrived at midnight, feeling very tired, and had to get up again at 6.00 am in time for our first day of orienteering and the opening ceremony!

## Orienteering

Although I did not find the orienteering too technical, I found the areas very interesting with regards to terrain, and the maps in general were all quite different.

The training also differed, as it was pretty much like a race every day, but that was okay because you sometimes got to run with a Chinese partner or I just made the course into a training exercise – my partner and I used map memory, for example.

I really enjoyed running with the younger Chinese juniors. Although there was a slight language barrier, they were keen and eager to learn more, and they were happy to run and navigate, with me correcting them by using exaggerated hand gestures and using the map. It was good fun! With the older Chinese juniors, like my partner, they spoke incredibly good English and you could communicate just as you would with anyone else.

## Climbing 'Yellow Mountain'

I had my first experience of a night train when we left Nanjing for Huangshanshi at midnight, after 5 days of orienteering, ending with a closing ceremony (where we were all given beautiful medals). We were in compartments of 6 bunk beds, two lots of three going up, making it terrifying being at the top and you were surrounded by people you didn't know, but that was just part of the fun.

Climbing Huangshan or 'Yellow' Mountain (1864 m, about 1000 m climb) was an incredible experience. It was a strenuous climb of steep inclining steps for about 4 hours, but once we got to the top, the boys and Ben madly decided to go for a run, while the girls decided to venture out on a walk. However, on the mountain it



got very cold, I'm certain it was -10 degrees C at one point, which may not seem the coldest, but it definitely felt that way when I forgot my gloves at the train station, where we had left our big bags at the bottom of the mountain.

At the top, and also as we were walking up and down, we were always greeted by stunning views which quite honestly took my breath away. We spent a lot of time on top of the mountain, climbing up and down different peaks and finding interesting places and sculptures. – The 'icy cliff footpath' was a favourite of mine – the name being very literal!!

### **Chinese Culture**

Everyone was so kind and friendly, and after learning that 'hello' in Chinese was 'Nǐ Hǎo' and thank you 'Xièxiè', pronounced like 'sheyshey', we ourselves were eager to make use of them in shops, restaurants and even out on the street.

One thing I didn't know was that Chinese children drink warm water instead of cold water like us, so when I was at my Chinese host family they gave me some with their amazing food and, surprisingly, it was quite nice – try some and see if you agree!

### **Chinese Food**

During the first week in Nanjing, we ate breakfast every morning in a communal eating place, where we would have tokens to order around 5 pieces of food each, a variety of sweet and savoury which we had to order by pointing, and we had no idea what we were getting, but that made it interesting and by the end we had discovered which ones we liked and disliked. We also got a cup of what seemed to be rice soup or water, which the Chinese drink for breakfast. I thought it was quite nice, despite its unusual consistency.

It was really nice that we got to eat at fairly posh places, since most of the stay in Nanjing was funded by the Nanjing Sports Bureau, and we got a wide selection of interesting dishes each evening.

I was amazed by some of the dishes - sometimes we were given whole birds and fish, it was almost scary, but some of the Chinese showed us what to do and how to eat it.

By the end of the time, I had completely mastered the art of eating with chopsticks, although I struggled for the first couple of days – but when you're only given chopsticks to eat with, well, you have to manage!

### **Sightseeing**

We spent a lot of time visiting traditional Chinese markets and shops in Nanjing, and walked through old fishing villages and bustling streets with people's washing hanging across the street, making it very atmospheric. We were given lots of freedom to explore Nanjing, a very traditional Chinese city, which I really liked a lot – it didn't seem westernised at all.

Shanghai, in comparison, felt much more westernised. We walked through the French quarter, where my friends and I finally tried a bubble waffle with mango. We also visited an incredible, traditional temple, which was just off the street, and some famous buildings like the very tall oriental pearl tower. We didn't go up the tower, but chose to explore more of the city instead. As it was our last day, we were also getting quite tired.

### **What did I enjoy most?**

The best thing about the trip was meeting so many new people from different nationalities. I loved learning about Chinese culture, which I found very



interesting. I especially enjoyed spending an evening with a Chinese family.

Furthermore, I really enjoyed orienteering in areas very different to those in England, like a bamboo forest (such an amazing experience); an orange orchard (we could literally pick oranges fresh off the trees, eating them straightaway or saving them for lunch. On the way back, we also tried some fresh honey and honeycomb from a hive, which tasted so much nicer than anything I've had before); a beautiful park with temples and little stone bridges and full of vibrantly coloured Acer trees (my favourite tree!). I also found it amusing that Chinese residents would be fascinated by us, and if we were having our photo taken, they would take photos of us, too; it was almost like having the paparazzi following us! A kind lady also gave us food to feed some birds from our hands.

### **What did I least enjoy?**

By the end of the week, we were all a little fed up with Chinese food, mostly due to it just being so different to our cuisine – I was just craving fresh fruit and a salad when I got home.

