

British Sprint Championships Host 2013



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Alan &  
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West

# LEI NEWS

The Newsletter of the Leicestershire Orienteering Club



Junior Spotlight 1, 2 & 3

Compass Care Tips



JK 2014

Boost your Performance

LAMM - June 2012

Become an Updater

Autumn 2012

## In this Issue...

Points from the Editors.....	2
Ramblings from the Chair.....	3
Captain's Corner.....	4
Your Club Needs You!.....	5
Become an Updater.....	5
Top Performances.....	6
Congratulations.....	7
Club Chat.....	8
Junior Spotlight 1.....	10
Junior Spotlight 2.....	11
Junior Spotlight 3.....	12
Roger Hurt Remembered.....	14
Club Accounts.....	16
BOOST Your Performance.....	17
Mapping by Neanderthal Man.....	18
Summer League 2012 Presentations.....	20
LAMM 2012.....	22
Compass Care Tips.....	24
Major LEI Events Forthcoming.....	25
The British Sprint Championships.....	26
JK 2014.....	26
Urban Race In Bruges.....	27
Training for Event Officials.....	28
Mappers' Mandate.....	29
Club Championships 2012.....	30
Croeso 2012.....	32
EMJOS.....	33
Retired Man Chronicles.....	34
Fixtures.....	38
Photo Gallery: White Rose 2012.....	42

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*Front cover photograph: Members of the two LEI Peter Palmer relay teams.  
Photograph: Iain Tebutt*

## Points from the Editors



Welcome to our Autumn 2012 edition of the LEI News.

We are delighted with the diverse range of articles in this edition, covering all aspects of orienteering. It is wonderful to see the spotlight on the juniors again with three, high-quality articles being published.

Additionally, a big "well done!" to the juniors who competed at the Peter Palmer Relays, which Roger Phillips will tell you more about on page 4.

I hope you enjoy our new column on page 31 of this edition - 'Mappers' Mandate', where Peter Hornsby has written a very interesting article on map symbols. We look forward to future articles in this series to help us mere mortals to understand more about the mapping process.

We are always looking for ideas from members to improve *your* newsletter. We would be happy to receive your articles or ideas.

Please have a go at our latest caption competition on page 9 - we're hoping to receive lots of entries, as we have a great prize on offer for the winner. All entries will be impartially judged.

Please send your articles to [wenandal@talktalk.net](mailto:wenandal@talktalk.net). Happy reading.

We hope to see you at an event soon!

*Wendy and Alan West*



# Ramblings from the Chair



What a great summer of sport.....and then there were the Olympics and Paralympics, too! Of course, I am primarily talking about the LEI Summer League. Congratulations to Howard Alcock and Hannah Cox

as the male and female winners. There was a fantastic turn out at the last event, the mass start score planned by Mark Sherriff, and great to see so many members (approaching 70?) at the presentation event in The Navigation afterwards. Many club members are involved in putting on this 22 event series and a huge thank you is due to Steve Edgar who is the co-ordinator. The weather was very unusual this summer; it seemed that if it wasn't raining (the norm), then it was baking hot. It was very muddy at The White Rose weekend in Yorkshire over the August Bank Holiday, and the rally cross needed to get from the entry gate to the camping field was quite entertaining.

To return to the situation regarding the new event levy scheme, I said that the new levy for every senior competitor run at any event would be £1. We have now decided that we must pass this on to you, as club funds cannot accommodate this rise. From the start of the Winter League (excluding the Maze which has its own price structure), entry will be £4 (50p rise), and then £4.50 from the start of the 2013 Summer League. I hope that you will still think that this is good value for money. We haven't yet decided what to

do for our Level B and C events (East Midlands League). The hope is that we may be able to set a cost that is generally common to all the East Midlands Clubs.

We do a huge range of events and activities (non competitive occasions like Club Night, etc.), but this takes up a large amount of time contributed by many of our members. For our Level C and higher events, Chris Phillips, our Fixtures Co-ordinator, by one means or another (mainly by asking at social occasions) organises the event officials – Organiser, Planner and Controller. Due to various circumstances, people moving away or “retiring”, Chris is finding it more difficult to fill these positions. There are training courses for these posts which then give the attendees the qualification to take on these roles. If you are interested in moving on to organising or planning, then please talk to one of us and we will make sure that you are accommodated on the next available course.

Our biggest forthcoming event is the British Sprint Championships at Loughborough University next April. I will refer to this event in more detail in another part of the Newsletter, but suffice it to say here that I am beginning to get very conscious of the fact that it is now only a few months away.

Also looking into the future, we have an excellent winter of orienteering entertainment lined up for you. By the time you read this, the Club Championships at Spring Cottage will have taken place, but there is the Maize Maze approaching (a very different event), the other 11 events in the Winter League (including 4 night events), the Burleigh and Groby Community College evenings for families and newcomers,



and the Thursday evening Club Night. All these events are detailed in the Winter Programme 2012/13 leaflet that was included with the recent bulk posting (more available), and of course on the club web site.

Finally, please do try and attend the AGM on Monday 29<sup>th</sup> October. This is your

chance to see how the club operates and to have your say in the future direction.

Hope to see many of you at an LEI event over the winter, but please don't overtake too quickly!

*Bob Haskins*

## Captain's Corner



Once again I am feeling withdrawal symptoms from the lack of orienteering, due to the end of the Summer League. The 22 events from April to August supply my weekly fix of 'O'-ing, although I am

sure I recently overheard a club coach suggest this was easy to sort - just attend the weekly club night! My performance over the summer has been quite variable: in some of the league events I did very well and in some of them I did very poorly, so perhaps I do need coaching.

Having recently come back from a weekend at the Peter Palmer Relays with 16 of our club's juniors, I am actually feeling very inspired to improve my orienteering and feel very proud to be a member of LEI. The team achieved a fantastic result, coming 3<sup>rd</sup> in the Joan George Trophy (teams whose total age is 90 and under in the Peter Palmer Relay),

98 seconds behind the winners (SYO) and 71 seconds behind the 2<sup>nd</sup> placed club (LOC). For those of you who don't know, the Peter Palmer Relays are a Night/ Day relay starting at 5.00am, so not much sleep for anybody! The individual performances of our juniors were very impressive, many of them running at a higher level and longer than they normally do. My thanks must go to Iain for organising the weekend, to Barbara, Alison, and Alastair for supporting the juniors at the event and to Peter for coaching the teams.

We should be very proud of our club. We have members who are achieving podium places at Level A events and we have Midlands & East Midlands Champions. Additionally, we manage to put on at least 3 events/ activities a week, 52 weeks of the year, at all levels. We offer suitable training so members can improve their performances. We are a great club to be a member of.

I hope to see you all out and about orienteering.

*Roger Phillips*

A date for your diaries.

The next annual presentation evening will take place on  
Saturday 16th March, 2013.



# Your Club Needs You!

## Inter Club Competitions



**Yvette Baker Heat (M/W 12 -18)**

21<sup>st</sup> October 2012

Byron's Walk, Nottinghamshire

**Compass Sport Cup Heat (All Ages)**

Fineshade Woods 2013

17<sup>th</sup> February 2013

Please let me know if you wish to take part in either competition.

*Roger Phillips*

## Become an Updater

An Updater - not something out of a Sci-Fi novel but a member with a vital role to play in the club.

The club currently has maps of 40 areas we use for orienteering. Many of these are small areas that are used either for Level D events or training. Because of the pressure on the club's 6 mappers to produce and update maps for the major events, these small areas get updated infrequently, and as a consequence several are now reaching the stage where unless some work is done on them they will become unusable. Most of this work is fairly minor, a vegetation change, a path added or deleted, a fence that has

disappeared, etc.

This is where the Updaters come in. We are seeking to recruit a number of club members who can spare a few hours to go out and update one or two maps every year. Each of these members will receive training from a professional mapper on OCAD (and the use of an OCAD Licence). We expect that the training will take about a day and are hoping to run one or two courses this winter.

If this is of interest to you, please speak to either Bob Haskins or myself.

*Chris Phillips*

## Own a Kindle?

If you would like to read the LEI NEWS on your Kindle, then just let the editors know your Kindle e-mail address and we will send it to you.



# Top Performances from Major Championships

Congratulations to those club members who delivered winning and top 10 performances in the following major championships:

## **Croeso 2012, Wales**

### **21st-28th July 2012**

M21V 3rd ..... Chris Heaton

## **White Rose Weekend 2012, North Yorkshire 25th — 27th August 2012**

### *Sprint*

Junior Women 6th ..... Hannah Cox

### *Night Score*

Super Vet Men 3rd ..... Bob Haskins

### *Classic Distance, Day 1 & 2 Combined*

M10A 3rd ..... Harrington Leake

7th ..... Oscar Wilkinson

M18L 6th ..... Matthew Cox

M45S 6th ..... Mark Hardy

7th ..... Alastair Paterson

M65L 5th ..... Glynn Smith

6th ..... Simon Ford

M70L 9th ..... Peter Leake

W16A 5th ..... Hannah Cox

W45L 3rd ..... Alison Hardy

10th ... Julie Ferris

W65S 4th ..... Diane Ford

W70S 1st..... June Cole

## **City of Lincoln Race — 2nd September 2012**

Junior Men 2nd ... Finn Lydon

3rd .... Nicholas Wilson

4th .... Simon West

Vet Men 7th .... Andrew Henderson

Ultra Vet Men 7th .... Glynn Smith

Junior Women 6th .... Reed Lydon

Women Open 10th .. Camilla Darwin

Vet Women 4th .... Trish Lydon

5th .... Alison Hardy

6th .... Tracey Brookes

## **Leicestershire Schools Championships—19th May 2012**

B5 1st .... Ben Hardy

B9 1st .... Tom Barber

B13 1st .... Finn Lydon

G6 1st .... Imogen Wilson

2nd ... Daisy Herd

3rd ..... Ngaia Herd & Zoe  
Robinson

G7 1st .... Holly White

2nd ... Reed Lydon

G8 1st .... Gabriel Rawlinson

G11 1st .... Hannah Cox



# Congratulations



To Martinshaw Primary School who won both the boys' and girls' Leicestershire County Schools Championships held at Bradgate Park on 19th May. This was the second year running that the school has won this event.

