

# LEI News

editor - john cooke

The Newsletter of the Leicestershire Orienteering Club

## Ramblings from the Chair

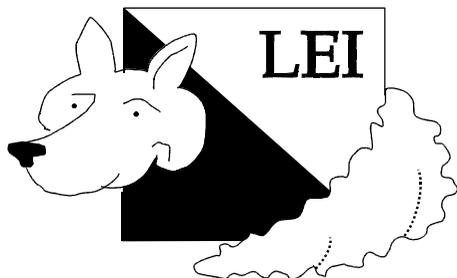


Surfing the British Orienteering web site recently an item regarding the World Championships

middle distance race caught my attention. Apparently a number of the British team had recorded slow times due to poor visibility in the mist. If they had trained at LEI's summer league this year they could have practised in all the mist, rain, and thunderstorms they wanted. So much for running in sun dappled forests on a balmy summer evening! I suppose the next time I get lost at Willesley in the pouring rain I can blame it on "poor visibility"

The item on the Middle Distance race caught my eye for a second reason. We have been invited to stage the British Middle Distance Championships in 2009. Subject to finalising access agreements

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**Copy date  
for next issue  
15th January**

## Annual Presentation Dinner



The annual presentation dinner will be held once again this year at the Forest Hill Golf Club at Botcheston. This has been the venue for this event for several years now and we have always been well looked after there.

The evening's menu is shown on the facing page. A booking form for the dinner is included with this newsletter and should be returned to our Social Secretary Roy Denney before **October 31st** to allow him to advise the golf club of our requirements.



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they will be held at Cademan and Thringstone Woods on the 10<sup>th</sup> May 2009. This does mean that the area is now embargoed for all orienteering activities until then.

Coming up this autumn we have a number of dates for your diary. The Development Team are putting on a series of events in the city parks on Saturday mornings aimed at the novice and younger orienteer. We shall also be staging three C4 (colour coded events). Please note that the date of the Willesley event has changed to avoid clashing with the UK Cities Cup event at Warwick.

Two other important dates, which are covered elsewhere in the newsletter, are the Annual Dinner and Presentation Evening and the AGM. Please do come along to the AGM. Its not that boring, there is some food and a bar and more importantly after the formal business a chance to ask questions and make your views known to the officers and committee.

By the time you read this you may well have had an invite from British Orienteering to an EGM and conference day on the changing pattern of orienteering events. Members of the committee and myself will be formally representing the club. We have already had some insight to the changes that are being proposed and have considered how they will affect the club. At this stage of the discussions it is our view they will benefit the club and make it easier for us to stage events.

Your committee has recently been discussing the club's long term development plan. One of the outcomes of these discussions, and a reflection of the changes that we are expecting to happen to the events structure, is that the post of Summer League Co-ordinator has been changed to Minor Events Co-ordinator with the remit of overseeing, with the help of a small group, the whole of our C5 programme which now plays such an important part in our events programme.

*Chris Phillips*

**Presentation Dinner 7.00 for 7.30**

**10th November 2007**

**Forest Hill Golf Club, Botcheston**

Chef's Home-made Broccoli & Stilton Soup served with a Crusty Roll (V)  
Fan of Melon served with Seasonal Fruits & drizzled with Mango Coulis (V)

Traditional Prawn Cocktail with a Smoked Salmon Surprise

Breaded Chicken Fillets on a bed of leaves accompanied by Sweet Chilli Dip

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Roast Beef with Yorkshire puddings

Traditional Roast Turkey with all the Trimmings

Poached Salmon with hollandaise sauce

Cherry tomato and red onion tart

All served with seasonal vegetables and Chefs choice potatoes

~~~~~

Apple Crumble and Homemade Custard

Luxury exotic fruit cheese cake served with whiskey whipped cream

Individual chocolate ice cream Pavlova

Cheese and Biscuits

~~~~~

Coffee and Mints

**£18.00 per person.**

# Club News

## Top Cop

**Jim Saville**, representing Leicestershire Police, took first place in the Men's Veteran class of the 2007 Police Sport UK Orienteering Championships. These were held on Monday 5th March 2007 at Park End in the Forest of Dean, Gloucestershire. Jim has finished second in this event for the past two years so must be very pleased to hit top spot. Well done Jim!!

*(Thanks to Mark Foxwell for unearthing this little nugget of information for LEI News)*

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## 2008/9 Membership fees



The new national membership scheme expects all club members to pay their subscription in advance. BOF collects most of our club subscriptions and passes them to us. The new administrative timetable means we have to inform BOF of the next year's fees before the AGM. To avoid a problem next year we intend to set subscriptions over a year in advance. So at this year's AGM you will need to agree fees for two years rather than the normal one.

The Membership fees from 2008 are recommended to be

- ◆ Senior & Family £4 Junior £1 and Group £10.
- ◆ Correspondent members £4 Local Groups £10

- ◆ The membership fees for 2009 are the same as 2008

BOF fees have increased by 10% so that most National Senior members will pay £22.50.

*Roger Edwards*

**2008 subscriptions will be collected by British Orienteering for all current members. Renewal forms will be included in the September edition of Focus.**

## LEI Christmas Novelty Event

**Saturday 15th December 2007**

**Organised & planned by Santa and his (not so) little helpers**

**Seniors £5.00 Juniors £2.00**

**Including post event refreshments in the club house**

**Venue: Forest Hill Golf Club [SK481065](#)**

**Mass start 11.00am**

**The event is restricted to LEI members and their guests**

## Club 'O' kit

**We would like to place an order for new 'O' tops but we need to have a rough idea of sizes and numbers.**

**Unfortunately the different manufacturers don't seem to be consistent in their use of Small, Medium and Large. Therefore we need to know chest size as measured at armpit level.**

**We would also be interested to know if women's fitting (if possible) and children's sizes are required.**

**Please e-mail your requirements to [irene.marriott@ntlworld.com](mailto:irene.marriott@ntlworld.com) as soon as you receive this copy of LEI News.**

# Diary of a Scottish 6 Days Assistant Day Organiser



You may recall that in the previous edition of LEI News there was a request from former LEI member Pete Lawrence for assistance on day one of the Scottish 6 days. I am pleased to report that there was a good response from LEI members who could be found assisting at car parking, start, download and information. I suggested to Pete's partner and assistant organiser Rachel Scott that the readership of LEI News would be interested to learn what is involved in the organisation of an event on this scale. Rachel kindly obliged and below is her diary of the event. Thanks Rachel!!!! (*Some members will have first hand knowledge of organising large events from involvement in events such as the JK in 1991, BOC in 1997, both hosted in the East Midlands and one day of the JK in the Lake District in 2004. Ed.*)

**Friday 2<sup>nd</sup>  
Aug: Two days before kick-off for Day 1 at Alvie and we're shovelling up the freshest and sloppiest of the cowpats from the area**



**assigned to traders and foodstalls. Oh, the life of a S6D Day Organiser is sooooo glamorous! But let me take you back in time and give you a guided tour of the S6D from the inside.**

**2003-ish:** The Scottish 6 Days Company Committee decide which area the 2007 event will be held in and start negotiations with landowners on six suitable areas, plus maybe a couple of reserves just in case the first choices fall through - ospreys have a bad habit of

nesting in the middle of prime areas for example.

**S6D August 2005:** 2007 event launched with flyers and car stickers and the 2007 website sparked into life. Behind all this is the 2007 Central Organising Committee formed by volunteers from the local club(s) plus one SOA-paid Officer - between them the COC take care of publicity, fishing for sponsors, website, entries, campsite, programme/results booklets and S6D equipment. We get the professionals in for First Aid, toilets, waste skips and SI computing.

Individual Days are allocated to the remaining Scottish clubs using a secret formula not open to bribery, so it's potluck as to which day you get and which clubs will be working with you. Keep your fingers crossed for fantastic terrain, well-drained fields, spacious and midge-free Starts, a large and competent partner club to work with and maybe

even some sunshine on the Day. Dream on!

**January 2006:** The call goes out for Day Organisers/Planners/Controllers. There is a subtle bit of timing involved here as by now all the headaches and backaches from the previous S6D are forgotten; instead people are left with fond memories and have started looking forward to the next and are therefore more susceptible to rashly volunteering. Around May we decide that, between us, Pete and I have sufficient experience of S6D (as punters and as part of the COC for 2005) that we can probably manage to organise Day 1. We put our names down and promptly forget all about it as the Gramp Summer League kicks off – that is until the S6D Organisers' Manual plops into our Inbox in September.

**October 2006:** We have a look at Alvie for the first time with our Planners and Controllers. The planners reckon the best way to ensure the maximum number of competitors get to see the best bits of the forest is to have remote starts. "How remote?" "Oh, about 3 or 4 km away, but it'll be worth it." Better be - at least the run-in will be short!

We also go along to a meeting at Grantown-on-Spey to meet our Über-Organiser, Alastair. He was in our shoes a few events ago and is responsible for the manual which has all kinds of good stuff on the teams of helpers we'll require, who provides what kit and when, deadlines and tick lists. From now on we start to receive a series of regular phone calls from Alastair quietly enquiring after

our progress, successes and problems. (This becomes a little like talking to a shrink after a while and we're still trying to adjust to life without him now it's all over!)



At this meeting, we talk to our co-Organiser from Ecko, Ross Lilley, and discover that Ecko is a small but perfectly formed club of about 4 or 5 experienced orienteers likely to enter S6D. Ooer! The manual reckons we need at least 70 people but hey, Gramp's a big club, we'll manage somehow.

**December 2006:** The first of our deadlines comes and goes and we haven't really done too much apart from letting club members know that if they go to S6D 2007 they will be expected to help but everyone who wants a run will be guaranteed to get one. We decide to

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use Ross and the Eckomen for car parking.

We fill in a BOF Risk Assessment Form, "discuss" layout options for the Assembly area (this is where 2 heads definitely aren't better than one, especially if they both have strong opinions!) and re-read the manual several times to try to absorb 40-odd pages of info. Kind of hard to concentrate with Christmas looming.

**January 2007 onwards:** The email traffic really starts to increase about now with all sorts of issues on the go. How many stiles will be required and where? Have we thought about making time to test radio reception? Have we decided where the drinks stations will be yet? Where will buses park? Where will the String Course go? Seems Alvie Estates are treating themselves to a nice new barn in the Assembly field which "should" be ready by August so can we make use of it? Have we appointed team leaders yet? Can we make sure that the programme editor gets a draft of the Day 1 info for the programme by end of March?