I think since there was a lot of travelling on buses when we got there, it would have been nice to have had more time to socialise with the other nationalities, although we did that anyway, but maybe in a more relaxing environment – I was very tired by the end of the week, after a non-stop schedule, with some very

early mornings.

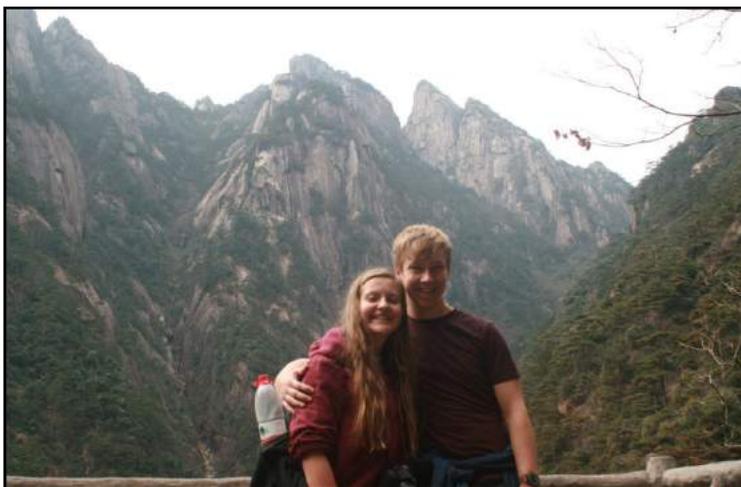
However, I will never forget the amazing memories I have made and the strong friendships I have formed, I am already planning to meet up with some of them again soon.

Finally, I would like to thank my family, friends and orienteers from LEI, EMJOS and EMOA who supported me and bought my cakes. One especially huge THANK YOU goes to Ben Windsor; without him, the trip would not have been possible. I was also immensely grateful to my friend's parents, who got me safely home again, thanks to their winter tyres, after being stuck at the airport for several hours because of the snow. At least I wasn't stranded at Heathrow for days (in some cases) like some of the other orienteers and passengers! It was quite a dramatic end to our wonderful Chinese adventure.

Thank you.

*Imogen*

*Nick and Imogen, Huangshan Mountain.  
Photo by Meg Somers*



## Out and About



A winter with more cold than of late is now behind us and it remains to be seen what the weather has done to overwintering species. A number of species are migrating north, as our average weather

warms, but winters like this one will discourage them.

For those into such things, a Cetti's Warbler was reported by Rothley Brook which, as best I can check, is as far north as they have been seen

One benefit of such a long cold spell is that, with luck, the brambles will be down for longer this year. Another was that the late autumn delayed some species of trees going into winter mode and I spent five days early in January in Cumbria, with clear skies, snow topped peaks and cold low-angle sunshine - the hillsides were aglow. Many trees still had gold through to red leaves and the brown bracken was laid out - it was as good as New England. When I set out on the Thursday, the forecast for Friday was very heavy snow, Saturday - freezing rain and Sunday - fog and drizzle. As such, I did not take a camera and it was probably the best photography weather I had seen for years. Friday through to Sunday was largely unbroken sunshine. On Saturday, there was a brief, high cloud that floated by and gave a 10 minute light snow fall high up. We were walking down Little Langdale at the time and just got a very few spots of rain, enough to make us look

up to see where it was coming from, and wonders on wonders there was a snow bow. Where was the camera?

It was, however, incredibly windy. Officially, there were gusts of up to 70 mph, but where it funnelled up the valleys we were convinced it was worse than that. One of my friends walking just off the ridge got caught in a gust and lifted off. He fell about 30 feet onto rocks and got away with a gashed leg and a few broken ribs. He managed to get down to the cottage in about two hours, but as we could not staunch the bleeding, it was Kendal walk-in centre for him and he missed dinner.

On a personal level, this was a bit of an experiment in that I am trying to get back into some walking and running. My feet were not without damage, but I managed three walks of between 6 and 8 miles, so fingers crossed. The first walk was one a good number of our members have done with me. The road to my climbing club's cottage, behind Little Langdale Tarn, is very poor these days, so once you get a vehicle in you don't readily move it. The day we arrived about 3.00 pm, we dumped the car, claimed a bed, then set off to walk the four miles over the hill to Elterwater for some sustenance. We arrived at dusk and spent a pleasant three hours there before setting off back in the dark. For those who do not know it, the first three miles is uphill on a stony track that doubles as a stream. We had modest torches and know the track, so fortified with a few beers we were confident. As it happens, we hardly used the torches. There was no moon, but starlight was so bright it was only when amongst trees we struggled.

I have not seen so many stars since trekking in the Himalayas. Where was the



camera?

Closer to home, after several meetings with the lottery board, the Charnwood Forest Regional Park has been successful in a bid for lottery money to protect and enhance the area. Funding has been provided to employ somebody to help us flesh out projects, and in 18 months' time we will get the balance of the funds for this £3.7M project. I wish to see smaller areas of access joined up

and better path networks linking them to make them useable for events. Access is a large part of the project, but also is protection of the environment and ecology of the area, so we want to spread out the visitors more. Amongst the schemes we are working on, there will be an off road footway between Beacon and the Outwoods.