*Martinshaw Primary School winning teams from left to right: Jacob Toon, Declan Marston, Ngaia Herd, Daisy Herd, Imogen Wilson, Georgina Bee, Zoe Robinson and Tom Rea. Photo: Birthe Richter-Wilson.*



Possibly the main reason for the above success: members from the Monday night Groby community orienteering club show off the certificates they have gained, and Imogen and Molly as silver medal winners from the County Schools Championships 2011.

*Members: Zoe Robinson, Ngaia Herd, Daisy Herd, Imogen Wilson and Molly Rastall. Photo: Birthe Richter-Wilson.*

## LEI HAS A WORLD CHAMPION

Bob Titterington, LEI, and a member of the nine strong Great Britain team, won the M70 class at the 16th World Radio Orienteering Championships held in Kopoanik, Serbia, in September. This is the first ever victory for Great Britain in this competition which is held every two years. Bob won his class in the 80m band event in a time of 98.59, beating 25 competitors from 17 countries. Eastern European countries have been involved in the sport for a long time, often with military assistance, and the Czech Republic, Russia and Ukraine tend to dominate the results. Radio Orienteering uses orienteering maps, but these only show the start and finish. The competitor has to use a small radio receiver to work out where several transmitters are located and visit them in the shortest possible time. The task is made more difficult because each transmitter only transmits for one minute during a five minute cycle, with each transmitter coming "on air" in turn. The terrain was particularly tough with steep valleys and many unmapped fallen trees. Full results and maps can be found on the German Amateur Radio Club website:

<http://ardf.darc.de/contest/12091215/12091215.htm>

YouTube video of the presentation at <http://youtu.be/CVSx6NsN37A>



# Club Chat

We would like to give a big LEI welcome to the following new members:

Iain and Emma Phillips

Simon Bradbury

The winning caption in the photo caption competition from the summer edition of the LEI NEWS was:



SEPERATED AT BIRTH—LEI NEWS was there to capture the emotional reunion!

This was submitted by Julie Ferris.

The winning entry was judged by members of Wreake Running Club following their orienteering evening organised by the editors.

The editors would like to thank Buffera Limited for the donation of an original Buff and other accessories as prizes for our caption competition.

On the left: Julie being presented with her prize of an original buff and buff accessories by co-editor, Wendy West.



**Don't Forget your AGM**

Monday 29th October,  
7.30pm

Glenfield Parish Rooms

Stamford Street

Glenfield. LE3 8DL

## \*\*\*\*\* Competition Corner \*\*\*\*\*

We are offering another Buff as a prize for the most humorous caption sent in to accompany the photograph below. E-mail your suggestions to the Editors by 25th December 2012.



### The Latest LEI Member

When LEI members checked the results of the Willesley Summer League event on 14th August, they may have been surprised to see Ruth Shedden in 3rd place on the long course. Given that Ruth had been seriously ill and in hospital for three weeks, and was 39 weeks pregnant, it was highly unlikely she could have done so well. Angus wouldn't have been happy, either, as he was four places behind in 7th place. Results have since been amended once Ruth pointed out that she had lent her dibber to her brother, Dave Hollinger.

Five days later on Sunday 19th August, Euan Douglas Shedden was born at Leicester Royal Infirmary at a healthy 7lbs 3ozs, the same weight as his older

brother, Rory, when he was born. Euan has already made it to a couple of local events - Donisthorpe Summer League event and the club champs - and no doubt will be seen at many more events in the future.



Ruth and Angus want to say a big thank you to the whole of LEI for their kind words, help and gifts both during Ruth's illness and since the birth of Euan.

*Ruth, Angus, Rory and Euan  
Shedden*



## Junior Spotlight 1: The Peter Palmer Relays 2012



When I was first asked to run in the Peter Palmer relays, I was a bit hesitant because if one member of the team mis-punches, the whole team is disqualified. It is one thing mis-punching and ruining your own chances, but

disqualifying a whole team is quite another. However, with some gentle persuasion, I agreed, and as it got closer I started to look more and more forward to it, especially when just a few weeks before my sister was asked to come.

Just one week before the relays there was to be whole team training event at Beacon Hill, led by Peter Hornsby. At the training event, I learned that LEI were entering two teams of 8, ranging in age from 10 to 17, and that I would be doing the first leg for one team and Finn would be doing the same leg for the other.

At 3pm the day before, we met at Iain's house where we had an excellent tea, then all of us - 16 juniors and 5 coaches - set off for Sutton Coldfield. We were going to be sleeping at Wyndley Leisure Centre the night before and getting up at 4am to start the relay at 5am. At 10.30pm the lights went out and everyone became quiet, though I was so excited I couldn't sleep, and at about midnight I started worrying that if I didn't get to sleep I would be really tired in the morning, but this just made it worse. I was now too excited and too nervous to sleep. It was around 2am before I finally got to sleep.

When I woke up, I could see some people from other teams were already awake and some were even dressed and walking around. As others around me stirred, I started to get ready and found to my amazement that I was nowhere near as tired as I thought I would be. As I was preparing my kit, Barbara called me over to paint my face in LEI colours - purple and white.

We were some of the last to arrive at the start, and as I looked around it looked as though Finn and I were amongst the youngest on the first leg. As the marshal set us off, I just followed the crowd of people going forwards, not really looking at my map, but as we came to the first junction, the crowd parted and I was forced to stop and look at my map. As I did so, Finn ran past me shouting a quick goodbye and he was gone.

For the first couple of controls, I couldn't really concentrate and just happened to find the controls by chance. On the third control, though, I made a terrible error and decided to follow a couple of boys through a large area of holly bushes. After much struggling, I decided to turn back and one of the boys followed suit. I was now a long way behind most of the others and almost completely alone. I was also becoming increasingly grateful for my borrowed head torch.

As I arrived at my third control, I was starting to concentrate but I was still very tempted to run towards a group of head torches on the same area of heath land. On the way to my fourth control, I had to cross a very large area of open heath-land, upon which had descended a thick mist, and as I ran across the heath-land I could hardly see the floor, let alone



anything else.

The next six or so controls went by without a hitch and before I knew it I was running past the spectator control - as I ran past I could hear lots of people cheering and shouting and as I looked around, almost everyone from both LEI teams were down by the finish awaiting mine and Finn's return. The fact that they had all got up and come down at what must have been about a quarter to six really encouraged me to continue to concentrate.

With just a few controls left, I caught up with a boy who looked a few years older than me who was running roughly the same way as me. However, I thought about my earlier mistake and decided point-blank not to follow him.

As I reached the final control, I could see the finish about 50m away. I then sprinted alongside two other people, managing to overtake one of them. As I reached the taped change-over area, I saw my team mate - he ducked under the tape, tagged

me and was off. As I watched him run, I felt a huge weight lift from my shoulders, and as I dibbed the finish I felt pretty proud of myself. I wasn't bothered how long I had taken; all that I kept thinking about was that I had completed my first night event all in one piece and as far as I could see I wasn't last.

As we walked back to the cars to travel home, everyone was asking about next year and whether it would be possible to go. I really want to go next year because I enjoyed it so much this year. On the return journey, both Matt and Nick fell asleep. I think I did, too, for some of it.

I would just like to finish by thanking Iain, Barbara, Roger, Alastair and Alison for organising our trip to the Peter Palmer Relays, and for being brave enough to take 16 over-excited young people to Sutton Coldfield for an overnight stay. I really enjoyed the 2012 Peter Palmer Relays and can't wait for the 2013 relays in the Lake District.

*Tom Barber*

## Junior Spotlight 2: The White Rose Weekend 2012



This year's White Rose Weekend was held in Wykeham Forest. This was mine and Matthew's first two day event experience and our first time camping! After pitching our tent, then moving it again to where we eventually ended up

with a large group of LEI members camping, we got ready for our first event, the sprint. The sprint was different to any

other sprint with 28 controls in one small area of woodland. The map scale was 1:1000 and contours just 1m! At the start, it was really hard to adjust, but after a while I got used to it and it was a fun and unusual sprint! That night's LEI barbecue ended when the rain started, and when we woke up in the morning we realised it was going to be very muddy on the course after a lot of overnight rain! The Saturday and Sunday Classic Distance races were held in two different woodlands, with the Saturday start a very long walk away, which led to a few problems with the lady at the start! I had



a good run on both days, with Sunday being my better day. I finished 5<sup>th</sup> overall (5<sup>th</sup> on Saturday and 4<sup>th</sup> on Sunday) which I was very pleased with. A big well done to Alison Hardy and Harrington Leake who came 3<sup>rd</sup> in their age groups over the two days, and Bob Haskins who was the only LEI member who went out in the pouring rain and strong winds to try the night score, which he came 3<sup>rd</sup> in!

On Monday morning, there was a team score event which we had a team for - Matthew, Julie Ferris and me representing LEI. The team score consisted of 27 controls to be collected between the 3 members in 1 hour, with 6 of those controls being compulsory for each team member to collect. After discussing tactics for most of Sunday, when it came to looking at the map and deciding who would go where and collect what, these tactics went completely out the window and we changed our plans

completely! Unfortunately this wasn't for the better! After I'd collected all the ones I'd been instructed to, I arrived back 20 minutes early. For the next 20 minutes, I was so anxious thinking about how long it would be until they got back! Eventually, almost 5 minutes late, Matthew appeared, quickly followed by Julie. It wasn't until we'd punched the finished that we realised one of the compulsory controls had been missed, not mentioning any names! Unfortunately, this led to us being disqualified! At least next time we'll know what we're doing!

It really was a great weekend; I will definitely be going again! Matthew and I would both like to thank all the LEI members that looked after us during the weekend in any way; it was very much appreciated!

*Hannah Cox*

## Junior Spotlight 3: Lagganlia 2012



After an interesting train ride from Aberystwyth to Aviemore, which involved a connection missed by a minute, resulting in a 2 ½ hour wait at Edinburgh, I arrived at Lagganlia along with some other athletes who had also travelled up from The Welsh 6 days.

First thing on Sunday morning (no lies!) we spent a little time learning each other's names using Brian, Brenda and Backwards - three teddy bears who we threw around a circle shouting out people's names.