**April 2007:** We hurriedly send a draft of the Day 1 info to the programme editor! Oops!

The S6D Rescue Plan plops into our Inbox and makes both sombre and hilarious reading if it comes to the worst case scenario of "Death in the Forest". Sounds like a penny dreadful, but it does focus the mind. Coping with 2000 cars trying to get into flooded car parks seems relatively easy. Not that this scenario isn't something that could happen at any event but seeing

instructions, in stark black and white, for taping off the area around the body makes it a more tangible possibility and Alvie has a track record.... Still too many other things to worry about and we soon put that to the back of our minds.

**May 2007:** Gramp are putting on a Scottish O League event close to Alvie so we treat it as a dress rehearsal and things go pretty well. Shame really as it's not us organising!

Pete goes to meet the Alvie Estate factor, Dave, and farm manager, Vic, who are extremely helpful and pragmatic (they provide maps showing which tracks are passable by 4x4s etc) and are looking forward to hosting our event although they maybe don't quite realise the sheer scale of it just yet.



Generally it's all looking good apart from a distinct lack of manpower in certain teams. Time to call on a few friends down South to help us out so we email LEI, via John who kindly agrees to start spreading the word, and also Guildford Orienteers via another Gramp member.

**June 2007:** We have a briefing with our team leaders. We hadn't bargained on the response we get by letting 6 more heads in on our thinking and plans so far – we get a lot of constructive criticism and comment and hurriedly go away to rethink a few things. Funny how you can check and check and re-check and still not see things. We start to check long term weather forecasts and it's grim reading.

**July 2007:** Emails to and from LEI folk and suddenly the manpower headcount is looking much healthier. (We ended up using 98 people in order to cover two shifts to make sure everyone got a run.) Also emails to and from the COC and equipment team dotting i's and crossing t's. We give up looking at long term weather forecasts and start researching weather gods and sacrifice on the web instead.

**Very late July 2007:** Another final site visit to Alvie to check a few things and help the equipment



team by logging some wood for stiles to more remote parts of the area. We find the extra gate into the car parking field still hasn't been constructed and there are still sheep and cows in the Assembly field even though we thought the COC had requested they



be moved 3 weeks before the event as part of the arrangements with the estate. We go to talk Dave and he promises to sort it before he goes away on holiday. See the entry for Friday 2<sup>nd</sup> August for the outcome of this discussion!!

Guildford finally make contact a few days before the event and Ross's car parking/leafleting team is complete.

**Saturday 3<sup>rd</sup> August:** We breakfast at leisure in a nearby B&B and come back to find a message on the phone from Vic. Have we heard about the Foot & Mouth outbreak near Guildford? ?!\*%?!  
That's not in the manual – now what?

Lots of phone calls later and we've agreed to get the old footbaths from 2001 out of the store and place them at the exits of the Assembly field and to quarantine and spray all Guildford orienteers. Alvie Estate are reassuringly relaxed about all this – so much so that Vic goes to the Turiff Agricultural Show while we spend the rest of the day adapting his barn, taping routes and run-ins, erecting results boards and even managing a BBQ with the rest of the club members.

**Sunday 4<sup>th</sup> August:** D Day! We get up at 6 (after not a lot of sleep) and arrive to find traders already setting up, generators humming and even some competitors asking for control descriptions. It really is feeling like an Assembly field now. Apart from a few last minute panics, like the 4x4 delivering maps to the Red Start being locked out of the area, we seem to have everything covered. The taxi service for 2<sup>nd</sup> shift helpers at the far start works out; despite a few broken bones despatched in ambulances we don't have to put the Rescue Plan to the test thank goodness; the rain holds off most of the day; everyone seems to be enjoying themselves. I go for an early run and coming over the brow of the hill down towards the finish I pause briefly to look at the Camelot-effect tents and banners and think "Wow! We did this!"

We finally leave Alvie at 7 after the last of the traders goes and it takes us 2 days to catch up on sleep and energy levels - at least that's my excuse for the bad run on Day 2!

Would we do it again? Ask us in 2017!

*Rachel Scott*

# Annual General Meeting



The 2007 AGM will be held at the Forest Hill Golf Club at Botcheston. The meeting commences at 7.30pm and a bar and refreshments will be available afterwards.

As the year progressed your committee has been evolving a new pattern of meetings and changed structures of committee to better administer and organise the club. They are empowered to make such changes by the constitution but have to offer the new arrangements to the membership for approval at the subsequent AGM.

Whilst there are few material changes, those they have made have knock on effects such that many of the clauses of the standings orders and appendix 1 to those standing orders have been subject to minor housekeeping changes so your committee now offers to you, a new complete set as follows.

If you wish to compare them with the old set you can find them on the club's web site (*thy can be found by clicking on <Member's Area> and <Constitution etc.>. Ed.*)

# Standing Orders

1. The committee will, at the first committee meeting after the annual general meeting, elect from within itself members to fulfil the positions required to ensure the efficient organisation of the club and its affairs and to act as custodians of its various assets. (See appendix 1)

2. The Chair Person is responsible for the coordination of all aspects of the clubs activities.

3. The Vice-Chair Person shall deputise for the Chair Person at the Chair Person's request or at the request of a majority of the committee. In the absence of the Chair Person and Vice Chair Person the committee may elect

any of their number to exercise the role of Chair for that meeting.

4. The Secretary is responsible for ensuring that agendas are circulated for all meetings and shall be responsible for the communication of all minutes of the meetings of the Club to the members of the committee and the communication, through appropriate channels, of details of club activities to all members and to other orienteering bodies and organisations and to other interested parties as required.

5. The Treasurer shall be responsible for all the financial affairs of the club and may be called upon at any time to give a report on the prevailing financial

circumstances of the club. He or she is required to prepare a simple form of report for each meeting. The Treasurer is responsible for ensuring that the club's officers and members are protected by suitable third party insurance when in pursuit of activities on behalf of the club.

6 Membership fees are to be kept low to encourage new members and shall be set at the Annual General Meeting. Event entry fees are to be set by the committee and it is policy to cover all the anticipated direct and indirect costs of any event and to endeavour to provide surpluses to assist in the general administration and development of the club. The Treasurer shall produce, as guidance to the members of the committee, a projected budget and any proposals for event fees. An adequate reserve fund is to be maintained to cover any foreseeable shortfalls outside the club's control.

7 Committee members and members working on behalf of the club may be reimbursed for all out-of-pocket expenses. Receipts should be produced where possible and agreed car mileage will be paid at up to the prevailing Inland Revenue 'Low User' approved rate.

8. The committee will establish and maintain as part of the Club's standing orders, policies on specific areas of the Club's affairs where appropriate (See appendices)

9 The Committee will promote and maintain a number of Permanent Orienteering Courses to bring the sport to novices and otherwise disadvantaged parts of society and as a potential source of revenue for our activities. Where any POCs are being set up we should try to ensure our involvement at least at the planning and mapping stage to ensure the courses comply with proper

orienteering standards.

10 The Committee will establish a development plan and the Vice Chairman will monitor progress towards achieving its aims. The plan will be reviewed annually by the committee and updated.

The Club will maintain a Development Team to work to promote the aims of the Club and develop activities to encourage the involvement of new and existing juniors, adults and families and to maintain support for the already established school / community orienteering links. It will also organise such coaching as may be required.

11 In accordance with clause 19 of the constitution which authorises the committee to delegate its powers to sub-committees the committee authorises the officers of the club acting together as a sub-committee to take such decisions as they deem necessary between formal meeting of the full committee.

## **Standing Orders Appendix 1 - Officials & Roles:**

**In addition to the four officers of the club (Chair Person, Vice Chair Person, Secretary and Treasurer) and any President the following roles have been identified:**

**Fixtures Committee Coordinator:** To chair Fixtures Committee, coordinating the programme, permissions and availability of maps. This role is normally taken by the Senior Events Organiser.

**Fixtures Secretary:** To maintain a record of planned events, assembly areas etc. and liaise with the Regional

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**Events Coordinator.** To produce and distribute flyers publicising those events.

**Senior Events Organiser:** To track skills of Club members, to find officials for and register all senior events with the Regional Events Co-ordinator and BOF, senior events being grade 4 or higher.

**Club Captain:** To act as a conduit for inter-club fixtures to be arranged and publicised and to coordinate activities of members entering as teams in relays or inter club competitions.

**Access Development Officer:** To seek out and negotiate use of new areas and extensions to existing ones

**Permissions Secretary:** To obtain access permissions for all Club events including car parks and toilet blocks where available. Detailed discussions re car parks, toilets, which areas are to be avoided etc., booking premises to support events etc., will be normally done by the organiser of the specific event or the Minor Events Coordinator

**Permissions Administrator:** To maintain a register of connections and access times of year for all areas and to ensure that any information discovered about an area by event organisers, planners, controllers, mappers / surveyors etc. is recorded for future reference.

**Technical Adviser:** To advise on technical matters e.g. rules - controlling - suitability of new areas etc. To organise such training courses as are required. This role is held by one of the Club's senior controllers.

**Minor Events Coordinator:** To coordinate the activities of the Minor Events Steering Group and recommend a

programme to the Fixtures Committee for assimilation into the full Club programme; to find organisers to run events and coordinate their activities; to register these minor events and to store, maintain and monitor equipment used for them; to maintain and publish the results of the club's C5 training leagues. Minor events being below grade 4.

**Map Custodian –** To hold and maintain the Club's master electronic record of maps.

**Mapping Coordinator:** To monitor production of new maps and act as a link between the Club and commercial printers, professional mappers and BOF. To store and monitor Club's mapping equipment. To act as a map custodian holding an electronic back up copy of the Club's maps.

**Mapping Adviser:** To advise and assist the Club's internal mappers on technical points and organise training as required. To act as a map custodian holding an electronic back up copy of the Club's maps.

**Map Stocks:** To store and monitor stocks of maps held in paper form and sell them on to third parties.

**Map Printing officer –** To house and maintain the Club's printer(s) and produce in house mapping.

**Permanent Courses Co-ordinator:** To promote new permanent courses and coordinate the activities of any course wardens. To chair any POC Sub Committee meetings. To maintain, overprint and sell POC maps.