*Roy Denney*

## Retired Man Chronicles: Some Things Never Change

The friendly rivalry between Chris B, Roger E and Retired Man continues, and in October I find the radio playing really loudly, but RM is fast asleep, He has returned from Sutton Park, where he was beaten by Chris B, but then smiles as he reports that Chris was disqualified as the dibber did not register his visit to a particular control.

The next evening John is running an O event at the Monday night juniors' club. He has set them the challenge to find particular trees to practise their compass work. It all happens in the dark, of course, with an unusual map: just trees.

Another unusual map is that of Shoal Hill, which John visits instead of 'boring' Burrough on the Hill. The Shoal Hill map has the orienteering area on a background of blue, making it look like a paradise island of orienteering controls set in a warm blue sea.

Half term in October and RM has had to run 5 loops of Western Park to achieve sufficient course length, yet his report to me is not about the orienteering, but of the après O conversations of getting old - hair falling out and needing false teeth.

However, on New Year's Day, RM discovers the answer to staying young. Chris B and RM take part in the score event in Cannock Chase at Hednesford Camp, where they bump into Phil Broadhead, age 91, a former LEI member. Phil's secret to a long life is to 'spend every day dancing'. Just for the record, Chris found 21 controls in the time allowed and RM only 19.

RM enjoys Thursday night O club, trying to keep the body fit and the brain active, and has tried Pilates for the first time, learned about 'thinking' under stress; 2 add 2 equals 4 is quick and easy but 17x 22 takes more thinking time and nimbly stepping between the rungs of a 'ladder'. But, oh dear, on a 20 control night O around Glenfield, his head hit a low branch and he tumbled over. Then, trying to be smart and save time, he crossed the road without using the tunnel crossing point and was disqualified for missing out the control at the tunnel.

RM was a little mixed up about the Halloween theme for club night and turned up wearing a long sleeved, black dress with the body and arms of a



skeleton printed on it in white. It has no legs. But, as in Bridget Jones' Diary, no one else has dressed up in a costume. However, Derek has a Halloween theme to the orienteering around the sports field, with pictures of witches, cats and pumpkins swapped for medicine balls. Spooky RM is tempted to scare 2 unknown girls having a secret smoke near the sports field, and is wondering if the costume would look better if it had legs? Should he take his trousers off? Would he get arrested? (I used the skeleton dress as a prop for a Brownies play about discovering the skeleton of King Richard III.) Pride is restored at the O quiz night at Glenfield when his team come second.

In the October edition of the CompassSport Magazine, there is a photo showing the busy start to JK 2014 in Merthyr Tydfil and RM is amongst other runners. We enjoy the cryptic clues crossword in CompassSport. Cryptic clues often involving re-arranging letters and using abbreviations - It is fun, but taxing; for example 'left mapper at Tower confused 'is L OS T and the answer to 'Rocks confused Lars after pit' is at the end of this article. Later in October, the postman brings an envelope containing John's prize for the cryptic crossword: 4 pin-less number fasteners, rather like white plastic press studs, with a running man and compass design,

When RM went to a new area that incorporates Newstead, he returns with strange photos of life-size, plastic children in school uniforms standing at the roadside. They are to draw a motorist's attention to the nearby school. At first, they look authentic, but would real children stand on their own at regular intervals? None of the plastic children has a school backpack or lunchbox and, more amazingly, not one of them is using a mobile phone.

In November, RM returns from Wormley and Chigwell, where he forgot which control he was aiming for and needed to relocate using a fence when he saw camels. Camels? Yes, camels in nearby Paradise Park. I enquire if the camels had one hump or two. 'Two' was the answer and I spend the rest of the day humming the campfire song 'Alice the Camel', where the ten humped camel gradually loses its humps - 10, 9, 8, etc. to become a no hump camel and now 'Alice is a horse'.

RM has returned home from The Outwoods cold, wet and hungry. He was upset that no one went to the pub (or so he thought) and needs hot food and a hot bath before I hear about Chris B. Chris had lost his phone and they had searched unsuccessfully for it before returning to Chris's car to find it would not start and jump leads were needed. But, there was happier news the next day when Chris retraced his route and found his phone.

A few days later, Roy has organised a pre-Xmas get together in Shepshed at The Black Swan, We were a bit squashed sitting around the edges of a square sided room cluttered with books, ornaments, paintings and prints, with no particular theme, and small, low-level tables with bases of old sherry and port barrels, It was a real old-fashioned pub. Ernie was last to arrive, clutching a handful of his excellent handmade Xmas cards. Time for me to catch up with people I have not seen for ages. While Rachel was out of the room, Dave Toach used her phone to take photos of the orienteers. I'm sure Rachel would have laughed when she viewed the images of orienteers pulling ugly faces,

On a very cold evening, RM ran a session at South Charnwood School to show people how radio orienteering works. He is determined to find new



recruits.