We then started training, on Moor of Alvie

in the morning and Uath Lochan in the afternoon. We practised visualisation and contours on Moor of Alvie, a forested, undulating area, as well as recording our personal one kilometre times through terrain and along paths; it made me realise how much slower I am on terrain than on paths. Uath Lochan is another wooded area, slightly steeper than Moor of Alvie and with a few more paths. Here we practised bearings and pacing. At the end of the day, we did a star relay with Brian, Brenda and some other teddy bears. The teddy bears got a bit wet and we got a bit bitten by the midges.

On the Monday, we had a very short walk to the area, the Lagganlia Chequerboard, rightly named as for some reason there is a chequerboard of rides with the greenness of the forest in each square different



from those around it. The focus was on simplification, so we started with a blank piece of paper and a master map and we had to draw a simplified map of the area with the course on and then go and run the course just using our simplified map. I did really well at this and learnt that I actually don't need to use anywhere near as much detail as on a standard orienteering map.

Tuesday's training was on Roseisle, an area of sand dunes which will be used for the Scottish Six Days next year. (It was the last day before the embargo started.) The training was, unsurprisingly, about contours and contour simplification. At the end, we had a "green" run, not describing the difficulty but the colour of the forest we had to run through! We also had an odds and evens relay. This was my favourite area of the week. We then stopped off at Aviemore - I bought lots of giant chocolate buttons (don't tell mum!).

On Wednesday, we had a sprint competition with an A and B final and a qualifier. The qualifier was in Lagganlia and the surrounding woodland. The final was at another outdoor centre nearby. Afterwards we went for a "swim" in Loch Morlich; it was very cold and only me and a few other people actually got in the water.

Thursday's training was on Battan, where

the focus was on map memory. I did quite well at that. At the end, we had a peg relay. The start was interesting - the coaches threw all the maps in the air and then everyone started running in completely the wrong direction down the path. There was a large crush at the first control and then someone started running off with the SI box and dropped it down a hole! We had a BBQ and did some Trail O around the woods next to Lagganlia, organized by the cooks.

On the last day, we had a classic race on Loch Vaa, a moorland sort of area with blocks of woodland with indistinct vegetation boundaries. It was hard work and very hot. Finally, we had a relay at Avielochan, which is undulating, runnable terrain with vague patches of woodland.

The Lagganlia training camp is organized by the Junior Regional Orienteering Squads for top year M/W14s. To attend, you have to be nominated by your region and have achieved a Championship standard at M/W14. A maximum of 24 athletes from the UK are invited each year.

I really enjoyed my week and learnt a lot. I would like to thank LEI and EMOA for their generous grants towards my participation.

*Euan Tebbutt*

## Club and Activity Night Contacts

Monday night, Groby Community College, contact Birthe Richter-Wilson

[B.Richter-Wilson@lboro.ac.uk](mailto:B.Richter-Wilson@lboro.ac.uk)

Monday night, Burleigh Community College, Loughborough, contact Roger Edwards

[rwmhedwards@gmail.com](mailto:rwmhedwards@gmail.com)

Thursday night, Groby Community College, contact Howard Alcock

[howard.alcock919@btinternet.com](mailto:howard.alcock919@btinternet.com)



# ROGER HURT REMEMBERED (1946-2012)

The name and works of Roger Hurt will bring back many memories to long standing LEI chums of advancing years (Roger would definitely have preferred those words to the more blunt description 'older members'!) but to the more youthful amongst us "Roger Hurt" could well be just a name heard in chats and discussions of the way things were in 'the good old days'. Either way, the very sudden death of Roger in July from an aortic aneurysm brought to an end not only a life exceedingly well lived, but also the life of a man who helped build the foundations of our club as we know it today.

Roger was an excellent educationalist, retiring at the end of a teaching career as Head Teacher of Cotgrave Primary School in Nottinghamshire, as well as being very much a 'Renaissance Man', having talents in music, in writing as the author of a number of Ladybird Books, together with articles on a range of topics including orienteering, taking part in outdoor sports such as mountaineering, rock climbing and mountain biking, as well as our own sport of orienteering, together with real skills in the arts and crafts, as a raconteur and wit of note, and not forgetting his legendary status as a home brewer and vintner of some repute – as a well-known member of DVO (thanks Mike) said to me recently "My abiding memory of Roger is going to his house for a meeting (yes, in the good old days club and regional meetings were held in people's homes) and being invited to sample one or more of his brews" – after all, who else had a beer line from the barrel in the garage to the other side

of their kitchen wall?

Roger was one of the major mappers for LEI and, before it was formalised in Standing Orders, 'the Access Person' – this latter function was carried out by Roger investigating any patch of woodland, big or small, that he came across in the days before OS maps specifically showed 'Access Land' by getting in amongst the trees and brambles to see if it was worthy of an orienteering map and then, if suitable, taking it further. As a mapper, Roger, alongside dedicated club members such

...who else had a beer line from the barrel in the garage to the other side of their kitchen wall?

as Peter Hornsby, would survey an area with pen, coloured pencils and pad, and then transfer everything into the symbols used at the time onto special sheets laid over a large, light table, one sheet per print colour, using various thicknesses of Rotring technical pens and black ink, before submitting the sheets for printing. Needless to say, this was a laborious task undertaken in the evenings and at weekends that required real concentration and a very steady hand. The colours were more limited than they are today, and some of the symbols were difficult to draw by hand so starting a map was quite an undertaking and completing



all of the sheets was a very real achievement – just think of the advantages available today – there was no Google Earth, no GPS and definitely no OCAD or Purple Pen!

Roger will also be remembered as the 'only begetter' in the 1970s and beyond of 'Plaid Coalville', a small, some might say, exclusive group described by 'The Laird' as "like-minded chums who all enjoyed good conversation, good sport, good companionship and, of course, good beer". The members of the group consisted of Roger's best and "oldest pal" 'Alb', better known as Ian Burden, a fellow Loughborough College trained Crafts Teacher, who also had the nickname 'Bunter', Eric Porter aka 'Biggles', Peter Hornsby aka 'Peat Bog', Colin Grey aka 'Wingnut' and a certain EAW aka 'Little Ern' (think Morecambe and Wise) who also wrote articles for local, regional and national publication as 'Hardy Rootstock' – well I had to have a pen-name, as Roger had achieved near legendary status for articles written with wit and erudition, and published near and far as by 'Rocky Knoll', though Roger always maintained that 'Rocky Knoll' definitely wasn't him though he thought he knew who he might be!

After more than twenty years in our sport, Roger had to give way to serious joint problems, particularly in his hips, and stopped orienteering to become a member of an award winning Barber Shop Quartet and Choral Group - one year the Quartet won the National Championships and were invited to take part in the World Championships in America which Roger absolutely loved, together with taking up Mountain Biking, both of which activities he continued to take a part in right up to his death.

To finish with these special memories, one particular one is from the time that Britain hosted the Orienteering World

Championships at Aviemore, in Scotland, in late September 1976 – Roger heard that volunteers were being sought from amongst the orienteering fraternity to help at the event and so he and 'Alb', both being teachers in the employ of Leicestershire County Council, requested formal 'Leave of Absence' to take part in the World Championships, which was then granted, and off they both went northwards as voluntary helpers (and informal participants) in the World Championships, stories about which were told and re-told much to the hilarity of the listeners, but very much to the delight of Roger and Ian, who never did let on to the powers-that-be that they hadn't actually been selected to run competitively in the World Championships representing Great Britain and Northern Ireland!

R o g e r . . .  
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C h o r a l  
G r o u p .

It is often said of someone that we shall not see their like of again – in Roger's case these words actually do mean what they say – thank you Roger for all that you did, for LEI in particular and for orienteering in the East Midlands – it has been and always will be very much appreciated by those who knew you and those who are beneficiaries of your positive attitude to life and your 'can-do' spirit.

*Hardy Rootstock*



# Club Accounts 2012

The accounts are being inspected and the likely outturn is as below. We are delighted that event income increased because of higher participation at virtually all of our events. Our expenses were higher than anticipated, primarily because of purchases of computer timing equipment and map printing costs, especially buying a replacement A3 printer.

Other activities generated a surplus to match the event losses. We have broken even on our club nights, but our new promotion at Burleigh College is being

subsidised. Activities at schools (map production, coaching and events) continues to generate significant income.

The British Orienteering membership and levy scheme to be implemented in January, 2013, severely hits clubs with programmes like ours. All events with fewer than 200 participants will pay more and we will need to pay £50 extra on every smaller event. The unaudited accounts show:

*Roger Edwards*

Events			Activities		
Income			Income		
Event fees		14338	Commissioned Maps	2950	
			Club Night Fees	2082	
			Grants	1877	
			POC Sales/ Grants	1383	
			Coaching Income	1165	
			Membership Fees	565	
<b>Less Expenses</b>			Other income	2276	12297
Map Printing	3167				
Levy	1898		<b>Less Expenses</b>		
Equipment	3220		Club Mappers	2025	
Land Access	1526		POC Expenses	1906	
Officials Expenses	1318		Club Night	1606	
Map Surveys	935		Grant Aided Equipment	800	
Depreciation	828		Newsletter	703	
Storage Rent	648		Coaching Courses	595	
Other costs	1798	-15337	Other	3670	-11304
Loss		-999	Surplus		993



# BOOST Your Performance

LEI's performance in both junior and senior competitions has shown a steady rise over recent years. LEI's development plan aims to offer opportunities to all members to boost their performances, so we have been reviewing our coaching provision to ensure we meet this objective. LEI's Best Opportunity for Orienteering Skills Training, or BOOST Programme, will take over from the Talent Club and expand the range of provision.

The programme will encompass: juniors and new seniors seeking to move up from Orange or Light Green to TD5 (Green, Blue or Brown) courses; seniors on TD5 wanting to improve their results or consistency and elite orienteers of any age aiming for trophies and higher ranking positions. Each member has their own performance objectives such as "to finish faster than 1.5 times the winner's time" or "to compete at an elite level". Each may have particular skills they wish to improve. The BOOST programme will aim to cater for all these.