**Coaching Coordinator:** To organise coaching for members, coordinate the activities of the Club's coaches and encourage new coaches as part of the Club's development team.

**Development Plan Monitor:** To maintain Club's Development Plan, updating it with Committee decisions and publicising it annually. To bring appropriate matters to the attention of the Committee for discussion and coordinate an annual review of the plan. This role is normally fulfilled by the Vice Chair Person.

**Development Team Leader:** To coordinate the work of the Club's development team.

**Development Team Liaison Officer:** To act as the conduit between the development team and the Club committee.

**Duke of Edinburgh Awards Scheme Officer:** To act as point of contact with the scheme organisers and orange programmes for any applicants.

**Junior Representative** The junior squad is invited to elect or nominate a representative on the committee

**Media Liaison Officer:** To promote the club and its events by use of whatever media can be interested.

**Membership Secretary:** To maintain membership records.

**Results Secretary:** To process results for non electronic events. To work with the webmaster to correlate and publish the results of all senior events and the Club's C4 League.

**Event Entries Officer:** To receive and collate entries for all pre-entry events.

**Electronic Systems Coordinator:** To lead a team co-ordinating our use of electronic systems at events and processing the results of electronic events. To organise training of other members in these processes.

**Electronic Systems Assistant:** To be a member of the electronic systems team and deputise for the coordinator.

**Club Delegate (and deputy):** To represent the Club at meetings of EMOA and / or any BOF representative meetings and report back to the committee.

**Club Archivist:** To maintain old records of the Club.

**Social Secretary:** To organise social activities with help as required.

**Newsletter Editor:** To compile and publish a Club newsletter in late Jan, May and September and to feed appropriate material to the website.

**Webmaster:** To maintain the Club web site with input from other members and publicise the Club, its events and results.

**Planners' & Organisers' Equipment:** To store, maintain and monitor equipment used by planners and organisers.

**Club Shop:** To co-ordinate purchases of clothing and equipment by members and provide light refreshments etc. for sale at events. To act as an enquiry point at events and maintain the Club's display boards.

*Note - some of these roles may be shared between members from time to time and more than one role may be held by one member. Members holding these roles are normally invited to join the committee but are not obliged to do so.*

**The composition of the Club's current Sub-Committees etc. are as follows**

(All 4 of the Club's Principal Officers are

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ex-officio members of all committees)

## **Fixtures and Access Development**

*(These two sub-committees are combined at the present time, including permissions and the maintenance of map stocks) normally meeting January, April and October. A comprehensive review each January with regular updates. They report to the Club's full committee.*

Fixtures Committee Co-ordinator, Senior Events Organiser, Fixtures Secretary, Mapping Coordinator, Permissions Secretary, Access Development Officer, Club Captain, Map Stocks Controller, Minor Events Coordinator and Development Team Leader.

## **Minor Events Steering Group**

Minor Events Coordinator and three nominated additional members of the Fixtures Committee. Meeting as required but to present a suggested forward programme to the Fixtures Committee by each January.

It reports to the fixtures sub-committee

## **Map Group**

Mapping Coordinator, Treasurer, Club Technical Adviser, Mapping Adviser, Map Custodian and Access Development Officer and any active club mappers. Meetings July each year and otherwise as required. It reports to the fixtures committee.

## **Electronic Systems Team**

Electronic Systems Coordinator, Electronic Systems Assistant and other members of the team. To coordinate our use of electronic systems at events and the processing of the results of electronic events. To organise training of members in these processes. It reports to the Club's full committee.

## **Development Team**

Team Leader, Development Team Liaison Officer, Coaching Coordinator and all club coaches and other members of the team - Meetings as required but normally twice a year. To coordinate the Club's development work in liaison with BOF and act as point of contact for schools and youth groups and to coordinate the Club's work in supporting senior groups developing and organising activities in the sport. To assist in publicising the Club, our events and the sport in general. It reports to the Club's full committee.

## **Permanent Courses**

POC Coordinator, Mapping Adviser, Access Development Officer and course wardens. Meetings as required. It reports to the Club's full committee



# Draft Accounts

On the facing page the Treasurer presents his draft accounts for 2006/2007. These accounts are subject to final adjustments and audit i.e. they might change!

**Draft accounts**

| <b>2005/06</b> | <u>Income</u>                                 | <b>Actual<br/>2006/07</b> |
|----------------|-----------------------------------------------|---------------------------|
| 383            | Membership Fees                               | 443                       |
| 2,449          | Surplus from events                           | 2,623                     |
| 500            | Club shop                                     | 293                       |
| 127            | Sale of maps                                  | 92                        |
| 151            | Permanent Courses                             | 263                       |
| 325            | Interest received                             | 245                       |
| 10             | Grants & Gifts                                | 1,293                     |
| <u>3,945</u>   | <b>Total Income</b>                           | <u>5,224</u>              |
|                | <u>Expenditure</u>                            |                           |
|                | <b>Administration</b>                         |                           |
| 77             | Memberships                                   | 77                        |
| 184            | Committee Meeting Hire                        | 240                       |
| 246            | Committee Expenses                            | 183                       |
| 458            | Newsletter                                    | 399                       |
| 178            | Team Entries (net)                            | 82                        |
| <u>1,143</u>   | <b>Administration Sub total</b>               | <u>982</u>                |
|                | <b>Events</b>                                 |                           |
| 42             | Publicity                                     | 7                         |
| 697            | Mapping expenses/surveys                      | 534                       |
| 685            | Laser printing                                | 1,402                     |
| 538            | Software & OS Copyrights                      | 95                        |
| 562            | Event Equipment                               | 962                       |
| 42             | Maps usage charge                             |                           |
| 938            | Depreciation Equipment                        | 557                       |
| <u>3,504</u>   | <b>Events Sub total</b>                       | <u>3,558</u>              |
|                | <b>Development Expenses (training, youth)</b> |                           |
| 251            | Expenses                                      | 287                       |
| 54             | Permanent Courses                             | 9                         |
| 200            | Trophies                                      | 15                        |
| 123            | Club shop                                     | 343                       |
| <u>627</u>     | <b>Other Expenses Sub total</b>               | <u>653</u>                |
| <u>5,274</u>   | <b>Expenditure Total</b>                      | <u>5,193</u>              |

## Development Report

### What we've done

#### Coaching

The summer league coaching at Altar Stones, focusing on use of contours, seemed well received in spite of heavy rain.

The East Midlands Coaching Programme for Autumn 2007 / Spring 2008 is now on the web - the first session is at the NOC event on 23<sup>rd</sup> September and will have an Adult Coaching Clinic as well as beginners exercises. As always, let us know by the Wednesday before the event so we can ensure that there are enough maps / coaches.

The Autumn Series (see fixtures list for dates and venues) will offer coaching for beginners from 10 - 11 and white, yellow and orange courses with starts from 11-12.

#### Introductory Events

Following on from events at Ratby (March) and Burbage Common (May) the club has offered a taste of orienteering at



*Bosworth Battlefield—August*

Bosworth Battlefield (August) and

Watermead (September). We also prepared to go to Sence Valley (July) but the event was rained off at the last minute.

At Watermead we were competing for attention with the Newfoundland rescue dogs but the 'terrain adventure' string course attracted 88 starts. Over 30 groups involving 70 people moved on to the taster courses, white and yellow standard.

Leicestershire's ethnic mix was well represented and all those giving details were mailed with further information on training and events.

#### Clubmark

We continue to work towards club mark status. A few more people have sorted out the paperwork to get CRB checks in order to be volunteer helpers working directly with children. Others have volunteered to attend some of the necessary courses. We are pleased to welcome Ben Windsor as our junior representative. We hope to have met all the Clubmark requirements by the end of the year.



*Watermead Country Park—September*



## Partnership with Oadby and Wigston High Schools

As part of its development programme the club has been working with South Charnwood primary schools. Next year a further development will happen with the Oadby and Wigston High schools. This Schools partnership has been successful in gaining a grant to map their campuses and provide training for teachers and the cost of some basic Orienteering controls. The club has been awarded a grant from BOF but is also seeking an additional award to cover the full costs of the mapping, covering all Primary Schools and Community Colleges on the same campus.

By Easter next year we hope to have four new maps to British schools sprint Orienteering standards. These maps will be used for a regular series of inter-

school head-to-head sprint competition. The club will be involved in setting up the initial training, the first competition and intends to have a couple of our summer league events on the Community College campuses. The inter-school competition finals will be held during these events. The club will provide SI timing equipment for the summer league competitions.

These developments are being supported by Oadby and Wigston Borough Council and the BOF Regional Development Officer.

*Judith Holt  
& Roger Edwards*

*Good to see one of the club's junior members, James Hornsby, planning his first event, the Snibston Score Cup.*



## New Members

Welcome to the following who have joined the Club since May 2007

|                  |                      |                 |               |
|------------------|----------------------|-----------------|---------------|
| Peter Lund       | John Nottingham      | Nicola Goulding | Dennis Myers  |
| Heather Lund     | Helen Nottingham     | Paul Wood       |               |
| Emma Lund        | Alexander Nottingham | Natalie Wood    | Paul Stothard |
| Freya Lund       |                      | Caitlin Wood    |               |
| Katherine Aston  | Matt Popejoy         | Sarah Wood      | Dominic Leake |
| Nigel Aston      | Michael Popejoy      |                 |               |
| Jane Aston       | Andrew Popejoy       | Karl Baker      | Diane Dann    |
| Helen Aston      |                      | Jane Crofts     | Mark Dann     |
|                  | Anthony Kay          |                 | Olivia Dann   |
| Rowan Hargreaves | Carol Kay            | Darren Merriman | Tamsin Dann   |
| Sarah Hargreaves | Sebastian Kay        |                 |               |

# Orienteering, Parkinson's and me

March 2003 was a momentous month for me; I received confirmation that my application for early retirement from teaching with an enhanced pension had been successful and later in the month I was diagnosed with Parkinson's Disease. I had known something was wrong for some time – the most obvious symptom being very small hand writing, not a good thing in a teacher in the days before computers and projectors in every classroom. Parkinson's is caused by lack of dopamine in the brain; this causes progressive loss of coordination of motor functions. There is no cure but drugs can alleviate the symptoms.