Radio O 'down south' was his destination when he left the house early, but returned a short while later for his forgotten wallet. (RM had just learned that his lost dibber had been found in Sue B's car.) Unfortunately, his wallet had no money in it, and 'Chocolate Man' helped out with some cash. His event was spoilt by a faulty radio, which intermittently stopped working as a metal strip was able to wobble about.

His wallet does contain money and credit cards when we visit the Badger's Sett in Cropston for our wedding anniversary lunch. The food was excellent, the waitress very helpful and RM has a voucher for half price food. The waitress prepares the bill, but RM has forgotten to hand in the voucher. The waitress is going to make out a second bill and mentions that a tip can be added to the credit card bill. RM goes ahead but, oh dear, he has added too many noughts and the waitress is about to get a £500 bonus. The third attempt is correct.

RM has been proudly wearing his 'STOP HS2' tee shirt in his campaign against the appalling waste of money that this railway represents. Money is being spent to promote/bribe? residents, teachers and councillors to back the scheme; for instance an evening meeting in Measham cost £10,000 for 20 staff. He has talked to people with media connections at the Hospital Club, near Drury Lane, London, and been interviewed by a freelance radio reporter in the back of the car after the Sence Valley night O evening.

In late September, we posted the official online petition against HS2 on to Facebook, and soon afterwards various orienteers signed up. RM was keen to watch the numbers rise. He now has a group of 'followers' who pass on the latest scandals that concern HS2. At a

talk about the geology of the land for HS2, the speaker was concerned that the railway was planned to cross areas where there have been 'tulip' style mines and to cross land with unknown problems, as the land has never been geologically surveyed. The online petition against HS2, set up by Joe Rukin, so far has reached 24,000 plus supporters.

As I write these RM chronicles, the mega company Carillion (previous incarnation as Tarmac) was destined to build much of HS2, but is to go into liquidation.

At the moment, John is skiing with a large party that includes Chris B and Andrew Middleton. He has not been skiing for 2 years, since the accident to his arm, and hopefully his left hand is strong enough to hold his ski pole.

Pre-ski holiday exercises are a good idea and when RM wakes with the alarm, he asks our bedroom 'Alexa' for a 7 minute workout, then lies in bed while she times him supposedly doing a minute of Star-jumps and then a minute of wall sits, etc. "This is an easy way to work out," he says, pulling the covers closer and snuggling down.

Why does last minute packing for his skiing holiday never go smoothly? It is midnight and RM has to remove the sink trap to find a piece of his razor that disappeared down the plughole. He has not packed the jeans with the burn mark close to 'the crown jewels'. RM explains this as 'a slight accident with a blow torch' while plumbing in a washing machine. Some things never change!

*Irene Marriott*

Cryptic answer MINE RALS



# Winter League Table (abbreviated)

## Current Positions as at 19/01/2018

Pos	Name	Club	Class	Best 6	Handicap	Events	Total
1	John Marriott	LEI	M65	306	391	5	391
2	Edward Young	LEI	M45	347	389	4	389
3	Andis Ozols	DVO	M35	337	351	4	351
4	David Seaman	LEI	M45	289	323	5	323
5	Ethan Tebbutt	LEI	M16	284	318	3	318
6	Barbara Tebbutt	LEI	W50	242	291	4	291
7	Andy Portsmouth	LEI	M60	214	265	4	265
8	Chris Bosley	LEI	M70	191	252	4	252
9	Peter Hornsby	LEI	M60	200	248	3	248
10	Kevin Gallagher	LEI	M65	188	240	3	240
11	Liz Heaton	LEI	W35	206	223	3	223
12	Philip Vokes	LUOC	M21	218	218	2	218
13	Alistair Thornton	LUOC	M21	210	210	2	210
14	Kevin Bradley	LEI	M60	166	205	3	205
15	Simon Ford	LEI	M70	151	199	3	199
16	Tom Hartland	DVO	M40	167	180	2	180
17	Roger Phillips	LEI	M40	159	171	2	171
18	Roger Edwards	LEI	M65	134	171	2	171
19	Peter Chick	LEI	M70	119	157	3	157
20	Derek Herd	LEI	M45	139	155	2	155
21	Hugh Lachlan	LEI	M50	132	153	2	153
22	Helen Chiswell	DVO	W40	132	148	2	148
23	Alastair Paterson	LEI	M50	121	141	2	141
24	Jim Smith	LEI	M65	107	137	2	137
25	Ursula Williamson	LEI	W55	97	120	3	120
26	Steve Edgar	LEI	M50	95	110	2	110
27	Bob Haskins	LEI	M65	81	104	2	104



# Summer League 2018

The fixtures are listed on the following pages. The events are informal, usually with a social element. Weekday starts are staggered from 6.30pm to 7.30pm - courses close at 8.30pm. (These times may be advanced by 30 minutes at either end of the season.) For details of the event type, i.e. score, classic or sprint, check on the LEIOC website.

