

# Leicestershire Orienteering Club

Sunday 3<sup>rd</sup> October 2021

SHEPSHED URBAN – EAST MIDLANDS URBAN LEAGUE EVENT

FINAL DETAILS v.4 – 27/09/2021



## Car Parking

Car parking will be at Iveshead School, Forest St, Shepshed, Loughborough LE12 9DB. The car park will be marshalled.

## Assembly and toilets

Assembly and toilets will be inside the main reception building at Iveshead School.

## Times

Assembly 10:00 – 12:00

Start times 10:30 – 12:30

Courses close at 14:00

## Entries and fees

Pre entry only via Fabian4: Senior £8.00 (non BOF member £10, juniors, full time students and unwaged £3). Entries close midnight 27<sup>th</sup> September 2021. **There will be no entry on the day.**

## Electronic Punching

All courses will use SPORTident. Both SI contactless and contact punching is possible. Hire charge for SI cards £1 per person.

## Map

1:5000 for courses 1 – 6 and 1:4000 for course 7 with 5m contours. All maps will be printed on waterproof paper with course details and control description on the front of the map.

## Courses\*

<i>EMOA Urban League Class / Course</i>	<i>Length**</i>	<i>Climb</i>	<i>Controls</i>
1 – MO (M18+, M21+)	8.6km	165m	26
2 – MV (M40+), WO (W18+, W21+)	7.2km	120m	23
3 – MSV (M55+), WV (W40+)	5.7km	115m	22
4 – MUV (M65+), WSV (W55+)	4.2km	100m	14
5 – MHV (M75+), WUV (W65+), WHV (W75+)	3.4km	75m	15
6 – MJ (M16-), WJ (W16-)	3.3km	65m	16
7 – YJM (M12-), YJW (W12-), Newcomer	1.5km	25m	12

\*Courses subject to final controlling

\*\*These are straight line distances, actual distances run could be significantly more than the course lengths

## Start

The start is approximately 119m from Assembly. There is one start for all courses.

## **Map**

1:5000 (courses 1 – 6) and 1:4000 (course 7) to ISSOM 2007 standards and printed on A3 sized waterproof paper. A limited legend denoting all the uncrossable features and Out Of Bounds areas is on the map. Note that any area shown on the map as purple, olive green or dark blue is NOT to be entered. Purple hatching shows out of bounds areas. Thick black lines MUST NOT BE CROSSED.

## **Control descriptions and Controls**

Loose control descriptions will be available at the Start. This is an SI and SI air electronic punching event. If using SI air the Start and Finish controls must be punched.

## **Finish**

The finish for courses 1 – 6 is approximately 129m from Assembly and will be manned. The finish for course 7 is approximately 77m from Assembly and will NOT be manned.

## **Download**

Download will be situated in the main reception building at Iveshead School.

**ALL competitors must download after their run even if they do not complete the course.**

## **Safety**

Competitors must be aware of and considerate towards members of the public. Please take care when turning blind corners, particularly around buildings, in narrow alleys and going up and coming down steps. Please slow down and run wide on corners. If it's wet, some of the surfaces can be slippery. The terrain will be a mixture of tarmac, open parkland and Iveshead school grounds. Competitors take part at their own risk and are responsible for their safety.

## **Covid19**

Do not attend if you have Covid symptoms, have been close to someone who has or have been asked to isolate. Keep distanced from other orienteers.

## **Clothing and footwear**

Shorts are permitted, and competitors should wear clothing appropriate to the weather conditions on the day. Suitable footwear should be worn. It's recommended you carry a whistle. In the event of extreme weather you may be required to carry a cagoule.

## **Dogs**

Dogs are not allowed on courses, they must be on a lead whilst in the car park, any mess must be removed and they not allowed inside the school.

## **Personal Data**

The personal data you give will be used by the event organiser for the purposes of processing and publishing the event results, for conducting safety checks and to validate BOF insurance cover.

## **Photography**

Photography is permitted, however please be reminded that participants must:

- be respectful of others' privacy when taking photographs,
- not take inappropriate or intrusive photographs,
- bear in mind British Orienteering's guidelines on photography,

- contact the organiser if they have concerns regarding inappropriate or intrusive photography (in terms of the way, by whom, or where photography is being undertaken) and
- be aware that photographs may be taken at the event, and some may be posted onto public websites. Parents, guardians or carers who have a reason to be sensitive about the children they are responsible for should bear this in mind in their decision to attend the event.

**Officials**

Organiser: Jane Dring-Morris [janedringmorris@gmail.com](mailto:janedringmorris@gmail.com)

Planner: David Cladingboel

Controller: Iain Phillips