Besides Club Night skills and fitness

sessions, we can use a mixture of formats including: short pre- and post-event sessions; longer Saturday morning skills sessions at various venues; whole day training on more challenging terrain outside the county, and possibly training associated with national events. There will also be opportunities for one-to-one coaching.

Fitting the BOOST programme into an already busy fixtures list with many calls on coaches' time will be difficult. As the year progresses, we will establish a list of dates and venues and email them to all members.

The first BOOST session will be at Willesley on 6<sup>th</sup> October. This will be a 1 hour session prior to the event (10 am start) with a follow up individual or small group debrief afterwards. The skill focus will be influenced by the area available, but will include leg by leg analysis.

*Mark Hardy, Howard Alcock  
and Chris Bosley for the LEI  
Coaching Team*

## Tree Planting Challenge

Are you up for a tree planting Challenge in the Woodlands Trust QEII Diamond Jubilee Woods on Saturday 24th November?

Teams of 10 needed with your own spade.  
Full details on the club website nearer the time.



# MAPPING - A VIEW OF A DISTANT PROMISED LAND

## By Neanderthal Man

In a perfect world, our maps would be accurate enough to satisfy those who like to run round with computers on their wrists whilst still properly reflecting the ground as a competitor sees it. All our maps would be up to the minute, reflecting management work and the ever changing vegetation growth. We would have a queue of fully trained mappers looking for work and they would have nothing else to do and could produce maps at the drop of a hat. Survey notes would put themselves on the new maps, rather than requiring longer at the computer than they took out in the woods. Even better, all competitors would be experts on maps, although to listen in on after-event chat in car parks, most think they are anyway. All maps would be geo-referenced, north lines would change themselves as magnetic declination moves and map symbols would alter when IOF changes specs.

On a more mundane level, events would use our latest map which would include all prior corrections. In reality, this sometimes does not happen. Map A has some minor updating, becomes A2 and is held in the club archive. Somebody, however, still has a copy of A and goes out to check changes on the ground and creates A3 (for a small event usually). The club decides to have A2 updated but has no knowledge that A3 exists, so A4 and A3 float about leaving two slightly different maps in circulation with some discovered anomalies missing from both. This leapfrogging is not uncommon.

It is, in part, brought about by the number of officers actually involved in responsibility for the mapping process and the inevitable overlap of activity. We have a Mapping Co-ordinator but the Map Archivist, in attempting to properly maintain an up to date record of the clubs' maps, does effectively have to act as a co-ordinator, which is not such a problem as it might be as the two officers have evolved a sort of informal equilibrium as to who actually does what. The issue is, however, further confused as we have a Mapping Adviser as well. He is responsible for technical issues, problem solving and training, but again he is inevitably drawn into positions involving some co-ordination. The only real solution to this problem is that every map is passed to the archive promptly and anybody wishing and authorised to do any updating must come to the archive for the latest copy. Whoever did the last update should do this, as the archived map is sometimes updated after an event when obvious changes are discovered, e.g. a fence or seat has been removed. The archive version is also marked to indicate reported anomalies which await somebody to check them.

Another problem we face which begs a suggested solution is when we have a map of a large area which includes a part to be used 'blown up' for a POC or school, etc. That small area is often remapped with symbols of a different size, to a different spec and at a scale which can show items which cannot be shown on the larger map. It can also



show minor anomalies on the larger map, which may be deliberate, but the two maps will not agree and are sometimes both used at the same event for different competitors.

Let's look at deliberate anomalies: a complete anathema to GPS man. You can often have a series of line features parallel with each other, but visually useful to a competitor, or indeed a planner. One solution acceptable to my eyes is to move them slightly apart (not accurate they cry!). Special man-made symbols and, indeed, all X and O symbols, are usually far bigger than the feature they represent. They can be very useful control sites, but if placed exactly where they should be they will obscure something else, so a certain amount of common sense and poetic licence has to be employed (not accurate they cry!). Two very accurate contour lines five metres apart wander round a hill; between them there is a quite pronounced and useful re-entrant. Show it with a form line? Not always possible on a steep slope, as the line features are too close together, so what the pragmatic mapper does is to move and distort one or both contour lines to reflect what the runner on the ground will actually see (not accurate they cry!). To my eyes, in a purely orienteering world, a degree of inaccuracy is acceptable and, indeed, helpful, provided that the map paints a picture that reflects what the competitor will see. This does not, however, help those who like to use boys' toys. I do have some sympathy, as GPS tracks after any event can be helpful in assessing route choice and in training.

In an ideal world, all mappers would be able to use GPS positioning to ensure most of a map, and especially spot features are accurately located, but there will always be some need for 'interpretation'. GPS cannot cover

everything; it can show you exact locations, accurate boundaries and exact routes, but items like runnability are subjective judgments based on fairly exact guidelines. Given runnability can change overnight if there are occasional mowing regimes, or in a matter of weeks during the growing season, we almost need several seasonal versions of many maps. For major events, we do map to that time of year, but as for other events we cannot remap for each event - we often map to average conditions which means that, inevitably, there are times when it seems wrong. We have had a case in the recent past when using GPS to update a map; a block of woodland was placed exactly but, as it appeared impenetrable from most of its aspects, it was shown as 'fight', whereas much of its interior was runnable or at least walkable and included some good control features.

The reality is that we have very few mappers, and those with all the modern skills are usually tied up with maps for major events. We do have people interested in taking up mapping who could certainly do some updating and checking for us with a minimum of training. The Mapping Advisor does stage occasional seminars, etc., which are extremely interesting and show what could be done, but much more one-to-one training is needed to actually bring on new mappers or advance the skills of those of us still deemed to be in the dark ages.

For the time being, the club will have to accept a good number of useable maps or a smaller number done to extreme standards.



Back to my cave and my slate board now. No doubt 'modern man' will respond.

*Picture courtesy of Wikipedia*



# Summer League 2012 Presentations

The following presentations took place after the final summer league event at Donisthorpe on 30th August, 2012, by club chairman, Bob Haskins.



Howard Alcock: Summer League Champion, Sprint League 1st place and best un-handicapped score.



Hannah Cox: Champion woman, Champion Junior Girl and Sprint League Best Junior Girl.



Finn Lydon: Champion Junior Boy, Second place in the league



Alison Hardy: Second placed woman.



Angus Shedden: Third place in the league.



Trish Lydon: Third placed woman.

Find all the final league positions on the website at [www.leioc.org.uk](http://www.leioc.org.uk).





Imogen Wilson: Second placed Junior Girl



Euan Tebbutt: Second Placed Junior Boy and Sprint League Best Junior Boy.



Reed Lydon: Third placed Junior Girl



Matt Cox: Third placed Junior Boy



Roy Denney: Longest time on a course. 122 minutes and 29 seconds on the long course at Cademan Woods.



Tracey Brookes: Best Attendee



# Lowe Alpine Mountain Marathon - 9/10<sup>th</sup> June, 2012

When Mark asked me if I fancied doing the LAMM, I jumped at the chance as I had heard about these events but had never previously had the time or the required team mate to take part. We met on a few occasions early on in the year to sort out kit, transport and most importantly to decide which course to enter; we knew we were definitely not in the 'elite' class and finally decided on entering the B course with planning distances of about 45km over the two days of the event. The LAMM takes place in Scotland every year and alternates between a 'northern' and 'southern' year. 2012 was a southern year (i.e. within 1-2 hrs travelling time north of Edinburgh/Glasgow) but the exact location of the event is kept a secret until a few days before the event begins.

The week before travelling, Mark mentioned to me that it might be quite useful for me to get a midge head net. Having walked in Scotland a lot during my university years, I knew the midges could be a bit of an annoyance, but the memory had faded at quite how ferocious they could be. This one piece of advice was definitely the most important one.

Mark, Ben and Alison were already in Scotland in their campervan the week prior to the event and I had found a reasonably priced flight from East Midlands airport to Glasgow on the Friday morning. After spending a pleasant day exploring Glasgow and, by coincidence, also seeing the Olympic Torch pass through the city, I caught the laid-on coach from the city centre to the Event Centre which was at Ben Cruachan. This

is a typically mountainous area of Western Scotland, about 20 miles inland from the coastal town of Oban. On arrival at the Event Centre (a marquee in the middle of a field), it became immediately apparent why the head net was so vital. I was assaulted by wave upon wave of midges, and despite in desperation pulling all my kit out of my rucksack I couldn't find the midge net I had purchased especially! Almost blinded by the little blighters, much to my relief I eventually found it in one of the side pockets! Now the next challenge... how to find Mark's little green tent in a sea of little green tents!

The rest of the Friday evening was spent with Mark and our fellow competitors registering, checking our kit for the overnight camp, looking at the weather forecast and discussing our tactics for the two days ahead. Fortunately, the forecast for the weekend was pretty good with high cloud and only scattered showers, whilst for the rest of the UK it was forecast to be a typically wet summer weekend!

An early start on Saturday saw us being transported by coach for an hour to the east of the mountain range near Loch Tulloch. It was already getting quite hot and Mark and I ensured we had plenty to drink before 'the off'. Teams were being released at minute intervals and we could already see that there were going to be some big mountain climbs ahead of us. Once our maps were marked up with our checkpoints, we strode off, initially along a forest track, before emerging onto the lower slopes of the mountains. We soon settled into a steady walking pace and



started covering the ground at a reasonable rate. Our navigation and route choice were quite good and it seemed that we were actually passing some of the slower teams along the way.

As the day progressed it got hotter and hotter, and by early afternoon both Mark and I were beginning to flag. Mark was having a few problems with blisters and my thighs were cramping up every 10 minutes or so. Despite our discomfort and exhaustion, it was a fantastic day to be in the mountains. The views across the tops of the mountains were spectacular and our spirits rose when we topped a ridge line and could see the overnight camp ahead of us in the glen below.

We arrived at the overnight camp at about 5pm and immediately set about finding a flattish pitch for the tent, cooking and replenishing our water. There was a lively atmosphere at the camp with plenty of discussion of how the day had gone - and once again we were accompanied at our campsite by midges, midges and more midges! On inspecting the leaderboards, we saw that we were in 49<sup>th</sup> place and had spent 7hrs 41 minutes on the hills... no wonder we were so tired!