Competitive events will use SI electronic punching (£1 hire).

Entry fees: Adults £4.50, Juniors £1.50

For results, please see [www.leioc.org.uk](http://www.leioc.org.uk).

Please confirm arrangements, either with the organiser or league coordinator. League scores are on standard handicaps, giving everyone a chance of success in the league if they perform as well as their age would suggest they should. Overall, it is the best 10 events to count with a sub league of sprint/urban events, with the best 4 counting. All events include a technical course. There will always be an introductory level course for novices and young children, and where practical an intermediate standard course.

## Fixtures

This fixture list is intended to list events in and around the Midlands and neighbouring areas, plus other items likely to be of interest. Unless otherwise stated, local (D) and regional (C) events offer entry on the day (EOD) to a range of colour-coded courses, with start times from 10.30am to 12.30pm. Local events will only have a limited range of courses. National (B) and major (A) events provide a range of age-related courses and are normally entered in advance online. EOD will usually be limited and more expensive. Most will offer a limited number of colour-coded courses for EOD. The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration data, but events are sometimes cancelled. If you are uncertain as to whether an event will take place, check with the organiser, check on [www.leioc.org.uk](http://www.leioc.org.uk) or check on [www.britisshorienteering.org.uk](http://www.britisshorienteering.org.uk). The editors take no responsibility for wasted journeys!

### EVENT STRUCTURE IN FIXTURE LISTS

- Local (level D) = relatively low-cost events providing local competition and aimed at increasing participation.
- Regional (level C) = events providing a wider variety of venues and competitors.
- National (level B) = events providing opportunities for more experienced competitors, giving a wider variety of terrain and competition for those who are prepared to travel longer distances. Major (level A) = major UK events, the best that orienteering can offer.



<b>February 2018</b>		
4th	LOG EMOA Regional C	East Midlands League 2018, Lincoln South Common, Lincoln, <a href="#">SK977698</a> Entry times: Register 10am to 12noon Starts 10.30 to 1.30 Course closes at 2pm . No dogs allowed. Organiser: Sean Harrington
10th	LEI EMOA Local D	<b>Saturday League, Hood Park Leisure Centre, Ashby, <a href="#">SK359170</a></b> <b>Entry times: 1.30pm - 2.30pm. Dogs: On lead.</b> <b>Organiser: Peter Hornsby , ashbymapping@gmail.com</b>
11th	NOC EMOA Regional C	East Midlands League 2018, Bestwood Country Park, Nottingham, <a href="#">SK566473</a> Organiser: Andrew Breakwell , org20180211@noc-uk.org
14th	LEI EMOA Local D	<b>LEI Winter League 8, Beacon Hill, Loughborough.</b> <b>SK521148. Entry times: 11.00am to 12noon. Organiser</b> <b>Maureen Webb, maureen808512@gmail.com.</b>
24th	SBOC WOA Major A	British Night Championships (UKOL), Merthyr Mawr Warren and Woods, Bridgend, <a href="#">SS872772</a> Organiser: Nick Silk , nick@bnc2018.uk <a href="http://www.bnc2018.uk">www.bnc2018.uk</a>
25th	SWOC WOA National B	BNC Weekend National Event (UKOL) and Welsh League, Pembrey Forest, Burrows and Country Park, Llanelli, <a href="#">SN410006</a> Organiser: Allan Lasky , allan@bnc2018.uk , 01554 770239
25th	LEI EMOA Regional C	<b>East Midlands League 2018 &amp; Regional YBT Heat, Cademan, Ashby, <a href="#">SK440181</a></b> <b>Entry times: 10.00 am to 12.00 noon. Dogs: On Lead.</b> <b>Organiser: Laurie Fluck , l.fluck@btinternet.com <a href="http://www.leioc.org.uk">www.leioc.org.uk</a></b>
<b>March 2018</b>		
3rd	LEI EMOA Local D	<b>Saturday League, Hermitage Leisure Centre, Leicester, <a href="#">SK434157</a></b> <b>Entry times: 1.30pm - 2.30pm. Dogs: On lead.</b> <b>Organiser: Roger Edwards , rwmhedwards@gmail.com</b>
4th	DVO EMOA Regional C	East Midlands League 2018, Linacre, Chesterfield, <a href="#">SK340732</a> Entry times: 10:30 - 12:30. Organiser: Jonathan Cundill <a href="http://www.dvo.org.uk">www.dvo.org.uk</a>
11th	EAOA	Compass Sport Cup Heat, Shouldham Warren, Kings Lynn
17th	LEI EMOA National B	<b>Midlands Championships Weekend Middle Distance Event (UKOL),</b> <b>Irchester Country Park, Wellingborough. SP911658. Dogs: On lead</b> <b>Organiser: Wendy West, alanpeterwest@gmail.com</b>
18th	LEI EMOA Major A	<b>Midlands Championships (UKOL), Belvoir Castle and Estate,</b> <b>Grantham. Dogs: On lead. Organiser: Ursula Williamson,</b> <b>ursula.williamson.orienteer@gmail.com. 01509 412132</b>