I did retire from teaching at the end of Summer 2003 but went back to the school to be Examination Secretary for a further 3 years when my condition was making it difficult to do the job effectively. Since October 2006 I have been a full-time pensioner.

My orienteering was becoming slower resulting in next to last place in the M55L at Chatsworth in April 2003. I made an immediate decision that Long courses were no longer suitable for me and the organisers of the JK changed me to the M55S at short notice. I managed to compete at M55S for two more years including the Scottish 6-day in 2005 but in a sign of things to come I had a fall in the finish funnel on day 6.

At JK2006 Day 2 (Keldy, North Yorkshire) I fell flat on my face and was unable to get up. After some time studying the terrain at close quarters I looked up and by some good fortune Ursula, who happened to be lost at the time, was passing. She was able to pick me up and

I pointed out where she was. I had further falls despite using a walking pole during 2006 resulting in some cases being helped to my feet by passing members of the public.

During the Autumn of 2006 my condition deteriorated fairly rapidly and I had an emergency meeting with the neurologist. He suspected that I didn't have classic Parkinson's but a variation called Multiple Systems Atrophy (MSA). This diagnosis was finally confirmed in August 2007. MSA has similar symptoms to Parkinson's although not the tremors; it is more progressive and doesn't respond to drug treatment so I am now off medication for the first time in 4½ years. It is affecting my balance, my speech and my automatic swallowing reflex so I tend to dribble. If you come across me staggering round in the car park I will not be drunk and I may need a little time to reply to questions. There are some compensations like a Blue Disabled Parking Badge and £60 per week Disability Living Allowance.

I have retired from active orienteering after 28 years because of the risks involved but I fully intend to keep going as long as possible in other aspects of the club. I will continue to be Membership Secretary and look after Badge Event entries.

*Roger Williamson*

Websites:

Parkinson's Disease  
[www.parkinsons.org.uk](http://www.parkinsons.org.uk)

MSA

[www.msaweb.co.uk](http://www.msaweb.co.uk)

## When and how should you stretch? Or Orienteers join the ministry of funny walks

I had been lucky in avoiding significant injuring since I started running in the early 1980's. I switched from road running to orienteering in 1989 and leaving the tarmac behind has probably helped. So while I nodded sympathetically, I had always been on the fringes of those groups of people analysing their running injury symptoms and comparing treatment regimes. Not any more. This year I have acquired Piriformis Syndrome – otherwise known as 'a pain in the butt'. Why now? Probably it had something to do with shifting 140 cubic feet of garden soil - twice - either side of the JK weekend. However, I knew I was also a bit lazy about warming up and stretching before a run and cooling down after so I thought I should review my routine.

I started by looking at my old running books but then turned to the web – well what-do-you-know lots of articles suggest that we should not be doing static stretches before exercise. Whether the research is based on Australian Squaddies, Scandinavian footballers, Honolulu Marathon runners or American Students; studies show that stretching before exercise either makes no difference or even that it can be a cause of injury. I have also discovered that there are two sorts of stretches.

Static stretches – like the 'can I push this tree over' familiar at the start of most orienteering events - are aimed at increasing flexibility. They can slightly slow you down for an hour or so after you do them. They are best done as part of cooling down.

Dynamic stretches (also called functional stretches) warm up the muscles for the specific movements involved in the activity you are about to do. In orienteering we have to; lunge over ditches, lift the knees high over the undergrowth and nip sideways to avoid eye-level branches. Warming up needs to prepare the muscles for all these



movements. A sedate jog along the path to the start will only prepare you effectively for a sedate jog around the paths on the course.

So when I get back to running you will see me doing my new dynamic stretching warm-up as I go to the start. As well as circling my arms as I go I will try the **lunge walk** – taking large steps, keeping the chest up, looking straight ahead and moving my arms and legs together. After 15-20 yards of that and a short jog I'll try the **high knee walk**, lifting each thigh until parallel to the ground with toes extended. Another jogging break and then I'll try the **calf walk**, straightening the foot to extend

*(Continued on page 26)*

## Club Shop is on Holiday



### The Three R's

**1R** On February 16<sup>th</sup> 2008, John will **RETIRE** and join the swelling ranks of OAPs that's the **Orienteering Association for Pensioners**. Am I looking forward to this?!

Congratulations also to Chris Phillips who has recently become an OAP.

**2R** Having successfully failed an interview for his job (merged with another), John will be made **REDUNDANT** even earlier than February. (Success in failing means you get paid to leave).

**3R RESCUE ME** this is an appeal to all orienteers: please find John jobs to do to keep him out of my kitchen. He is going to plan the Wakerley badge event which is lovely, as it is a very long way from Cropston and means he should be out all day.

More activities like that are required please, because making chutney takes a long time and I have to get rid of the pong before John gets home as he hates the hot vinegar smell.

Isn't it strange that, as the magical age of 60 approaches, the phrase 'Old Fogies' disappears from conversation?

Continuing this theme, the latest LEI News competition will be to define SAGA

-I'm sure **Git** will feature prominently.

Rule 1 Members of LEIOC SAGA division are not permitted to enter.

### Kids & Cars---Who'd have them?

Some of you may have noticed that I no longer have to car share with John, having bought cast off cars from the kids.

Somebody drove into the side of son **Andrew's** car. Thankfully nobody was hurt but the insurance company decided the car was a write off.

While looking for a replacement he needed 'any old car' to get to work. 'Any old car', a K reg, had the

unfortunate number plate of PUS but thankfully wasn't a pale greeny-gold colour. A few weeks later and several days into the new month, PUS needed taxing. "All the paper work is there" said Andrew as he rushed off to his new job in his new car. "You just need a cheque." Carefully, I drove PUS for the very first time, hoping not to have an accident (with no car tax) and hoping not to be noticed which is a little difficult with furry dice, steering wheel cover, and tax disc all in dazzling pink. (Andrew's leaving present from his old job). With no car parking spaces at Glenfield Post Office I parked a little further away at St. Peter's Church where I bumped into Roy and Doreen Denney surveying the damage to the trees and Church Hall after Glenfield's mini-tornado (Must be global warming). I muttered something about "dazzling pink not really me, more my



son"—which won't have done his street cred a lot of good.

Minus £180 later I emerged from the Post Office clutching the expensive tax disc but grateful to be legal again

Not long afterwards, Andrew sold PUS with the main selling feature being 11 months car tax. I haven't seen any money!!

A month later Somebody drove into the side of daughter **Suzi's** car. Thankfully nobody was hurt but the insurance company decided the car was a write off.  
- -Deja vu !!

## Orienteering News

It is the week before the Swithland Summer League event and I am giving the Brownies some useful tips on orienteering "Now make sure you know what you are looking for. You have the control code but are you looking for a path bend, a stream, or a wall?" These 7 to 10 year olds quickly learnt this skill.

Later that night Judith Holt arrived to give the Guides an indoor mapping/ compass exercise which they thoroughly enjoyed. Thank you Judith.

Margaret Anderson was hoping I'd spill the beans on the intrepid exploits of John at the Scottish 6 Days. She seemed disappointed that I hadn't been there too ( I was at Guide camp in Wales) John travelled with Chris Bosley. I have managed to glean a few snippets from John

Sue Bicknell booked the accommodation but somehow it was 50 miles from the competition area -must have got the

wrong valley. Don't they do map reading skills at OD???

LEI had volunteered to help with the car parking,-- John's scientific insight—"One in five people trying to park are complete Wassocks\*\*!! I think it rhymes with Trossachs. It seems they couldn't understand his arm waving and pointing to a parking place. I imagine it was like a mime artist performing the Pizza Hut song --- demonstrations available at the Club shop if necessary.

When we first started orienteering, many moons ago, John and I picked up lots of good ideas from an orienteering book by Carol MacNeill; so when John saw her in Scotland he complimented her on her excellent book but wished he could put more of the helpful hints into practice.

Judith Holt and my John were analysing their orienteering when John realised he makes the basic mistake of running to a control knowing the code but not the description. See 'Brownies' above. John is definitely more than 7 years old.

Beacon Hill the Summer League Final Event. While you were running round trying to find controls that weren't numbered correctly, I was with three large dogs, Amos, Muffin and Caspar, in a caravan in Mablethorpe (*Beacon Hill in the rain or a caravan in Mablethorpe—spoilt for choice really—ed.*) trying to co-write a small sketch for the WI Drama Group but it seems I would have found inspiration for a comedy or a Brian Rix farce (OAPs will understand that reference) if I had been at Beacon Hill. John had to give up early as his map

*(Continued on page 26)*

\*\* *Wassock—Lancashire dialect word, only ever used light-heartedly as a very mild insult. . . . but now only uttered without a degree of irony by coffin dodgers. (www.urbandictionary.com) - ed.*

# Summer League 2007 for the Royal Bank of Scotland Shield



The last event of the 2007 summer league was held on Tuesday 28th August at Beacon Hill. This was the traditional score event with two novel twists, one deliberate and the other less so. Those who attended will know what I mean. I won't embarrass the planner by going into further detail. The event was made more difficult by taking place in virtual darkness (particularly in the woods) and rain which caused the disintegration of several maps. However everyone seemed to take these trials and tribulations in their stride and as far as I could tell most people seemed to enjoy themselves.

The event was followed by the presentation of the Royal Bank of Scotland Shield and certificates in the various categories. The presentations

were made by Club Chair Chris Phillips at the Woodman's Stroke pub in Rothley.

Congratulations to Chris Bosley, the overall champion. Some familiar names amongst the winners but also a few new ones which is good to see. The top competitors in each class are shown elsewhere on this page.

Chris also presented Mairead Rocke with the National Forest Trophy for her run in the Long O' at the National Forest 10th Anniversary event at Ratby Woodlands in March this year.

Many thanks to Mark Foxwell for co-ordinating the summer league this year and I know that he is already in discussion with the club's access officer, Roy Denney, regarding the areas to be used for next years summer league.