On Sunday, Mark had woken early to tape up his feet and I was quite happy to stay tucked up in my sleeping bag for as long as possible. Thankfully, we knew that our route on the second day wouldn't be quite as long. We, once again, reported to the start lanes and set off at about 7.30am. Although never having walked together, Mark and I were very closely matched in our pace and we took it in turns to set a somewhat more pedestrian pace than we had managed at the start of day one. Our first check-point was a bit tricky, atop a large plateau, and we lost about half an hour wandering around in circles, convinced it was just over the next little hillock. After that, we

didn't make any more mistakes and once again enjoyed a good day in the mountains with just a few short sharp showers around lunchtime. We knew the finish was within our reach and we kept plodding on, only managing to break into a shuffling run for the last few km along a rough track back towards the event centre and the finish. We were greeted and cheered on by Alison and Ben, who thankfully had a hot cup of tea on the go in the camper. As an extra bonus, there was also a pint of local beer and chilli-con-carne on offer in the event marquee!

We ended up matching our first day's position and finished in 49<sup>th</sup> place overall with a total time of 14hrs and 7mins. We were both pleased with our effort and very thankful to have a comfortable camper van to rest in on the long journey back to Leicestershire.

My thanks to Mark, Alison and Ben for making my first Mountain Marathon possible.

*Howard Alcock*



*Howard and Mark at the finish.  
Photograph by Ben Hardy.*



# Compass Care Tips



- Do you allow your children to swing them around their fingers on a string?
- Do you keep all your compasses in a bag together?
- Do you hate buying new compasses?

There are two common causes of death for a compass:

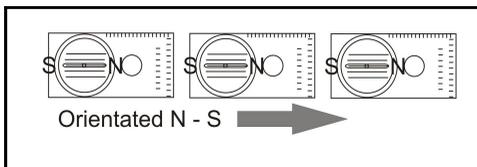
**DEATH BY AIR BUBBLE!** Every physical shock that your compass receives causes the alcohol to leak out or evaporate and be replaced by air. The air bubble de-stabilises the magnetic needle.

Solution... Don't swing them around on your finger, don't keep them in a big rattling biscuit tin (no names here!), and no matter how badly your run is going, don't drink the alcohol.

**DEATH BY DE-or-RE-MAGNETIZATION.** You can de-magnetize a magnet by physical shock (again), by heating it up above the Curie temperature (760°C), unlikely at the speeds that I run at, or by inducing a new magnetic direction in the magnetic needle by placing it next to another magnet.

Solution... Don't store all your compasses in a bag or biscuit tin together, but store them individually in old tobacco tins, ideally (poor quality steel is magnetically permeable and will absorb any magnetic fields). If you must store them in a box together, then orientate them along a North-South axis so that each North pole acts as a magnetic "keeper" for the next south pole, as shown in the diagram below.

Other common magnetic sources to avoid in the home.... speakers, microphones, anything with a motor in it, even your fridge door seal. And a last note of caution... many farmers now have magnets placed in their cows' stomachs to catch small chunks of barbed wire. Beware of taking a bearing next to a cow!



*Julie Ferris*



# Major LEI Events Coming Up

As always, we aim to provide you with a range of different and interesting events throughout the year. This autumn and winter we have:

## Ashby Urban - Saturday 20<sup>th</sup> October 2012

The final event of the 2012 EMOA Urban League. This is LEI's first venture into "big time" Urban Racing. Entries via Fabian4, with more expensive EOD. A wide range of courses will be available, including safe ones for juniors. Parking and the Event Centre will be at Ashby Grammar School. Start from 2.00pm Parking available from 12 noon. Come early and treat yourself (and any partners and children) to lunch in one of Ashby's many eateries. Full details on the club website [www.leioc.org.uk](http://www.leioc.org.uk)

## November Weekend of Orienteering

### Saturday 3<sup>rd</sup> November 2012

We are hosting the Midland Night Championships at Gresley Wood and Pick Triangle. For those of you who are night orienteering aficionados, this is a chance to compete on "home turf" against the best in the West & East Midlands and Anglia. By the time you receive this newsletter, entries will be open on Fabian4

### Sunday 4<sup>th</sup> November 2012

An East Midlands League Event at Spring Cottage, with parking and facilities at Conkers and Conkers Waterside.

## Compass Sport Cup & Trophy Regional Heat

### Fineshade—17<sup>th</sup> February 2013

For the first time since 2010, we are hosting the Regional Heat of the Compass Sport Cup and Trophy. After our outstanding performance this year at Brererton Spurs, we have a real chance to progress to the final. As this is a large event in terms of competitor numbers, we will need a large number of helpers, but of course the Club Captain will have "persuaded" you to enter and compete for the club so you will all be there!

*Chris Phillips*

# Club Shop



Club Captain, Roger Phillips, is now taking orders for adult sizes of the new club tops.



## The British Sprint Distance Orienteering Championships Loughborough University, 20th April, 2013

Having attended the BOF Event Officials Conference at Warwick University this weekend with Chris, Roger and Peter, it seems a good time to write an update on this event that LEI are hosting. It was a very useful weekend where we talked to the Event Controller and also to some of the officials from this year's event at York University. We came back with many ideas of how to go forward, plus, of course, a few more questions. It is a complicated event because there are qualification heats in the morning and finals in the afternoon, which are organised according to the results of the qualifiers. I am in the process of filling team leader posts at the moment and there will be a first meeting of all officials and team leaders in early October. I've had a few offers of help already, but I'm

sure that team leaders will be approaching club members during the autumn to organise their helpers. This is a great opportunity to be involved in a major BOF event, and those of us who were involved in organising Day 2 of the JK in the Lake District in 2004 and the British Middle Distance Championships in 2009 are still talking about it (the amusing bits). I hope that you will be able to help, if asked - please put the date in your diaries now.

Our main officials are:  
Organiser: Bob Haskins  
Dep. Organiser and S.O: Chris Phillips  
Planner: Roger Edwards  
Controller: Simon Errington (HH)  
Mapper: Peter Hornsby

*Bob Haskins*

## JK 2014

I am pleased to be able to announce that the club will be playing a major role at JK 2014 in Wales. Club Colleagues who have been members for a number of years will remember that, in 2004, EMOA took responsibility for the Sunday event at the JK in the Lake District, with LEI playing a major role.

Last year, BOF requested EMOA to consider taking on a similar role in 2014. Unfortunately, the other three clubs in the East Midlands thought that it was beyond their capability to play such a major role. Your club's Executive Committee felt otherwise! After further discussion, LEI have agreed to take responsibility for the Day 3 (Sunday - the Classic Day) at the

2014 JK. We will be responsible for both the event organisation and planning. Day 3 at the JK is probably the most important fixture in the orienteering year - it is certainly the biggest in terms of numbers.

I have agreed to take on the role of Day Organiser, and Ernie Williams and Bob Haskins have agreed to be my Assistant Organisers. Roger Edwards will be the Event Planner, with Peter Hornsby and Steve Edgar as his Assistant Planners.

Further details will be in the next newsletter. For now, please put Sunday 20<sup>th</sup> April 2014 in your diaries.

*Chris Phillips*



# Urban Race in Bruges – June 2012

Street Orienteering gave us the great opportunity again to combine the sport with a bit of sightseeing, culture and a spot of shopping (to keep the wife happy!). So we, the Wilson family, went off for a city break in Bruges, Belgium, from 2nd-5<sup>th</sup> June this year. (Although it meant missing out on all the festivities and street parties of the Queen's Diamond Jubilee back at home, it meant another country for Ian to tick off his list for orienteering; he has now been orienteering on almost all continents, except for South America and Antarctica!)



The journey from Leicester via London and Brussels by Eurostar was very pleasant and relaxing; one highlight was seeing the giant Olympic rings at St. Pancras which were greeting all arrivals, and gave us an exciting foretaste of London 2012.

Bruges itself lived up to expectations – the whole medieval town centre is a UNESCO world heritage site teeming with history, art and amazing medieval architecture; it is surrounded and criss-crossed by canals, many bridges (over 80 – not that I have been counting!) and narrow cobbled streets, which are dominated by tiny old Dutch style gabled

warehouses. It's an ideal place to be explored on foot, by boat or in one of the many horse-drawn carriages. (When you hear the clip-clop of horses approaching, though, you are well-advised to dive out of the way *immediately* as the carriages go at quite a pace and don't wait for anybody!!)

On a slightly drizzly Sunday morning, we all assembled at the start in the old market square, overlooked by the medieval belfry. On



the beep, everybody was off and confronted with their first route choice, as there were at least 8 or 9 narrow streets and alleyways leading off the vast central square – plenty of room for costly errors!! Then it was fast and furious, competing with many other international competitors along the canals and cobbled streets, over bridges, past a multitude of scenic squares, churches and other historical buildings (no time to stop though!!) to the finish on the green near the station, by which time the sun had come out.

Great fun was had by all, the organisation was brilliant, friendly and very helpful (...and almost everybody spoke English!). Imogen had a podium finish, coming second in the D Pup Class (W12) and proudly



accepted her trophy, whilst Nick (running up as M16) and Ian were happy with their results.

Then we got down to the 'real' purpose of our visit to Bruges, famous for its lace-making, Belgian chocolates, waffles, pancakes, ice-cream, chips and beer; exploring every nook and cranny, following in the footsteps of *Tintin* (sadly the *Tintin* shop had closed the previous year – obviously not anticipating a revival of this classic comic hero) while tasting the 'odd' culinary delight – after all, we had earned it! We even got the children

to eat snails, although there was no way that any would pass Ian's lips! A visit to the chocolate factory and museum rounded our visit up nicely.

On Tuesday evening, we arrived back in London St Pancras, then Leicester, feeling tired but happy at the end of another great orienteering holiday.

*Birthe, Ian, Nick and Imogen  
Wilson*

## Training for Event Officials 2012/13

We will once again be running a series of courses over the autumn and winter months for club members who either take on the role of organisers, planners and controllers or would like to be an event official at our events. These courses are open to all members of the club.

The Club recommends that new members undertake the Event Safety & Welfare Workshop and Organisers course first, as this is a key role in managing events of any scale. Those with more experience can move onto planning or controlling.

### **Event Safety & Welfare Workshop.**

Saturday 10th November - Groby  
Community College. 9.30am to 1.00pm.