<b>March 2018</b>		
20th	LEI EMOA Local D	<b>NW Leicestershire Primary Schools Championships, Donisthorpe, Ashby de la Zouch, <a href="#">SK314181</a> No dogs allowed. Organiser: Roger Edwards , <a href="mailto:rwmhedwards@gmail.com">rwmhedwards@gmail.com</a> , 0116 2127547</b>
25th	NOC EMOA Regional C	East Midlands League 2018, Byron's Walk Nottingham, SK513528
30th	WMOA Major A	Jan Kjellstrom Orienteering Festival - Sprint (UKOL), MOD Stafford, Stafford Organiser: Douglas Craig <a href="http://www.thejk.org.uk">www.thejk.org.uk</a>
30th	WMOA National B	Jan Kjellstrom Orienteering Festival - Temp-O, MOD Stafford, Stafford Organiser: Graham Urquhart <a href="http://www.thejk.org.uk">www.thejk.org.uk</a>
31st	WMOA Major A	JK Day 1 (UKOL) Middle Distance. Brereton Spurs, West Midlands
<b>April 2018</b>		
1st	WMOA Major A	Jan Kjellstrom Orienteering Festival Individual 2 (UKOL), Beadesert/ Brereton Hayes, Stafford. Dogs: Dogs are not allowed in the arena. Dogs are allowed on leads in the car park. Organiser: Brenda Morgan
1st	WMOA National B	Jan Kjellstrom Orienteering Festival - Pre-O, Beadesert/Brereton Hayes, Rugeley Organiser: Graham Urquhart <a href="http://www.thejk.org.uk">www.thejk.org.uk</a>
2nd	WMOA Major A	Jan Kjellstrom Orienteering Festival Relays, Beadesert, Stafford No dogs allowed. Organiser: Lesley Brown <a href="http://www.thejk.org.uk">www.thejk.org.uk</a>
14th	LOC NWOA National B	LOC April Weekend National Level Middle Distance, Graythwaite East, Hawkshead Organiser: Norman French <a href="http://www.lakeland-orienteeing.org.uk/events">www.lakeland-orienteeing.org.uk/events</a>
15th	DVO EMOA Regional C	East Midlands League 2018, Pleasley Park Bolsover SK515650 Entry times 10.30—12.30. Organiser: Val Johnson
15th	LOC NWOA National B	LOC April Weekend National Level Long Distance, Lingmoor, Ambleside Organiser: Gill Browne <a href="http://www.lakeland-orienteeing.org.uk/events">www.lakeland-orienteeing.org.uk/events</a>
15th	TVOC SCOA National B	TVOC Chiltern Challenge, Great Hampden, High Wycombe. Organiser: John Dalton
21st	HALO YHOA National B	Northern Champs Weekend - Urban Event (UKOL), Thirsk Organiser: Kenneth Hutson , <a href="mailto:ken.hutson@gmail.com">ken.hutson@gmail.com</a> , 01482 632 529



<b>April 2018</b>		
22nd	EBOR YHOA Major A	Northern Championships (UKOL) Wass, Thirsk. Organiser: Mike Ridealgh
22nd	LEI EMOA Regional C	East Midlands League, Castle Hill Organiser: Jane Dring-Morris, <a href="mailto:janedringmorris@gmail.com">janedringmorris@gmail.com</a>
24th	LEI EMOA Local D	LEI Summer League 1, Watermead, Leciester, SK602083 Organiser: Roger Edwards <a href="mailto:rwmhedwards@gmail.com">rwmhedwards@gmail.com</a>
28th	LEI EMOA Local D	Saturday League, Donisthorpe Woodland Centre, Ashby, <a href="http://www.leioc.org.uk">SK318141</a> Entry times: 1.30pm - 2.30pm. Dogs: On lead. Organiser: Peter Hornsby , <a href="mailto:ashbymapping@gmail.com">ashbymapping@gmail.com</a>
29th	NOC EMOA Regional C	East Midlands Urban League 2018, Southwell.
<b>May 2018</b>		
2nd	LEI EMOA Local D	LEI Summer League 2, Burbage Common, Leicester, <a href="http://www.leioc.org.uk">SP447953</a> Organiser: Robert Haskins
6th	BOK SWOA National B	BOK Trot, New Beechenhurst East, Cinderford SO622151 Organiser: John Parfitt
10th	LEI EMOA Local D	LEI Summer League 3, Sence Valley, Ashby, <a href="http://www.leioc.org.uk">SK404113</a> Organiser: Peter Hornsby
15th	LEI EMOA Local D	LEI Summer League 4, Outwoods, Loughborough, <a href="http://www.leioc.org.uk">SK514159</a> Organiser: John Marriott
19th	MAROC SOA Major A	British Orienteering Championships (UKOL) Balmoral, Braemar
20th	MAROC SOA Major A	British Relay Championships (UKOL) Torphantrick, Ballater
23rd	LEI EMOA Local D	LEI Summer League 5 and World Orienteering Day Event, Conkers Waterside and Sarah's Wood, Ashby, <a href="http://www.leioc.org.uk">SK309156</a> Organiser: Simon Starkey