*Chris Bosley—Overall Champion*

## Overall

|          |              |
|----------|--------------|
| Champion | Chris Bosley |
| 2nd      | Bruce Bryant |
| 3rd      | Dave Bray    |

## Juniors

|     |               |
|-----|---------------|
| 1st | James Hornsby |
| 2nd | Dominic Leake |
| 3rd | Stuart Thom-  |

**Ladies**

- 1st Alison Hardy
- 2nd Liz Phillips
- 3rd Ursula Williamson

**Unhandicapped Score**

- 1st Bruce Bryant
- 2nd Roger Phillips



*Bruce Bryant — Best Unhandicapped Score*

**Best use of an area**  
(2 certificates)

**Dave Toach**

Map Memory course at Orchards

**Ursula Williamson**

micr-O at Burrough Hill



*Alison Hardy—First Lady*

**Best Newcomer**

Glynn Smith

**M/W14-**

- 1st Dominic Leake
- 2nd Sian Smith
- 3rd Euan Tebbutt

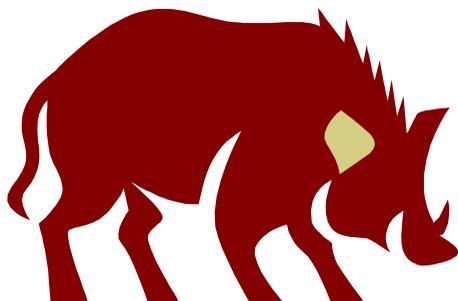


*Mairedad Rocke—National Forest Trophy*

# Out and About



Wild boars now live in many parts of England but particularly, West Kent, East Sussex, Gloucestershire and Dorset. Specimens have been seen in Yorkshire and Northumberland and occasionally in the Highlands of Scotland. They helped our countryside become what it is today and in a sense they're returning to their natural home.



The creature became extinct in Britain in the 17th century but escapees are now breeding successfully and it is thought there are about 1000 living wild. Once one of the prime beasts of the chase, hunted by royalty for their meat, they were probably extinct by the 13th century. Attempts by James I and Charles I to reintroduce them were only partly successful and between the 17th century and the 1980s, when wild-boar farming began, there were only a handful of captives in zoos.

The Woodland Trust believes we should welcome wild boar back to our countryside as a key woodland species

although clearly it's a matter of balance, and we wouldn't want to see high populations of pigs in woods. At the right density wild boar are good for woodland because their rooting about for acorns, beech mast and other fruits and nuts disturbs the soil and encourages biodiversity.

Britain's last wild boar roamed Scotland's woods and scrubland until the end of the seventeenth century, when over-hunting and absorption into domestic stock heralded their demise as an indigenous wild mammal, leaving their bones to be discovered in Scottish caves, the brick earth of the Thames Valley, and the peat bogs of Ireland. But now they are back, making their important environmental contribution. In Scotland they are helping with the restoration of native trees such as pine, rowan and birch, in the Glen Affric national nature reserve. They are also doing a job keeping the bracken down. They like eating the fronds and the roots.

The  
Woodland  
Trust believes  
we should  
welcome wild  
boar back to  
our  
countryside  
as a key  
woodland  
species . . .

They also like the ground where the bracken is growing so they prefer to root there and the patches of well turned soil left behind will also provide a fertile seed bed for the regeneration of native species of trees.

Whilst commonly regarded as a woodland species, they do use other habitats, including scrubland and agricultural land and they can cause damage to crops, and also have the potential to pass on disease to domestic animals.

Some have concerns about public safety, but they appear to be unfounded. In France, Germany and Poland almost everyone lives very happily alongside them and there's no reason why we can't do the same. As yet there are no reports of injury to visitors to the woodlands but several dogs have been hurt by their slashing razor-sharp teeth. Dogs will soon learn not to bother them. Campers in the Forest of Dean have seen their tents damaged by rampaging herds of these beasts but in both cases they have probably be startled by dog or man and wild boar are inherently nervous and shy of humans and will run away from you nine times out of ten. Campsites in Gloucestershire are however to be protected from attacks with wire mesh fences. The Forestry Commission will erect two four-foot barriers around campsites in the Forest of Dean where a 40-strong herd of the pigs has been roaming.

Whilst in days of old, a royal hunting target, Gloucestershire trading standards have now confirmed that the animals, which can grow to 6ft in length, can be shot if found on private land. Their meat takes careful cooking somewhat similarly to wild venison but tastes very much of where they live. The nearest comparison

is to the dark meat of turkey legs.

European eagle owls, weighing in at up to 9 lbs, are amongst the world's biggest owls and grow to a height of two foot six inches with a wingspan of nearly six feet. With a large beak, enormous talons and startling bright orange eyes they are not to be ignored.

They are fairly common in the wilder areas of Europe and Scandinavia but until recently were very rarely seen in Britain.

The species was wiped out in here about 150 years ago and because we are an island and the birds don't like to cross large expanses of water it was thought unlikely they would be back.

There are a lot in captivity and it is quite likely that ones that do appear from time to time are escapees but they could have migrated down from Scotland. They do appear in the Highlands occasionally as island hoppers from Scandinavia blown off their normal patch by bad weather. The eagle owl could survive well in Britain's wilder corners if not persecuted by man.

A pair nested in a remote piece of woodland in Northumberland in 2003 and two chicks were found in a hollow in a tree spring 2005 and this year a pair were breeding in Lancashire. They raised

With a large beak, enormous talons and startling bright orange eyes they are not to be ignored.

*(Continued on page 26)*

(Continued from page 25)

a brood near Dunsop Bridge and after several attacks a footpath had to be closed. The birds took dog walkers to be a threat and chased them off to the extent that one man needed minor hospital treatment.

Like most owls they hunt at night for their prey which includes rats, mice, voles, rabbits, hares and other birds but they are well capable of taking an unsuspecting cat.



Edelweiss

As global warming moves whole ecosystems further north or to higher ground several species of mountain plant are facing extinction.

Research in the Italian Alps has established that in the last 48 years plants have responded to an increase of one and a half degrees in temperature by climbing 1400 feet higher. In all 52 species were monitored and on average they had migrated upwards by an average of 80 feet per decade. Yellow coltsfoot is one example which has climbed from 8530' to 9940' and edelweiss and Alpine clover are very much at risk. Many plants have reached the tops of mountains and have nowhere left to go.

*Roy Denney*

(Continued from page 19)

the ankle on each step, followed by a few yards of **sideways running**. I am going to miss out the backwards running the footballers need to do on the basis that if I have to go back to a control I've missed I can turn around and run backwards, forwards – if you see what I mean.

If it does nothing to help prevent further injury at least it will be a rehearsal for my next audition for the ministry for funny walks.

*Judith Holt*

Ref: Brad Walker (2006) *The truth about stretching* [www.runnersweb.com](http://www.runnersweb.com)

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(Continued from page 21)

disintegrated in the pouring rain. N.B. LEI club shop sells map bags.

I hope you are all going to try and support the forthcoming Saturday Morning events in the Leicester



Parks. They are designed to attract youngsters into our sport. Well that is what I was told but, about to be retired/redundant OAP, John Marriott has realised that the real reason that they are held in the city is that OAPs can get to them using their bus passes.

*Irene Marriott*

# Scottish 6 Days

The biannual Scottish 6 Day event took place on Speyside this year. As usual the terrain was excellent. John and Mairead Roche completed a family double by winning their respective classes on day 1. John and Mairead's efforts saw them, along with Judith Holt and Chris Bosley achieve the gold standard for the week (4550 points from best 4 scores—Silver: 4150—Bronze: 3500).

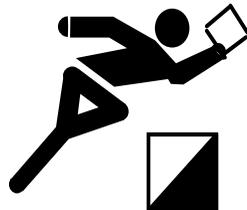
The scoring for each event is calculated by a rather complicated formula involving standard deviation. In theory this means that you should be able to compare scores across classes.

If you go to [www.scottish6days.com/2007/2007index.htm](http://www.scottish6days.com/2007/2007index.htm) you can view a video of a news report shown on Scottish television.

| Class | Pos/out of | Name                | Day 1       | Day 2       | Day 3       | Day 4       | Day 5       | Day 6       | Total |        |
|-------|------------|---------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------|--------|
| M18A  | 47/52      | Ben Windsor         | 992         | dns         | mp          |             | 521         | 787         | 2400  |        |
| M20L  | 4/30       | John Roche          | 1295        | <u>1129</u> | 1193        | <u>1159</u> | 1213        | 1192        | 4893  | Gold   |
| M35S  | 16/59      | Karl Baker          | 1174        | <u>721</u>  | 1052        | 1127        | <u>892</u>  | 1043        | 4396  | Silver |
| M50L  | 78/163     | David Bray          | 990         | 977         | 1020        | 1110        | <u>968</u>  | <u>905</u>  | 4097  | Bronze |
| M50L  | 130/163    | Ian Wells           | 894         | <u>380</u>  | <u>734</u>  | 785         | 817         | 764         | 3260  |        |
| M50L  | 142/163    | Peter Hornsby       | 737         | <u>392</u>  | <u>666</u>  | 702         | 713         | 701         | 2853  |        |
| M55L  | 49/138     | Andrew Middleton    | 1134        | 1150        | 1070        | <u>859</u>  | <u>1044</u> | 1048        | 4402  | Silver |
| M55L  | 96/138     | John Marriott       | 1020        | <u>603</u>  | 932         | <u>603</u>  | 895         | 806         | 3653  | Bronze |
| M55S  | 59/76      | Martin Hill         | <u>dns</u>  | 619         | 838         | 848         | 847         | <u>dns</u>  | 3152  |        |
| M55S  | 71/76      | Derek Ricketts      | <u>0</u>    | 454         | 374         | <u>0</u>    | 251         | 481         | 1560  |        |
| M60L  | 39/149     | Chris Bosley        | 1149        | <u>984</u>  | 1089        | 1208        | 1133        | <u>1088</u> | 4579  | Gold   |
| M60L  | 141/149    | Ian Sparkes         | <u>519</u>  | 602         | 740         | 537         | <u>27</u>   | 617         | 2496  |        |
| M60S  | 43/63      | John Cooke          | <u>554</u>  | 880         | 882         | 759         | <u>367</u>  | 787         | 3308  |        |
| M65S  | 56/80      | Peter Leake         | <u>691</u>  | 935         | 1026        | <u>597</u>  | 776         | 788         | 3525  | Bronze |
| M70L  | 32/54      | Don Moir            | 908         | 916         | 978         | <u>629</u>  | 965         | <u>883</u>  | 3767  |        |
| W16A  | 2/60       | Mairead Roche       | 1342        | 1265        | <u>1256</u> | <u>1028</u> | 1266        | 1360        | 5233  | Gold   |
| W40S  | 46/73      | Jane Crofts         | 970         | 856         | <u>dns</u>  | 734         | 872         | <u>186</u>  | 3432  |        |
| W45L  | 40/95      | Elizabeth Roche     | 1136        | 1154        | 1021        | <u>0</u>    | 1024        | <u>870</u>  | 4335  | Silver |
| W50S  | 46/79      | Pat Conway          | 840         | 908         | 991         | <u>472</u>  | <u>533</u>  | 1010        | 3749  | Bronze |
| W55S  | 7/59       | Judith Holt         | <u>1152</u> | 1246        | 1317        | <u>1117</u> | 1243        | 1210        | 5016  | Gold   |
| W60L  | 58/72      | Christine Middleton | 905         | 813         | <u>813</u>  | 886         | 883         | <u>640</u>  | 3487  |        |
| W70S  | 4/7        | Shirley Moir        | 1047        | 1308        | <u>787</u>  | 1000        | 1065        | <u>909</u>  | 4420  | Silver |