Following the syllabus of the Event Safety & Welfare Training Module, this workshop is a requirement for all controllers and organisers of level C, B & A events, and advisory for planners at these levels. This workshop is an ideal introduction to being an event official.

### **Organisers' Course.**

Saturday 8<sup>th</sup> December - Groby  
Community College. 9.30am to 1.00pm

Maybe you have organised a Summer or Winter League Event or are about to try your hand. If so, this is the course for you, with the added bonus of gaining sufficient knowledge to organise, or be a team leader, for a Level C event. The course also serves as a good introduction to the rules.

In 2013, we will be running a Planners' Course - the date will be in the next newsletter. The Planners' Course is aimed at club members who have completed an Organisers' Course and have done some planning for Level D events. This is a very practical "hands on" course with a lot of field work - over one evening and a full Saturday.

There are NO charges for any of the courses. If you would like to attend any of these courses, please contact me.

*Chris Phillips*



# Mappers' Mandate

Welcome to the first of our occasional articles about orienteering maps and mapping. Whilst the club has discussion forums among our mappers to keep us up to date, there has not been a similar forum for the non-mapping orienteers. The approach has often been - here's your map, now get on and use it! It's not surprising that there are car-park mumblings about the map and what it contains or, sometimes, what it misses out.

Last autumn, we had a series of club nights focusing on runnability. It was clear that there was only a vague idea of what the map runnability colours meant and what difference they should make to your route choice. Also in the summer at Burbage Common, there was discussion about why the minor gullies in Burbage Woods (the woods to the south of the railway line) had now been omitted. So what is going on?

First place - get familiar with all the map symbols in the single page illustrated list from Simon Errington, available at [maprunner.co.uk](http://maprunner.co.uk) This is the same sheet we have available in our start box to show to beginners.

As you can see from Simon's web page, some jargon has crept in. The links on the page to the map symbol page are:

*ISOM 2000 map symbols* are those used for traditional orienteering maps, generally at 1:7,500, 1:10,000 or 1:15,000. *BOF School Map Symbols* are those used for school orienteering maps in Great Britain and *ISSOM 2007 Map Symbols* are those used for sprint or urban orienteering maps at 1:5,000 or 1:4,000.

The 'ISOM' or *International Specification*

*for Orienteering Maps 2000* is very important to mappers; it is the set of rules that defines the map standards and includes such things as symbol sizes, map generalisation rules, printing methods and much more.

If you want to see how a map symbol is defined, you can just look it up. For instance, you can look up symbol 407, often described (inaccurately) as the bramble screen - you will see that the definition really is:

An area of dense undergrowth but otherwise good visibility (brambles, heather, low bushes, and including cut branches) which reduces running to about 60 - 80% of normal speed.

One of the new map drawing programs - Open Orienteering Mapper (free to download and use) has the symbol definitions available as you draw, very handy for those little-used items. If you prefer to see a web based index, there is one at <http://homepage.ntlworld.com/mapping/isomdata/09030.htm> which allows you to click on a map and see the details of the individual symbol. The ISOM and ISSOM are currently under review, but the new specifications, probably a combined and rationalised set, are not expected before 2016. One of the main problems that needs to be addressed is map clarity and better colours for those with colour deficiencies (colour blindness). If you have particular views on any of the symbols or other issues, then raise them with one of the mappers and we can forward ideas to the BOF Map Advisory Group. Next time we will look at contours and the brown map symbols.

*Peter Hornsby*



# Club Championships 2012

Club chairman Bob Haskins presenting the awards at the social event following the LEI Club Championships held on September 15th at Gresley Woods.



*Jack Negus M10  
and under, 1st.*



*Reed Lydon W10  
and under, 1st.*



*Euan Tebbutt  
M12, 1st*



*Charlie Alcock  
M12, 2nd.*



*Fraser Alcock M14, 1st and  
Golden Boot Trophy winner.*



*Finn Lydon  
M14, 2nd*



*Simon West  
M16/M18, 1st.*



*Naomi Law  
W16/W18, 1st.*



*Simon Ford  
M60+, 1st.*



*Kevin Gallagher  
M60+, 2nd.*



*Roger Edwards  
M60+, 3rd.*



*Angus Shedden  
Male Open, 1st.*



*Howard Alcock  
Male Open, 3rd.*



*Alison Hardy  
Female Open, 1st.*



*Trish Lydon  
Female Open, 3rd*

## Permanent Orienteering Courses

The club has been supported by the National Forest Company to open two courses at the Outwoods. White and yellow maps are downloadable free from the club website.

Similarly, at Fineshade Woods, the Forestry Commission has installed white and yellow courses starting and finishing in the visitor centre car park.

These courses are being launched at the Forest Discovery Day on Sunday 30<sup>th</sup>

September. Club members need to be mindful that the woods are an embargoed area until the Compass Sport Cup Regional Heat which we are promoting on Sunday 17<sup>th</sup> February, 2013. An embargo means if you go in the woods you are not allowed to be competitive on the day!

Work on other courses is in progress.

*Roger Edwards*



## Croeso 2012 - 6 Days Welsh Orienteering Report or Would you Share a Flat with those Four?

The Welsh 6-days this year offered student accommodation at Aberystwyth University. The flats had 8 en-suite bedrooms and a large, shared kitchen and dining area. We had booked a flat and then sub-let the four spare rooms to Peters (Leake and Hornsby), Steve Edgar and Chris Bosley.

The first day of competition used a moorland area in the shadow of Cader Idris with parts of the area reaching elevations of 2000 feet. This provided a good, technical challenge for all courses with some steep climbs.

Day 2 looked exhausting before the start. The far start was 3.0km and a 300m climb from the assembly area. The shorter courses had a closer start; however this meant that they didn't explore the moorland very much and spent most of their course in the farmed area closer to the finish.

Day 3 was a middle distance race at Hafod. This proved to be a superb, wooded, technical area with many people making mistakes. The area had also caused the organisers some sleepless nights, since they had lost permission for the main car park at the last minute, which meant that competitors had to park

on forest roads within the competition area before any competitors started or be bussed in from further away and walk into assembly. The weather was, if anything, too hot and the ice cream van was doing a roaring trade. In fact, I managed to order my ice cream while walking between the last control and the finish so that my ice cream was handed to me as I came out of download (now that's what I call service).

After three days of competition we all needed the rest day. Peter H had planned an excursion on the trains and steam trains of North Wales. This involved catching the 07:30 train from Aberystwyth and returning around midnight. The day started at Wetherspoon's for breakfast (which is conveniently located at Aberystwyth Station) and each change of trains seemed to involve a visit to a local hostelry. He was joined on his trip by Ursula, Steve and Peter L. Only Ursula managed to keep up for the whole trip with the other two returning early. The sensible ones in the flat spent the rest day sightseeing or on the beach. The day appeared to have exhausted Peter H so much that he was unable to compete on

Day 4 and had to have another rest day to recover from the rest day. This did, however, give him plenty of time to cook an enormous meal for all of us!

Days 4 and 5 were on the same area. The area was enormous and allowed the planner to plan some really long legs for day 4. It was



*Some of the LEI members at Croeso 2012. Photo: Iain Tebbutt.*

a real test of contour interpretation, although some of the marshes seemed to be extra soft so you had to be careful crossing them. The planner had used his control sites and legs carefully so that most courses visited different parts of the area on the two days. Only the very last part of the course, as you approached the last control or two, was familiar.

Day 6 was a sprint around the university campus. It was Euan's turn to catch the 07:30 train from Aberystwyth so that he could get to Aviemore for the M/W14 training camp at Lagganlia, so there were only 7 of us left in the flat. We all had late starts, so while some of us packed up our rooms and loaded cars, orienteers ran around the flat visiting controls that we could see. Peter L seemed to spend all

morning looking out of the windows trying to spot other competitors who might be on his course so that he could work out what route would be best, whilst the rest of us relaxed in the sunshine at assembly!

Overall, the events provided a good orienteering experience and the weather was superb for the whole week. I'm looking forward to 2016 already. But watch out, if I approach you to ask if you'd like to share a flat, you need to ask yourself – "Would I share a flat with those four?"

*Iain Tebbutt*

## East Midlands Junior Orienteering Squad

I attended the EMJOS meeting following the Longshaw event, essentially to discover more about the squad and how it fits in with LEIOC's vision for coaching and development. We currently have a number of LEI junior orienteers who benefit from activities provided by the squad. Juniors are considered eligible for the squad from the age of 12, once they are able to demonstrate confidence at TD4 (Light Green) and are keen to enjoy and improve their orienteering.

The coaching team arrange approximately monthly training sessions for the squad comprising weekend training in other regions and coaching days at various locations around the East Midlands. The emphasis is generally on technical improvement, but coaching on physical training and other attributes are also provided. The squad considers its role as providing an important step for members to develop their orienteering at national level and furthering their enjoyment of the sport. The squad is also active in encouraging the

development of new coaches.

Currently, at LEIOC, we have Ben Windsor as part of the coaching team, and I have helped deliver a session in one of our areas. As with all these ventures and opportunities for our junior orienteers, a large amount of organisation and planning is necessary to deliver good quality coaching. There is always the need for a fresh perspective and for people to take on some of the supporting roles necessary to make these events happen. If one of your children is currently involved in the squad, I would encourage you to consider offering some time to help support the activities.

If any coach feels that they would like to find out more about squad training, or would like to assist with the training of our juniors, please contact me, Ben Windsor or Steve Kimberley, the squad administrator [lazyorienteer@gmail.com](mailto:lazyorienteer@gmail.com) for more information.

*Mark Hardy*



## Retired Man Chronicles: Johnny English and his Woman go Radio Orienteering in Bulgaria

"Hell low," said the stocky man from the Ukraine with a little bow of his head.

"Hell low," said his tall, thin friend, also nodding.

" Hell low," we said in reply, as mispronunciation is infectious.

It is the first morning after we have arrived in Primorsko on the Black Sea coast of Bulgaria, 52 Km south of Burgas Airport, where we had landed in a brightly coloured, purpley-pink Whizz Air jet plane.