<b>May 2018 Cont.</b>		
26th	INVOC	Scottish Championships Individual (UKOL), Achagour & Dulsie, Inverness-Nairn. <a href="https://www.scottish-orienteering.org/championships/scottish-championships-2018">https://www.scottish-orienteering.org/championships/scottish-championships-2018</a>
27th	DEVON SOA National B	Tamar Triple (UKOL), Braunton Burrows, Barnstaple
28th	DEVON SOA National B	Tamar Triple (UKOL), Braunton Burrows, Barnstaple
31st	LEI EMOA	<b>LEI Summer League 6, Wakerley Great Wood, Leicester, <a href="#">SP960987</a></b> <b>Organiser: Chris Phillips</b>
<b>June 2018</b>		
2nd	AIRE YHOA National B	The Dales Town and Country Weekend / YHOA Superleague, Kilnsey South, Skipton
4th	LEI EMOA Local D	<b>LEI Summer League 7, Bradgate Park, Leicester</b> <b>Organiser: Chris Bosley</b>
9th	NATO NEOA National B	British Mixed Sprint Relay, Pegswood, Morpeth, <a href="#">NZ230877</a>
10th	LEI EMOA Regional C	<b>East Midlands Urban League 2018, Quorn, Loughborough</b>
13th	LEI EMOA Local D	<b>LEI Summer League 8, Brock's Hill, Leicester, <a href="#">SP619997</a></b> <b>Organiser: Iain Phillips</b>
17th	DVO EMOA Regional C	East Midlands League 2018, Stanton Moor, Birchover, <a href="#">SK241622</a> Entry times: 10:30 - 12:30.
21st	LEI EMOA Local D	<b>LEI Summer League 9, Burrough Hill, Leicester, <a href="#">SK766114</a></b>
23rd	LEI EMOA Local D	<b>Saturday League, Hick's Lodge Cycle Centre, Ashby, <a href="#">SK328156</a></b> <b>Entry times: 1.30pm - 2.30pm. Dogs: On lead.</b> <b>Organiser: Roger Edwards , <a href="mailto:rwmhedwards@gmail.com">rwmhedwards@gmail.com</a></b>



## June 2018 Cont.

24th	LOG EMOA Regional C	East Midlands Urban League 2018, Skegness Town, Skegness Entry times: 10am-12pm. Dogs allowed. Organiser: Sean Harrington , sean@logonline.org.uk
24th	SO SEOA National B	Harvester Relays, Tilgate Forest, Crawley
26th	LEI EMOA Local D	<b>LEI Summer League 10, Oadby Beauchamp School, Leicester,</b> <a href="#">SP627993</a>

## July 2018

1st	HOC WMOA National B	Yvette Baker Trophy Final, Arrow Valley Park, Redditch Organiser: Penny Hemsted
4th	LEI EMOA Local D	<b>LEI Summer League 11, Swithland Woods, Loughborough,</b> <a href="#">SK537118</a> <b>Organiser: Alastair Paterson</b>
12th	LEI EMOA Local D	<b>LEI Summer League 12, Oakham School, Oakham,</b> <a href="#">SK860091</a> <b>Organiser: Dave Denness</b>
17th	LEI EMOA Local D	<b>LEI Summer League 13, Hanging Hill, Ashby</b> <b>Organiser: Steve Edgar</b>
25th	LEI EMOA Local D	<b>LEI Summer League 14, Foxton Locks, Leicester,</b> <a href="#">SP691897</a> <b>Organiser: Simon Ford , si.ford1943@btinternet.com</b>
29th	NWOA National B	Lakes 5 Day 1 (UKOL), Silver Howe, Ambleside
30th	NWOA National B	Lakes 5 Day 2, Angle Tarn Pikes, Patterdale
31st	NWOA National B	Lakes 5 Day 3, Harrop Tarn, Keswick