## Forthcoming LEI Events

**Saturday 29th September 2007**  
**Autumn Series Event, Knighton**  
**Park, Leicester**



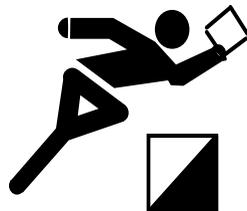
**Saturday 6th October 2007**  
**District and East Midlands League**  
**Event, Willesley Woodlands**

**Saturday 29th September 2007**  
**Autumn Series Event. Knighton**  
**Park, Leicester**



**Wednesday 24th October 2007**  
**Winter League Event, Hermitage**  
**Leisure Centre, Whitwick**

**Saturday 10th November 2007**  
**Autumn Series Event, Brock's**  
**Hill, Oadby**



# Fixtures



This fixture list is intended to list events in and around the Midlands and neighbouring areas, plus other items likely to be of interest. Unless otherwise stated District events offer entry on the day (EOD) to a range of colour coded (C4) courses with start times from 10.30 to 12.30. Local events (C5) will only have a limited range of courses. Regional and National events (C3 & C2) provide a range of age related courses and are normally entered in advance using a Standard Entry Form (SEF); EOD will usually be limited and more expensive. Most will offer a limited number of colour-coded course for EOD. Cheques payable to organising club, if not otherwise specified.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys !

## CHANGE OF EVENT TITLES IN FIXTURE LISTS

Please note that the new terminology for event titles described in the Autumn edition of LEI News has been introduced for the current and future fixture lists as follows:

- All C3 Badge Events will be titled Regional Events, but will retain the specific event titles (eg. Concorde Chase Regional Event).
- All C4 Colour Coded Events (5 or more CC courses inc Blue) will be titled District Events.
- All C5 or C4 Limited Colour Coded Events (4 or less CC courses) will be titled Local Events.
- Events that have specific titles not falling into the above categories will remain unchanged, but dependent on level of event (Score, Short, Night etc), they may be prefixed by Regional, District or Local.
- Championships (JK, BOC etc) and National Events remain unchanged.

## September 2007

|           |    |                                                                                                                                                                                                                                                                                                                                                                                         |
|-----------|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 23rd      | WM | WCH District & Yvette Baker Trophy Round. Shoal Hill, Cannock Chase, Cannock. <a href="mailto:SJ962118">SJ962118</a> .                                                                                                                                                                                                                                                                  |
|           | C4 | Tom Roach, 01543 254 617. <a href="mailto:pawton@ntlworld.com">pawton@ntlworld.com</a> £7.00/£2.00 SI card hire £1 & £0.50. EPS-SI. Parking £1.00. Dogs on leads. Signed from A34 north of Cannock. <a href="http://www.walton-chasers.co.uk">www.walton-chasers.co.uk</a>                                                                                                              |
| 23rd      | EM | NOC Local Come and Try It Event. Burntstump Park, Nottingham. <a href="mailto:SK575506">SK575506</a> .                                                                                                                                                                                                                                                                                  |
|           | C5 | Paul Morris, 0115 9663550. <a href="mailto:org070623@noc-uk.org">org070623@noc-uk.org</a> £2.00/£1.00. EPS-SI. <a href="http://www.noc-uk.org">www.noc-uk.org</a>                                                                                                                                                                                                                       |
| 29th-30th | NI | Junior Home International & NI Championships                                                                                                                                                                                                                                                                                                                                            |
|           | C3 | 29 <sup>th</sup> - NI Championships & Junior Home International. Meelmore Lodge, Newcastle, Co Down. Organiser: Gordon Stephens, 028 44831381.                                                                                                                                                                                                                                          |
|           | R3 | 30 <sup>th</sup> - JHI Relays. Hillsborough Forest, Hillsborough. Philip Stuart, 02838 344789. Fees TBA. EPS-SI. <a href="http://www.niorienteering.org.uk/lvo">www.niorienteering.org.uk/lvo</a> Entries: JHI via Team Managers. NI Championships via website. <i>CD: unknown</i> . EPS-SI. No Dogs on Day 1. <a href="http://www.niorienteering.org.uk">www.niorienteering.org.uk</a> |
| 29th      | EM | <b>LEI Local Autumn Series. Knighton Park, Leicester.</b><br><a href="mailto:SK606009">SK606009</a> .                                                                                                                                                                                                                                                                                   |
|           | C5 | <b>Lee Powell, 0116 2477985. £2.50/£1.50. EPS-SI. White, Yellow , Orange plus short score. Coaching available 10.00 to 11.00. Starts 11.00 to 12.00. <a href="http://www.leioc.org.uk">www.leioc.org.uk</a></b>                                                                                                                                                                         |
|           |    |                                                                                                                                                                                                                                                                                                        |
| 30th      | WM | HOC District Event & West Midlands Championships 2007. Fownhope Park, Mordiford. <a href="mailto:SO573372">SO573372</a> .                                                                                                                                                                                                                                                               |
|           | C4 | Mike Farrington, 01531 635502. <a href="mailto:mike@farrington.me.uk">mike@farrington.me.uk</a> £6.00/£3.00. EPS-SI. W,Y,O,Lt Gr,Gr,BI Br, String course. Parking £1.00. Dogs on leads at all times. <a href="http://www.harlequins.org.uk">www.harlequins.org.uk</a>                                                                                                                   |
| 30th      | EM | DVO District Event & EM League & YBT Round. Carsington Pastures, Wirksworth. <a href="mailto:SK250538">SK250538</a> .                                                                                                                                                                                                                                                                   |
|           | C4 | Stuart Swalwell, 01335 347814. <a href="mailto:stuart.swalwell2412@virgin.net">stuart.swalwell2412@virgin.net</a> £7.00/£1.00, Family entry: £15. EPS-SI. String course.. Dogs on lead in car park only. <a href="http://www.dvo.org.uk">www.dvo.org.uk</a>                                                                                                                             |

## October 2007

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|----------------------------------------------------------------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 6th-7th                                                                          | NE        | October Odyssey Regional Events                                                                                                                                                                                                                                                                                                                               |
|                                                                                  | C3        | 6th - Day 1 Regional Event. Simonside, Rothbury. <a href="#">NZ025985</a> .                                                                                                                                                                                                                                                                                   |
|                                                                                  | C3        | 7th - Day 2 Regional Event. Simonside, Rothbury. <a href="#">NZ025985</a> .<br>Organiser: Andy Curtis. Entries: Andrew Nicoll, 47 Holywell Avenue, Whitley Bay, Tyne & Wear, NE26 3AQ. CD: 26/09/07.<br>£10.00/£4.00. EOD +£2.00. Chq: NATO. EPS-SI. Dogs in car park. <a href="http://www.newcastleorienteering.org.uk">www.newcastleorienteering.org.uk</a> |
|  | <b>EM</b> | <b>LEI District Event &amp; EMOA League. Willesley Woods, Ashby de la Zouch. <a href="#">SK328143</a>.</b>                                                                                                                                                                                                                                                    |
|                                                                                  | <b>C4</b> | <b>Roger Phillips, 0116 255 0330. £7.00/£2.00. EPS-SI. Dogs on Lead. <a href="http://www.leioc.org.uk">www.leioc.org.uk</a></b>                                                                                                                                                                                                                               |
| 7th                                                                              | WM        | OD Warwick City Race - UK Cities Cup. Warwick. <a href="#">SP288649</a> .                                                                                                                                                                                                                                                                                     |
|                                                                                  | C5S       | Tony Feltbower, 01926 864465. Fees TBA. EPS-Emit. Parking £1.00.                                                                                                                                                                                                                                                                                              |
|  | <b>EM</b> | <b>LEI Local Autumn Series. Evington Park, Leicester. <a href="#">SK625030</a>.</b>                                                                                                                                                                                                                                                                           |
|                                                                                  | <b>C5</b> | <b>Lee Powell, 0116 2477985. £2.50/£1.50. EPS-SI. White, Yellow , Orange plus short score. Coaching available 10.00 to 11.00. Starts 11.00 to 12.00. <a href="http://www.leioc.org.uk">www.leioc.org.uk</a></b>                                                                                                                                               |
| 14th                                                                             | EM        | NOC Compass Sport Cup Final. Blidworth, Mansfield. <a href="#">SK583522</a> .                                                                                                                                                                                                                                                                                 |
|                                                                                  | O3X       | Mick Lucking, 0115 922 5578. <a href="mailto:mick@lucking.co.uk">mick@lucking.co.uk</a> Fees TBA. EPS-SI. <a href="http://www.noc-uk.org">www.noc-uk.org</a>                                                                                                                                                                                                  |
| 20th-21st                                                                        | WOA       | SWOC Senior Home International                                                                                                                                                                                                                                                                                                                                |
|                                                                                  | O3X       | 20th - SHI Individual. Mynydd Llangynidr, Merthyr Tydfil. <a href="#">SO110151</a> .                                                                                                                                                                                                                                                                          |
|                                                                                  | R3X       | 21st - SHI Relay. Storey Arms, Merthyr Tydfil. <a href="#">SN984203</a> . Mark Saunders, 01633615586. Fees TBA. EPS-SI. <a href="http://www.swoc.org.uk">www.swoc.org.uk</a>                                                                                                                                                                                  |
| 20th-21st                                                                        | WOA       | SWOC Local Events (in conjunction with SHI Weekend)                                                                                                                                                                                                                                                                                                           |
|                                                                                  | C5        | 20th - Local Event. Mynydd Llangynidr, Merthyr Tydfil. <a href="#">SO110151</a> .                                                                                                                                                                                                                                                                             |
|                                                                                  | S5        | 21st - Local Score Event. Storey Arms, Merthyr Tydfil. <a href="#">SN984203</a> . Mark Saunders, 01633615586. £3.00/£1.00 per day . EPS-SI. Local events held in conjunction with SHI weekend. <a href="http://www.swoc.org.uk">www.swoc.org.uk</a>                                                                                                           |