The journey had had its moments, of course. It was one of the wettest days of the summer; the car radio warns of flooding and the overhead motorway signs warn of long delays. Eventually, we park in the long stay areas for Luton Airport, struggle to put our big bags onto the luggage racks and sit on the bus seats, relieved that we have got here just in time, and now the bus will transfer us to the airport.

"All aboard for Stansted Airport," calls the driver as the doors close with that hissing noise. There is a sharp intake of breath from his passengers as they are expecting to be taken to Luton Airport. "Just joking," quips the driver.

When we arrive, three hours later, it is 7pm, as Bulgaria is two hours ahead. Soon we are outside looking for a friendly taxi driver holding up a 'Mr. & Mrs. Marriott' sign, but no. We wait and wait. There is a 'Mrs J. Martin' sign; could that be us by mistake? After all, 'Mr. J. Marriott' is only a few letters different from 'Mrs. J. Martin' but, on enquiring, Mrs. J

Martin is not going to Primorsko. John is looking worried as he confesses that the hurriedly organised transport arrangements had not had confirmation of a lift from the airport to our destination. We sit, forlornly, with our suitcases, wondering what to do next.

Leaping with joy, John shouts "Look, look, yellow trousers, ARDF, ARDF, yellow trousers." For those of you as puzzled as I was, this translates to a young man in yellow trousers with a sign reading ARDF. (Amateur Radio Direction Finding or Radio Orienteering) Yellow trousers is George, a seventeen year old radio orienteer, belonging to a yellow minibus driven by Milan. George speaks very good English, Milan not so, but my Bulgarian is zero. They take us to the supermarket to buy some food for an evening meal and Milan helps us choose local beer and wine. In Bulgaria they use the Cyrillic alphabet, which is all very confusing as R equals P, S equals C and there are some strange symbols, too, as the alphabet has more than 26 letters. Retired Man had done a little Russian at school, but that was forty five years ago and 'My name is John. I am fifteen years old' does not help to buy beer or cooked chicken.

We return to the yellow minibus and sit amongst hundreds of bottles of water, plastic cups and other items that our hosts had bought for the radio orienteering event, and we travel the 50 kilometres to the resort of Primorsko. On the way, we learn about Bulgaria and Radio O from Milan, with George translating. We meet Victor, the organiser, and offer everyone beers. But



Victor, George and Milan have jobs to do and politely decline, leaving us to our food, unpacking and sleep.

Room 101 is actually a chalet amidst the trees It has 'seen better days' but perfectly adequate for us. In the night, the telephone is making weird noises and we joke that it must be bugged by security.

The morning's activity is a training opportunity. The Ukrainians and Bulgarians are fascinated by John's receiver as it looks different from theirs. There is only a little English spoken, much pointing, miming and grabbing of receiver as they would like to have a try.

We set off to walk to the nearby forest. It's sunny and 31C - that's hot! Some of the girls are wearing shorts that change into fishnet tights, then back to a strong cuff at the knees. All the Eastern European women seem to have genetically longer legs.

At the start, which for Radio 'O' in Bulgaria is called 'start', I spot Victor and his family, and Vronnie, their tiny black dog that John aptly refers to as the mouse hound.

John tries to show me how to radio orienteer, finding the direction bearing and plotting it on the map. I am much distracted by the flies that are biting my lower legs beyond my shorts and I try swatting them with my hat. Oh dear, it is usually Retired Man who is pestered by flies and I go unscathed, but these Bulgarian flies seem to have a liking for plump English lady's flesh and they leave John alone.

As we go in search of more transmitters, I am pleased to spot wild flowers and John is interested in a huge spider in its web spun in the clearing. Later, on the wooded hillside, he spots a tortoise. Yes they live in the wild in Bulgaria. Time for photos. I am struggling to keep up in the

heat. Fortunately, we had taken a small rucksack and water with us.

Nobody had said anything about when the training ended, so when we arrived at the Beacon transmitter, everyone had gone, except a man taking down the finish. We called the man our 'Minder', as he gave us bottles of water and drove us back to the holiday camp. Time to try the Black Sea. After a steep drop into the water, the shore levels off. John swims out to sea and I swim parallel to the beach, then have to scabble on hands and knees up the beach; nothing at all like Ursula Andress in the James Bond film. But John looks like a piece of salmon in bread crumbs: all pink and covered with sand grains.

John is happy as he has found that he does not have to pay 3 levs for 2 hours of Wi-Fi access if he sits outside reception. There, alongside mostly teenage computer users, he can pick it up for free.

We had bought some bottles of cider, but had no opener. John takes the bottles to a lady in the next chalet, miming the open bottle action. She returns with a fork which she waggles under the cap. No opener required, John feeling a bit stupid.

I have packed all the wrong clothes. My legs are itching with those bites and my only choice is stripy pink cotton pyjama bottoms or John's spare 'O' trousers and long sleeved top. I also have a flimsy long black and white spotty skirt to cover most of my legs. So, I spend the rest of the holiday in the same clothes, frequently washed and dried, and return with a suitcase of unused shorts and short sleeved items.

Wednesday's Radio 'O' is at Perova. At the start, John notices Victor from the Ukraine, (we think he's called Victot) not Bulgarian Victor, go backwards from the start out onto the road. As Victor is a star



radio orienteer, John thinks this may be a good tactic and does the same. Meanwhile, I have a map and wander round in the hot sunshine, spotting wild flowers and taking photos as I make my way towards their finish. I am back in time to hear a woman calling John a 'genius' as he had found five Foxes (transmitters) in 70-01 minutes. John admits copying Ukrainian Victor was a good idea. Pity this was only a training day.

More food: the bread & butter pudding is beautifully flavoured with fruit & orange. Now time to explore the holiday camp and find an abandoned amphitheatre/ open air cinema. The Primorsko camp had its heyday as a holiday resort for groups of youngsters. Regime and economic changes let it fall into disrepair. The main buildings and the central accommodation blocks have been revamped.

Thursday is the day of the opening ceremony at 3pm and for the competition to begin, so we spend the morning walking in hot sunshine to the resort of Kiten a little way along the coast. Back for food, of course, and some Samp, which we think is polenta.

At the opening ceremony, Victor (Bulgaria) welcomes ten countries, but we can only name nine. He speaks in several languages and then Paniot translates into English. John and I are the only English people there. Svet is a Bulgarian who has lived in England for about ten years and today he has arrived in Bulgaria. John knows him very well and it is a great relief to be able to ask questions such as, "how do you say hello?" (pronounced 'stravi', but I might have the spelling wrong) - but wait for it: 'thank you' is the universal 'merci' and we think 'dob bri den' is 'hello' in Ukraine.

After the ceremony, our 'Minder' takes us

again to the competition area. I wander round and photograph a large rainbow lizard basking on a tree trunk. John is looking disappointed as he thinks he did the foxes out of order. Next day, we are taken by our 'Minder' to a wooded hillside called Yasna Polyana. On the journey, the 'Minder' explains about the village where the storks return to nest every year. The villagers have erected what look like huge hanging basket frames on top of the poles for the storks to safely build their nests inside. As we drive underneath, large fluffy stork babies follow our progress with their big eyes. On the return journey, we take some photos and we also wait for the 'Minder' to pick some flowers and leaves of St. John's Wort for me to boil and make a popular pink herbal tea.,

While waiting at the start, a 75 year old chap comes to practise his English on John and describes me as 'your woman'. 'Wife', I correct him. He introduces us to his friend with a limp and once again I am 'your woman'. 'Wife', I repeat, more loudly. The 75 year old has to run in M60, John's age class, as there aren't enough 75 year -olds to compete against.

John has two hours to find four foxes and the beacon which is close to the finish. Again, I get a map and wander towards the finish, taking photos and encountering a flock of sheep making a lovely, tinkling noise from the bells around their necks. I arrive at the finish and I'm surprised to see John approaching with thirty minutes to spare. Has he had a genius run?. No he has had a terrible time and has only found two foxes so far. Then he runs through the finish which confuses everyone.

After a swim in the sea, John is persuaded by Svet to have a beer or two at the beach bar. He bumps into our neighbours, the historical dancers, on honeymoon from Ukraine and



accompanying their friends to Primorsko, who are orienteers. She teaches primary school English and is overjoyed to meet some real English people to practise the language.

In the early evening, there is a presentation of awards for the previous days. Victor invites everyone back to the restaurant. There are two Spiderman cakes for two birthday boys - the bright blue butter icing that turns tongues blue. Beer, whisky, pop & distilled Bulgarian grape spirit flow freely.

Saturday and it's Fox 'O,' the Radio 'O' competition that is more like proper orienteering. As well as the usual start, finish and beacon, this time there are circles on the map somewhere near the foxes, and the y transmit signals that can only be heard close by.

Looking at his results so far, the genius of a training day has now lowered his sights to a) beating the 75 year old and/or b) beating the man with the limp.

John has had a good day at Fox 'O', coming third at M60, but missed the medal ceremony as we did not know about it. Lunch and a lovely salad sprinkled with fresh dill leaves. We have got to know the restaurant manager very well and become his resident English consultants. For example, 'green beans' is now corrected to green beans; 'rice with peace' is rice with peas; 'bread from many seeds' is multigrain and we were even consulted on the spelling of lasagne.

We meet the French competitor, Lucien, and his wife, Ann-Marie . How do a couple become so good at languages? The answer is to live and work in that country. "Once you understand the syntax of the language, it's easy," said Ann Marie with a subtle French accent to her English. I smiled, thinking, "I'll Google

that later."

The last day and the sun is beating down on the woods at Pismenov. (We smirked at that name, too). Why I'm not allowed a map today, I don't know. "The finish is down the road."

So I trudge along hot roads avoiding the potholes. There are lots of butterflies, flowers and swallows, but the battery runs out on the camera. John has found all his foxes, but not in a fast time, and is 8th out of nine competitors.

Lunch and shark is on the menu.. On this last day, Bulgarian ARDF tee-shirts are handed out and I am very surprised to receive one, too. John receives his medal from yesterday.

There are lots of goodbyes/see you soon/will you be in Serbia for the World Champs? We thank all the people who have helped us: Milan, George, Victor and our 'Minder', whose real name is Daniel. Mid-afternoon finds us both proudly wearing our Bulgaria ARDF tee-shirts and walking into the town of Primorsko, from which the holiday camp derives its name.