<b>August 2018</b>		
2nd	NWOA National B	Lakes 5 Day 4, Askham Fell, Pooley Bridge
2nd	LEI EMOA Local D	LEI Summer League 15, Anstey Urban, Leicester, <a href="#">SK550086</a> Organiser: Jane Dring-Morris
3rd	LOC NWOA National B	Lakes 5 Day 5 Middle Distance Event (UKOL), Graythwaite West, Hawkshead <a href="http://www.lakeland-orienteeing.org.uk/events">www.lakeland-orienteeing.org.uk/events</a>
7th	LEI EMOA Local D	LEI Summer League 16, Martinshaw Woods, Leicester Organiser: Derek Herd
12th	LEI EMOA Local D	LEI Summer League 17 and LEI Score Cup, Beacon Hill, Leicester, <a href="#">SK521148</a> Organiser: Andy Portsmouth
15th	LEI EMOA Local D	LEI Summer League 18, Glenfield Urban, Leicester, <a href="#">SK539059</a> Organiser: Roger Phillips
19th	LOG EMOA Regional C	East Midlands Urban League 2018, Lincoln City, Lincoln Organiser: Sean Harrington
22nd	LEI EMOA Local D	LEI Summer League 19 Final and Presentations, Aylestone Meadows, Leicester, <a href="#">SK573014</a> Organiser: Steve Chafer
25/26th	EBOR YHOA	White Rose and YHOA Superleague, Duncombe Park, Helmsley

## Club and Activity Nights

Monday night: South Charnwood College, Contact Birthe Richter-Wilson  
[B.Richter-Wilson@lboro.ac.uk](mailto:B.Richter-Wilson@lboro.ac.uk)

Wednesday night: Ivanhoe Community College, Ashby De La Zouch. Contact Peter Hornsby [ashbymapping@gmail.com](mailto:ashbymapping@gmail.com)

Thursday night: Glenfield Sports Ground, Gynsill Lane, Glenfield. Contact Derek Herd [Derek@herd.kiwi](mailto:Derek@herd.kiwi)



## September 2018

1st	SWOA Major A	British Sprint Championships (UKOL), Bath University, Bath, <a href="#">ST773644</a> Organiser: Christine Vince , christine.vince2@btinternet.com
2nd	SWOA Major A	British Middle Championships (UKOL), Stock Hill, Wells, <a href="#">ST548511</a> Organiser: Christine Vince , christine.vince2@btinternet.com
8th	PFO NWOA National B	Senior Home Internationals Individual, Hurstwood, North West
9th	National	Peter Palmer Junior Team Relay, tbc
9th	PFO NWOA National B	Senior Home Internationals Relays, Hurstwood, North West
15th	SLOW SEOA National B	SLOW City of London Race, London
16th	NOC EMOA Regional C	East Midlands Urban League 2018, TBC, Nottingham
22nd	SARUM SWOA National B	Caddihoe Day 1, tbc
23rd	SARUM SWOA National B	Caddihoe Day 2, tbc
29th	DVO EMOA National B	Junior Inter Regional Championships Individual , Chatsworth, tbc Organiser: Ann-Marie Duckworth
29th	SWOC WOA National B	Veteran Home Internationals Individual and Welsh League, Pwll Du, Blaenavon Organiser: Kate Balmond
30th	DVO EMOA National B	Junior Inter Regional Championships Relays, Carsington Pastures, tbc Organiser: Viv Macdonald
30th	DVO EMOA Regional C	EM Score Championships 2018, Carsington Pastures, Matlock Entry times: 14:00. Organiser: Viv Macdonald <a href="#">dvo.org.uk</a>



<b>October 2018</b>		
6th	STAG SOA National B	Junior Home Internationals Individual, Errochty, Pitlochry, <a href="#">NN767637</a> Organiser: Terry O'Brien
6th	DEE NWOA National B	Liverpool Big Weekend Day 1 Formby Dunes (UKOL), Formby Dunes, Formby <a href="https://liverpoolbigweekend.wordpress.com">https://liverpoolbigweekend.wordpress.com</a>
7th	<b>LEI EMOA Regional C</b>	<b>East Midlands Urban League 2018, Shepshed, Loughborough</b>
7th	ESOC SOA National B	Junior Home Internationals Relays, Bonskeid, Pitlochry Organiser: Margaret Dagleish
7th	SELOC NWOA National B	Liverpool Big Weekend Urban Event (UKOL), Liverpool University, Liverpool <a href="http://deeside-orienteering-club.org.uk/events/club+events.htm">deeside-orienteering-club.org.uk/events/club+events.htm</a>
13th	WIM SWOA National B	British Schools Score Championships, Moors Valley Country Park, Bournemouth
13th	CLOK NEOA National B	October Odyssey day 1, Sneaton, Whitby
14th	DVO EMOA Regional C	East Midlands League 2018, Grangewood, Swadincote <a href="http://dvo.org.uk">dvo.org.uk</a>
14th	CLOK NEOA National B	October Odyssey day 2, Fylingdales, Whitby
21st	WCH WMOA	Compass Sport Cup Final, West Midlands
<b>November 2018</b>		
4th	NOC EMOA Regional C	East Midlands League 2018, TBC, Nottingham
18th	SELOC NWOA National B	British Schools Orienteering Championships, tbc



# Photo Gallery: Imogen and Nick at the International Youth Orienteering Camp



*Photographs  
taken by  
Imogen and  
Meg.*

*Imogen and Nick relaxing in a park in Nanjing after the orienteering.*

*Imogen running through a bamboo forest.*