# LEI News

## October 2007 continued

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|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 21st                                                                             | WM                                                                                | OD District Event & WML. Coombe Country Park, Coventry. <a href="#">SP404790</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                                                                                  | C4                                                                                | Tony Feltbower, 01926 864465. £8.00/£2.00 Own Emit -£1. EPS-Emit. Parking £2.00. <a href="http://www.octavian-droobers.org">www.octavian-droobers.org</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| 24th                                                                             | EM                                                                                | <b>LEI Winter League Event, Hermitage Leisure Centre, Whitwick SK434158.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|  | C4                                                                                | <b>Organiser Ernie Williams 01530 832829. £2.50/£1.00. Starts 11.00 a.m. to 12.00 noon. Courses: Short, Medium &amp; Long <a href="http://www.leioc.org.uk">www.leioc.org.uk</a></b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 24th                                                                             |  | <b>LEI Annual General Meeting, Forest Hill Golf Club. Meeting 7.30pm followed by light refreshments. SK482058</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 28th                                                                             | EA                                                                                | SMOC Regional Event & Midland Championships and Interland 2007 selection races. Salcey Forest, Northampton. <a href="#">SP794518</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|                                                                                  | C3                                                                                | Organiser: Keith Downing, 01234 270018. <a href="mailto:keith@keith-o.demon.co.uk">keith@keith-o.demon.co.uk</a> Entries: Helen Nisbet, 2 Hopkins Close, Milton Keynes Village, Milton Keynes, MK10 9AS, Do NOT publish please. <a href="mailto:entries@smoc.info">entries@smoc.info</a> CD: 14/10/07. £10.00/£3.00 CC £6/£3 Late entry plus £2. Lim EOD + £2.00/£2.00. Colour coded £6 seniors £3 juniors + £2 EOD. Chq: South Midlands Orienteering Club. EPS-SI. CC courses - White, yellow, orange, light green, green, String course. Dogs allowed on lead in the car park only. Online entries at <a href="http://www.fabian4.co.uk">www.fabian4.co.uk</a> . Colour coded online entry available. <a href="http://www.smoc.info">www.smoc.info</a> |

## November 2007

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|------------------------------------------------------------------------------------|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10th                                                                               | EM  | <b>LEI Local Autumn Series. Brocks Hill Park, Oadby. <a href="#">SP619977</a>.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|  | C5  | <b>Lee Powell, 0116 2477985. £2.50/£1.50. EPS-SI. White, Yellow , Orange plus short score. Coaching available 10.00 to 11.00 Starts 11.00 to 12.00. <a href="http://www.leioc.org.uk">www.leioc.org.uk</a></b>                                                                                                                                                                                                                                                                                                                                   |
| 10th                                                                               | SC  | OUOC Oxford City Race 2007. University Parks, Oxford. <a href="#">SP515072</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|                                                                                    | O4S | Organiser: Scott Collier, 07791 564449. <a href="mailto:organiser@cityrace.org.uk">organiser@cityrace.org.uk</a> Entries: Ekaterina Orekhova, Merton College, Oxford, OX1 4JD, 07722 024069. <a href="mailto:entries@cityrace.org.uk">entries@cityrace.org.uk</a> CD: 26/10/07. TBA + £1 Emit hire. Lim EOD + £1.00/£1.00. Chq: Oxford University Orienteering Club. EPS-Emit. String course. Dogs on leads in the assembly area. Starts 11.30am-1.30pm. Version 3 Emit cards only. <a href="http://www.cityrace.org.uk">www.cityrace.org.uk</a> |

## November 2007 continued

|       |                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|-------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10th  |  | <b>LEI Annual Dinner and Awards Presentation. Forest Hill Golf Club. Gather from 7.00pm.</b><br><b>Details and booking form in this Newsletter. SK482058</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 11th  | WM                                                                                | WCH Regional Event. Fair oak & Hednesford Camp, Cannock.<br><a href="#">SK018171</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|       | C3                                                                                | Organiser: Doug Peel, 01785 661087. <a href="mailto:doug@dougpeel.plus.com">doug@dougpeel.plus.com</a><br>Entries: Dennis Keley, 76 Victoria Way, Walton-on-the-Hill, Stafford, ST17 0NX, 01785 661373. <a href="mailto:dennis.keley@staffordshire.gov.uk">dennis.keley@staffordshire.gov.uk</a> CD: 24/10/07 (Postal), 02/11/07 (Online) - +£2.00 after 24/10/07. Online entry: <a href="http://www.fabian4.co.uk">www.fabian4.co.uk</a> £11.00/£3.00 + £1.00 SI hire. No EOD for Regional. Chq: Walton Chasers. EPS-SI. CC courses - White - Red. Dogs on leads in car park. Starts 10.15 to 12.30. <a href="http://www.walton-chasers.co.uk">www.walton-chasers.co.uk</a> |
| 11th  | EM                                                                                | NOC District Event. Byron's Walk, Nottingham. <a href="#">SK513528</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|       | C4                                                                                | Catherine Hughes, 0115 8774089. <a href="mailto:catherinehughes@hotmail.com">catherinehughes@hotmail.com</a><br>Fees TBA. EPS-SI. <a href="http://www.noc-uk.org">www.noc-uk.org</a> <i>Full registration pending</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 11th  | EA                                                                                | SOS Local Event & ESSOL. The Naze, Walton on the Naze. <a href="#">TM263234</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|       | C5                                                                                | Jack Isbester, 01621 815501. <a href="mailto:IsbesterJ@aol.com">IsbesterJ@aol.com</a> £4.00/£2.00. <i>Full registration pending</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 17th- | SOA                                                                               | Veteran Home International                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 18th  | R2X                                                                               | 17th - Veteran Home International Relays. Dalnamein, Calvine. <a href="#">NN755696</a> . Terry O'Brien, 0141 7708671. <a href="mailto:Terry@tobrien1.wanadoo.co.uk">Terry@tobrien1.wanadoo.co.uk</a> Fees TBA. EPS-SI. String course. <a href="http://www.stag-orienteering.co.uk">www.stag-orienteering.co.uk</a> <i>Full registration pending</i>                                                                                                                                                                                                                                                                                                                          |
| 18th  | SOA                                                                               | STAG NATIONAL EVENT & Veteran Home International Individual. Errochty, Calvine. <a href="#">NN767637</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|       | C2                                                                                | Terry O'Brien, 0141 7708671. <a href="mailto:Terry@tobrien1.wanadoo.co.uk">Terry@tobrien1.wanadoo.co.uk</a> Fees TBA. EPS-SI. String course. <a href="http://www.stag-orienteering.co.uk">www.stag-orienteering.co.uk</a> <i>Full registration pending</i>                                                                                                                                                                                                                                                                                                                                                                                                                   |
| 18th  | WM                                                                                | WRE District Event. Gogbatch & Wildmoor, Church Stretton.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|       | C4                                                                                | Andrew Clough, 01743 246639. <a href="mailto:andy.debclough@tiscali.co.uk">andy.debclough@tiscali.co.uk</a> Fees TBA. EPS-SI. <a href="http://www.wrekinorienteers.co.uk/">www.wrekinorienteers.co.uk/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

# LEI News

## November 2007 continued

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|----------------------------------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 18th                                                                             | EM              | DVO District Event. Linacre, Chesterfield.                                                                                                                                                                      |
|                                                                                  | C4              | Dai Bedwell, 01509 260 751. <a href="mailto:daiandkaren@tesco.net">daiandkaren@tesco.net</a> £7.00/£1.00, Family entry: £15. EPS-SI. String course. Dogs on lead, in car park. <i>Full registration pending</i> |
|  | <b>20th C5N</b> | <b>LEI Night Event &amp; Winter League. Grange &amp; Battram Woods</b><br><b>Organiser Mark Foxwell 01509 646695. £2.50/£1.00. Starts 6.30 to 7.30</b>                                                          |
|  | <b>25th EM</b>  | <b>LEI District Event &amp; EMOA League. Watermead Country Park (North), Leicester. <a href="#">SK606114</a>. Also final event of the Autumn Series.</b>                                                        |
|                                                                                  | C4              | Rachel Simonetti, 0116 2996174. <a href="mailto:rachelsimonetti@mac.com">rachelsimonetti@mac.com</a> £7.00/£2.00. EPS-SI. Parking £1.50. <a href="http://www.leioc.org">www.leioc.org</a>                       |

## December 2007

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|------------------------------------------------------------------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9th                                                                                | EM             | DVO NATIONAL EVENT & EMOA Championships. Longshaw Estate, Sheffield. <a href="#">SK273805</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|                                                                                    | C2             | Organiser: Viv Macdonald, 01629 734307. <a href="mailto:r.macdonald@shu.ac.uk">r.macdonald@shu.ac.uk</a><br>Entries: Mike Godfree, Highfields, Mapleton Road, Ashbourne, DE6 2AA, 01335 346004. <a href="mailto:Mike.Godfree@btinternet.com">Mike.Godfree@btinternet.com</a> CD: 25/11/07. £11.00/£3.00. Lim EOD +£2.00/£1.00. Chq: DVO. EPS-SI. String course. Lim CC courses - white, yellow, orange & light green. Dogs in car park only. Parking £1.00. Entries preferred on-line, via website. <a href="http://www.dvo.org.uk">www.dvo.org.uk</a>                                                                                                                                                                                                  |
|  | <b>15th EM</b> | <b>LEI Christmas Novelty Event. Crow Wood, Ratby SK481065 (Forest Hill Golf Club)</b><br><b>Organiser: tbc. £5.00/£2.00. LEI members only plus invited friends. Refreshments available in the clubhouse after the event.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                                                                    | X5             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 16th                                                                               | WM             | HOC Regional Event. Kinver Edge, Stourbridge. <a href="#">SO838828</a> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|                                                                                    | C3             | Organiser: Robert Vickers, 01384 377 008 before 9pm. <a href="mailto:rvhoc-kinver@yahoo.co.uk">rvhoc-kinver@yahoo.co.uk</a> Entries: Mike Farrington, Kinver 07, Oak Lodge, Floyds Lane, Wellington Heath, Ledbury, Herefordshire, HR8 1NB, 01531 635502 (7 - 9pm). <a href="mailto:kinver07@harlequins.org.uk">kinver07@harlequins.org.uk</a> CD: 30/11/07 (Postal), 09/12/07 (Online). £10.00/£4.00. Lim EOD + £2.00/£1.00. Chq: Harlequins Orienteering Club. EPS-SI. W, Y, O, Lt Gr. String course. Parking £1.00. Dogs on lead at all times. On line Entries preferred at <a href="http://www.fabian4.co.uk">www.fabian4.co.uk</a> . Limited EOD subject to availability of maps. <a href="http://www.harlequins.org.uk">www.harlequins.org.uk</a> |