It's sad to be leaving the next day. The restaurant at breakfast time is fairly empty. Bags all packed, we wait under the trees for our taxi. The Ukrainian team have a thirty hour bus journey ahead of them and we chat to those with a little English, occasionally resorting to drawing pictures. John uses Google Earth/Street View on the computer in reception to show the house where we live. Our taxi arrives and we wave goodbye to our new found friends and eight hours later are home in bed in that little house seen on Streetview.

*Irene Marriott*



# Fixtures

This fixture list is intended to list events in and around the Midlands and neighbouring areas, plus other items likely to be of interest. Unless otherwise stated, local events offer entry on the day (EOD) to a range of colour-coded courses, with start times from 10.30am to 12.30pm. Local events will only have a limited range of courses. Regional and National events provide a range of age-related courses and are normally entered in advance online. EOD will usually be limited and more expensive. Most will offer a limited number of colour-coded courses for EOD.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain as to whether an event will take place, check with the organiser, check on [www.leioc.org.uk](http://www.leioc.org.uk) or check on [www.britishorienteing.org.uk](http://www.britishorienteing.org.uk). The editors take no responsibility for wasted journeys !

## EVENT STRUCTURE IN FIXTURE LISTS

- Level D = Relatively low-cost events providing local competition and aimed at increasing participation.
- Level C = Local events providing a wider variety of venues and competitors.
- Level B = Events providing opportunities for more experienced competitors, giving a wider variety of terrain and competition for those who are prepared to travel longer distances.
- Level A = Major UK Events.

**For LEI winter league events, see page 43**

October 2012		
7th	DVO EMOA Level C	EMOA Urban League - Wirksworth. <a href="http://www.dvo.org.uk">www.dvo.org.uk</a>
13th	OD WMOA Level B	British Schools Score Championships, Kingsbury Water Park, Kingsbury, <a href="http://SP204958">SP204958</a> No dogs allowed. Organiser: John Bowman , 01926 853720 <a href="http://www.octavian-droobers.org">www.octavian-droobers.org</a>
13th	CLOK NEOA Level B	CLOK October Odyssey Weekend Day 1 Sneaton Forest West & Parsley Beck (Masters Cup) , Sneaton Forest West & Parsley Beck, Whitby, <a href="http://NZ881023">NZ881023</a> Organiser: Joe Dobbs , fredrick.dobbs1@ntlworld.com , 01642 481135 <a href="http://www.clok.org.uk">www.clok.org.uk</a>
14th	CLOK NEOA Level B	CLOK October Odyssey Weekend Day 2 Sneaton Forest East & Biller Howe Moor (North East Champs), Sneaton Forest East & Biller Howe Moor, Whitby, <a href="http://NZ886002">NZ886002</a> <a href="http://www.clok.org.uk">www.clok.org.uk</a>



<b>October 2012 cont.</b>		
20th	LEI EMOA Level C	EMOA Urban League Ashby, Ashby de la Zouch Entry times: 2.00pm to 3.30pm. Dogs allowed. <a href="http://www.leioc.org.uk">www.leioc.org.uk</a>
28th	DVO EMOA Level C	DVO EM League, Carsington Pastures, Ashbourne, <a href="http://SK245548">SK245548</a> <a href="http://www.dvo.org.uk/">www.dvo.org.uk/</a>
<b>November 2012</b>		
3rd	LEI EMOA Level C	Midlands Night Championships, Spring Cottage, Ashby de la Zouch Organiser: Iain Tebbutt <a href="http://www.leioc.org.uk">www.leioc.org.uk</a>
4th	LEI EMOA Level C	EMOA League Event Spring Cottage, Spring Cottage, Ashby de la Zouch <a href="http://www.leioc.org.uk">www.leioc.org.uk</a>
10th	NOC EMOA Level D	NOC Night Event, Ollerton Pit Wood, Ollerton, <a href="http://SK668673">SK668673</a> <a href="http://www.noc-uk.org">www.noc-uk.org</a>
11th	NOC EMOA Level C	Colour Coded Event, Wellow Park, Ollerton, <a href="http://SK668672">SK668672</a> Entry times: 10:00 - 12:00. <a href="http://www.noc-uk.org">www.noc-uk.org</a>
18th	DEE NWOA Level B	British Schools' Orienteering Championships, Delamere Forest, Delamere, <a href="http://SJ540720">SJ540720</a> Organiser: Mike Smithard , 01244 380565 <a href="http://www.deeside-orienteering-club.org.uk">www.deeside-orienteering-club.org.uk</a>
25th	DVO EMOA	Regional Event, Eyam Moor & Bretton Clough, Bakewell, <a href="http://SK210778">SK210778</a> Or- ganiser: Stuart Swalwell , stuart.swalwell2412@mac.com , 01335 347814 <a href="http://www.dvo.org.uk/">www.dvo.org.uk/</a>
<b>December 2012</b>		
1st	SLOW SEOA Level B	Southern Night Champs, Esher. <a href="http://www.slweb.org.uk">www.slweb.org.uk</a>
9th	SARUM SWOA Level B	Yvette Baker Trophy Final, Collingbourne Woods, nr Ludgershall, South West No dogs allowed. Organiser: Chic Young , chic.young693@tiscali.co.uk
16th	OD WMOA Level C	OD Colour-coded Event & WMOA League 10, Hopwas Wood, Tamworth, <a href="http://SK158072">SK158072</a> Entry times: 10am to 12noon. No dogs allowed. <a href="http://www.octavian-droobers.org">www.octavian-droobers.org</a>



<b>December 2012 Cont.</b>		
23rd	NOC EMOA Level C	NOC Christmas Event and EM League, Walesby, Ollerton, <a href="#">SK664703</a> Entry times: 10:00 - 12:00. <a href="http://www.noc-uk.org">www.noc-uk.org</a>
30th	LEI EMOA Level C	EMOA League Event Beacon Hill, Beacon Hill, Loughborough <a href="http://www.leioc.org.uk">www.leioc.org.uk</a>
<b>January 2013</b>		
20th	LEI EMOA Level C	EMOA League Event Charnwood Forest South, Charnwood Forest South, Leicester, <a href="#">SK523118</a> Entry times: 10.30am to 12.00noon. Dogs: Car Park on a lead. Organiser: Tracey Brookes <a href="http://www.leioc.org.uk">www.leioc.org.uk</a>
<b>February 2013</b>		
3rd	NOC EMOA Level A	Midland Championships, Sherwood, Mansfield, <a href="#">SK626675</a> Organiser: Janet Evans , org20130203@noc-uk.org , 01636 813058 <a href="http://www.noc-uk.org">www.noc-uk.org</a>
9th	SYO YHOA Level A	British Night Championships, Tankersley, Sheffield
10th	SYO YHOA Level B	YHOA Superleague, Tankersley, Sheffield <a href="http://southyorkshireorienteers.org.uk">southyorkshireorienteers.org.uk</a>
17th	LEI EMOA Level B	Compass Sport Cup Round 1, Fineshade, Corby, <a href="#">SP</a> Organiser: Steve Edgar, <a href="mailto:steve@steve.edgar.name">steve@steve.edgar.name</a> <a href="http://www.leioc.org.uk">www.leioc.org.uk</a>
<b>March 2013</b>		
10th	LEI EMOA Level C	EMOA League Event & YB Regional Heat Bagworth, Bagworth Heath & Woodlands, Coalville, <a href="#">SK446081</a> Organiser: Glynn Smith, 0116 266964
29th	SCOA Level A	Jan Kjellstrom Orienteering Festival - Sprint, Whiteknights Campus, Reading, <a href="#">SU733719</a> Organiser: Luke McNeill
30th	SCOA Level A	Jan Kjellstrom Orienteering Festival, Hambleden, Henley, <a href="#">SU772855</a> Organiser: Jon Wheatcroft
31st	SCOA Level A	<b>Jan Kjellstrom Orienteering Festival</b> , Cold Ash, Newbury, <a href="#">SU520737</a> Organiser: Liz Yeadon



# Winter League 2012/13

Events are informal, usually with a social element. League scores are on standard handicaps and the best six events count, giving everyone a chance of success in the league if they perform as well as their age would suggest they should. All events include a technical course. There will always be an introductory level course for novices and young children and, where practical, an intermediate standard course.

Check the website [www.leioc.org.uk](http://www.leioc.org.uk) for the car park location or phone the minor events co-ordinator, Steve Edgar, on 07854 788438.

Events will use SI electronic timing. Digger hire is available at £1.



Day	Date	Starts	Location	Comments
Sat	Sep 29	14.00-15.00, 17.00	Olympic Maize Maze, Wis- tow, Leicester	Winter League 1/12 (day final), Entries via <a href="http://www.Fabian4.co.uk">www.Fabian4.co.uk</a>
Sat	Oct 6	11.00 to 12.00	Willesley, Ashby de la Zouch	Winter League 2/12 (45min score)
Wed	Oct 24	11.00 to 12.00	Sence Valley Forest Park, Ibstock	Winter League 3/12
Tue	Nov 13	18.30 to 19.30	Groby Community College, Groby	Winter League 4/12, Night event
Sat	Dec 1	11.00 to 12.00	Watermead Country Park, Leicester	Winter League 5/12
Tue	Dec 11	18.30 to 19.30	Burbage Common, Hinckley	Winter League 6/12, Night event
Tue	Jan 1	11.00 to 12.00	Ratby, Burroughs Lane, NW Leicester	Winter League 7/12
Sat	Jan 12	11.00 to 12.00	Wakerley Woods, Barrow- den, Northants	Winter League 8/12
Mon	Jan 21	18.30 to 19.30	Burleigh Community College, Loughborough	Winter League 9/12, Night event
Tue	Feb 5	18.30 to 19.30	Burrough Hill, Twyford	Winter League 10/12, Night event
Tue	Feb 12	11.00 to 12.00	Western Park, Leicester	Winter League 11/12
Sat	Mar 2	11.00 to 12.00	Outwoods, Loughborough	Winter League 12/12



# Photo Gallery: White Rose 2012



Photos courtesy of Nev Myers, Jonny Hooton, Glynn Smith and Alan West.