## December 2007 continued

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| 16th | EM  | NOC District Event. Walesby, Mansfield. <a href="#">SK669702</a> .                                                                                                                                             |
|      | C4  | Catherine Hughes, 0115 8774089. <a href="mailto:catherinehughes@hotmail.com">catherinehughes@hotmail.com</a><br>Fees TBA. EPS-SI. <a href="http://www.noc-uk.org">www.noc-uk.org</a> Full registration pending |
| 29th | WM  | OD Club Xmas Relays. Rough Close, Coventry. <a href="#">SP270781</a> .                                                                                                                                         |
|      | R4X | Tony Feltbower, 01926 864465. £6.00/£6.00. EPS-Emit.<br><a href="http://www.octavian-droobers.org">www.octavian-droobers.org</a>                                                                               |
| 29th | C4  | <b>LEI District Event and EMOA League Event, Grange Wood and Battram SK425093</b>                                                                                                                              |
|      |     | <b>Organiser: tbc. £7.00/£2.00. EPS-SI. <a href="http://www.leioc.org">www.leioc.org</a></b>                                                                                                                   |



## January 2008

|      |    |                                                                                                                   |
|------|----|-------------------------------------------------------------------------------------------------------------------|
| 1st  | EM | <b>LEI Local New Years Day Winter League Event—venue tbc</b>                                                      |
|      | C5 | <b>Organiser Roy Denney 0116 233 8604. £2.50/£1.00. Starts 1.00 to 12 noon. Short, Medium &amp; Long courses.</b> |
| 13th | EA | CompassSport Cup First Round                                                                                      |
|      | C4 | Thetford Forest                                                                                                   |
| 26th | EM | <b>LEI Local Winter League Event—date &amp; venue tbc</b>                                                         |
|      | C5 | <b>Organiser tbc. £2.50/£1.00. Starts 1.00 to 12 noon. Short, Medium &amp; Long courses.</b>                      |
| 27th | C4 | <b>LEI District Event and EMOA League Event, Rough Park and Rising Wood SK393192 (off Melbourne Road)(tbc)</b>    |
|      |    | <b>Organiser: tbc. £7.00/£2.00. EPS-SI. <a href="http://www.leioc.org">www.leioc.org</a></b>                      |



# LEI News

## February 2008

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| 10th | EM  | NOC Regional Event, Robin Hood Trophy & Midland Champs. Budby, Mansfield.                                                                                                                                      |
|      | C3  | Catherine Hughes, 0115 8774089. <a href="mailto:catherinehughes@hotmail.com">catherinehughes@hotmail.com</a> Fees TBA. EPS-SI. <a href="http://www.noc-uk.org">www.noc-uk.org</a><br>Full registration pending |
| 23rd | SW  | BOK British Night Champs. Forest of Dean, Coleford.                                                                                                                                                            |
|      | C2N | Mark Blackstone, 0117 962 3288. Fees TBA.<br><a href="http://www.bristolorienteeing.org.uk/">www.bristolorienteeing.org.uk/</a><br>Full registration pending                                                   |
| 24th | WM  | POTOC District Event & West Midlands O League. Swynnerton and Harley Thorns, Stoke-on-Trent.                                                                                                                   |
|      | C4  | Brenda Morgan, 01889 502355. <a href="mailto:shenrymorgan@yahoo.co.uk">shenrymorgan@yahoo.co.uk</a> Fees TBA. EPS-SI. <a href="http://www.sisyphus.demon.co.uk/POTOC">www.sisyphus.demon.co.uk/POTOC</a>       |

## March 2008

|            |           |                                                                                                                                                                                                                                                                                   |
|------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>8th</b> | <b>EM</b> | <b>LEI District Event and EMOA League, Wakerley Great Wood (new map) <u>SP960987</u></b>                                                                                                                                                                                          |
|            |           |  <b>Organiser: tbc. £7.00/£2.00. EPS-SI. <a href="http://www.leioc.org">www.leioc.org</a></b>                                                                                                    |
| 9th        | SW        | SARUM NATIONAL EVENT. Great Ridge, Hindon, Salisbury.<br><a href="http://ST930360">ST930360</a> .                                                                                                                                                                                 |
|            | C2        | Organiser: John Parfitt, 01985216371. <a href="mailto:Sarum@aol.com">Sarum@aol.com</a> Entries: addressee TBA. <i>CD: unknown.</i> EPS-Emit. Dogs in car park only. <i>Full registration pending</i>                                                                              |
| 21st-24th  | SE        | JAN KJELLSTROM ORIENTEERING FESTIVAL C3S 21st - JK Weekend - Sprint Race. University of Surrey, Guildford.                                                                                                                                                                        |
|            | C1        | 22nd - JK WEEKEND - DAY 1 INDIVIDUAL RACE. Leith Hill, Dorking.                                                                                                                                                                                                                   |
|            | C1        | 23rd - JK WEEKEND - DAY 2 INDIVIDUAL RACES. Pippinford Park and Broadstone Warren, Tunbridge Wells.                                                                                                                                                                               |
|            | R1        | 24th - JK Weekend - Relays. Eridge Park, Tunbridge Wells. Mike Elliot (Event Coordinator), 01372 273106. <a href="mailto:mike.elliott@bigfoot.com">mike.elliott@bigfoot.com</a> EPS-SI. <a href="http://www.jk2008.org.uk">www.jk2008.org.uk</a> <i>Full registration pending</i> |

## April 2008

|           |     |                                                                                                                                                                                                                                                                                      |
|-----------|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 5th       | WM  | OD British Elite Orienteering Championships - Middle Distance. Hopwas, Tamworth. <a href="#">SK167052</a> .                                                                                                                                                                          |
|           | O2  | Organiser: John Bowman, 01926 853720. <a href="mailto:jandsbowman@yahoo.co.uk">jandsbowman@yahoo.co.uk</a> Entries: addressee TBA. <i>CD: unknown</i> . Fees TBA. EPS-Emit. <i>Full registration pending</i>                                                                         |
| 6th       | WM  | OD British Sprint Championships. Warwick University, Coventry. <a href="#">SP300759</a> .                                                                                                                                                                                            |
|           | O2S | John Bowman, 01926 853720. <a href="mailto:jandsbowman@yahoo.co.uk">jandsbowman@yahoo.co.uk</a> Fees TBA. EPS-Emit. <i>Full registration pending</i>                                                                                                                                 |
| 13th      | EM  | LOG Regional Event. Bourne Woods, Bourne. <a href="#">TF075202</a> .                                                                                                                                                                                                                 |
|           | C3  | Karl Pickworth, 01526 320136. <a href="mailto:pickworths@aol.com">pickworths@aol.com</a> TBA +£2 Non BOF Seniors. EPS-SI. String course. Dogs on Leads. <a href="http://www.logonline.org.uk">www.logonline.org.uk</a>                                                               |
| 19th-20th | SOA | BRITISH ORIENTEERING CHAMPIONSHIPS                                                                                                                                                                                                                                                   |
|           | C1  | 19th - BRITISH CHAMPIONSHIPS 2008 - INDIVIDUAL. Culbin East, Forres.                                                                                                                                                                                                                 |
|           | R1  | 20th - British Championships 2008 - Relays. Culbin East, Forres. Co-ordinator: Jon Musgrave, 013398 84447, <a href="mailto:jon@big-jon.demon.co.uk">jon@big-jon.demon.co.uk</a> Fees TBA. EPS-SI. <i>Full registration pending</i>                                                   |
| 20th-26th | SOA | ISF WORLD SCHOOLS CHAMPIONSHIPS                                                                                                                                                                                                                                                      |
|           | C3X | 22nd - ISF World School's Model Event. Linlithgow.                                                                                                                                                                                                                                   |
|           | C1X | 23rd - ISF WORLD SCHOOL'S CLASSIC RACE. Dunfermline.                                                                                                                                                                                                                                 |
|           | C1X | 25th - ISF WORLD SCHOOL'S MIDDLE DISTANCE RACE. Falkirk. R5SX 26th - ISF World School's Friendship Relay. Edinburgh. Blair Young, 01555 661955. <a href="mailto:blair.young@talk21.com">blair.young@talk21.com</a> Free/Free. EPS-SI. Closed event. <i>Full registration pending</i> |
| 27th      | EM  | <b>LEI Regional Event. Venue to be decided.</b>                                                                                                                                                                                                                                      |
|           | C3  | <b>Chris Phillips, 0116 255 0330. <a href="mailto:onecphillips@lineone.net.co">onecphillips@lineone.net.co</a> Fees TBA. EPS-SI. Parking £1.00. Dogs on Leads. <a href="http://www.leioc.org.uk">www.leioc.org.uk</a> <i>Full registration pending</i></b>                           |

# **Next LEI Event**

**Saturday 6th October 2007**

**LEI District Event & East  
Midlands League Event**

**Willesley Woodlands, Ashby**  
(short courses at Donisthorpe Woodland Park)  
(parking at DM's Donisthorpe)  
**SK318142**

**Roger Phillips**  
**0116 255 0330**

**£7.00/£2.00**  
(£2.00 discount for BOF members on  
production of current membership card)

**SportIdent electronic punching**